### The typical week

650 euro per single skater 1200 euro per pair

- 2 technical sessions on ice for 5 days;
- I ballet or stretching session for 4 days;
- I physical training session for 5 days
- I skating skills/spins session for singles for 5 days
- Office lifts, spins and spirals for pairs for 5 days

# Weeks in Icelab Bergamo ı

26/6-30/6 3/7-7/7 10/7-14/7 17/7-21/7

## Weeks in icelab Bergamo 2

21/8-25/8 28/8-1/9

### Extra Activities

Analysis with ISU Technical Specialist in private lessons
Choreography and new program design
Extra private lessons on request
Music for programs and video editing
Skate shop with professional sharpening and skates maintanance
External coaches with students are welcome
Coffee shop - Meals are available in icerink from 8.00 am till 8.00 pm

#### Accommodation

**San Sisto Hostel** is located just 500 meters away from IceLab. The hostel offers many facilities including: wi-fi, air conditioning, elevator, luggage storage, bicycles and motorcycles parking lot, Bike rental service and self-service breakfast from 0730 to 09:00 a.m. The hostel is located in Strada San Sisto Vecchio, 23, Colognola ai Colli Park - 2416 Bergamo (BG) at five minutes walking distance from Icelab Icerink. Lodging costs are not covered from Icelab camp. Tel. 035 321599 - info@sansistohostel.com

### Reservation and payment

It is highly recommended to book the ice-skating week camps as soon possible, due to enrollment restrictions. You should send email to: segreteriabergamo@ice-lab.it indicating name of skater, age, category, club, desired week, home coach and possibly best score reached in season. Summer Camp prices are intended per week. The reservation, along with the 50% deposit, must be made no later than April 30th and the balance must be paid within the first day of classes. Overdue payments will result in a penalty of 10% on the deposit. Advanced payment is not refundable under any circumstances. Those who will participate in more than 3 weeks will benefit from a discount of 10% on the following weeks. Payment can be made via bank transfer (IBAN IT84 I 05034 III21 000000044542) or Credit Cards on site.