

ISU GP Rostelecom Cup 2017

LADIES FREE SKATING

Planned Program Content

1 Anastasia GALUSTYAN		ARM	
Coach:	Irina Galustyan		
Music:	Nos souvenirs performed by M. Mathieu		
1: 3Lz+3T	Triple Lutz+Triple Toeloop	9: 3S	Triple Salchow
2: 3F	Triple Flip	10: ChSq	Choreo Sequence
3: 2A	Double Axel	11: FCCoSp	Fly. Change Foot Comb. Spin
4: 3Lo	Triple Loop	12: LSp	Layback Spin
5: CCoSp	Change Foot Combination Spin	13:	
6: StSq	Step Sequence	14:	
7: 3S+2T+2Lo	Triple Salchow+Double Toeloop+Double Loop	15:	
8: 3T+2A+SEQ	Triple Toeloop+Double Axel+SEQ	16:	

2 Nicole SCHOTT		GER	
Coach:	Michael Huth		
Music:	Schindler's List by John Williams		
1: 3F	Triple Flip	9: 2A	Double Axel
2: 3T+3F	Triple Toeloop+Triple Flip	10: LSp	Layback Spin
3: 3F+2T	Triple Flip+Double Toeloop	11: ChSq	Choreo Sequence
4: 3S+2T+2Lo	Triple Salchow+Double Toeloop+Double Loop	12: CCoSp	Change Foot Combination Spin
5: 3Lo	Triple Loop	13:	
6: FCSp	Fly. Camel Spin	14:	
7: StSq	Step Sequence	15:	
8: 2A	Double Axel	16:	

3 Mae Berenice MEITE		FRA	
Coach:	Shanetta Folle		
Music:	Les Nocturnes de Chopin, Happy by C2C		
1: 2A	Double Axel	9: 3S	Triple Salchow
2: 3F+3T	Triple Flip+Triple Toeloop	10: ChSq	Choreo Sequence
3: 3Lz	Triple Lutz	11: CCoSp	Change Foot Combination Spin
4: FCSp	Fly. Camel Spin	12: LSp	Layback Spin
5: StSq	Step Sequence	13:	
6: 3Lo	Triple Loop	14:	
7: 2A+3T+2T	Double Axel+Triple Toeloop+Double Toeloop	15:	
8: 3Lz+2T	Triple Lutz+Double Toeloop	16:	

4 Mariah BELL		USA	
Coach:	Rafael Arutunian		
Music:	West Side Story by Leonard Bernstein		
1: 3Lz+3T	Triple Lutz+Triple Toeloop	9: FCCoSp	Fly. Change Foot Comb. Spin
2: 3Lo	Triple Loop	10: 3F	Triple Flip
3: 2A	Double Axel	11: CCoSp	Change Foot Combination Spin
4: StSq	Step Sequence	12: LSp	Layback Spin
5: 2A+1Lo+3S	Double Axel+Single Loop+Triple Salchow	13:	
6: 3Lz	Triple Lutz	14:	
7: 3F+2T	Triple Flip+Double Toeloop	15:	
8: ChSq	Choreo Sequence	16:	

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5 Mirai NAGASU	USA
Coach: Tom Zakrajsek	
Music: Miss Saigon by C.M. Schoenberg	

1: 3A	Triple Axel	9: StSq	Step Sequence
2: 3F+3T	Triple Flip+Triple Toeloop	10: ChSq	Choreo Sequence
3: 3S	Triple Salchow	11: 3Lo	Triple Loop
4: CCoSp	Change Foot Combination Spin	12: LSp	Layback Spin
5: FCSp	Fly. Camel Spin	13:	
6: 2A+3T+2T	Double Axel+Triple Toeloop+Double Toeloop	14:	
7: 3Lz	Triple Lutz	15:	
8: 3Lo+2T	Triple Loop+Double Toeloop	16:	

6 Valeriia MIKHAILOVA	RUS
Coach: Sergei Davydov, Inna Goncharenko	
Music: ABBA Medley	

1: 2A+1Lo+3F	Double Axel+Single Loop+Triple Flip	9: 3Lo	Triple Loop
2: 3Lz	Triple Lutz	10: 3S	Triple Salchow
3: 2A+3T	Double Axel+Triple Toeloop	11: StSq	Step Sequence
4: FCSp	Fly. Camel Spin	12: LSp	Layback Spin
5: CCoSp	Change Foot Combination Spin	13:	
6: ChSq	Choreo Sequence	14:	
7: 3F	Triple Flip	15:	
8: 3Lo+2T	Triple Loop+Double Toeloop	16:	

7 Elena RADIONOVA	RUS
Coach: Elena Buianova	
Music: Historia de un amor 2	

1: 3Lz+3T	Triple Lutz+Triple Toeloop	9: 3Lo	Triple Loop
2: 3F	Triple Flip	10: 2A	Double Axel
3: CCoSp	Change Foot Combination Spin	11: FCoSp	Fly. Combination Spin
4: StSq	Step Sequence	12: LSp	Layback Spin
5: ChSq	Choreo Sequence	13:	
6: 3Lz+1Lo+3S	Triple Lutz+Single Loop+Triple Salchow	14:	
7: 3Lo+2T	Triple Loop+Double Toeloop	15:	
8: 2A	Double Axel	16:	

8 Elizabet TURSUNBAEVA	KAZ
Coach: Brian Orser	
Music: The Prayer perf. by C. Dion, A. Boccelli	

1: 3Lo	Triple Loop	9: 2A	Double Axel
2: 3Lz	Triple Lutz	10: StSq	Step Sequence
3: 3F+2T	Triple Flip+Double Toeloop	11: CCoSp	Change Foot Combination Spin
4: FCSp	Fly. Camel Spin	12: FCCoSp	Fly. Change Foot Comb. Spin
5: ChSq	Choreo Sequence	13:	
6: 3F	Triple Flip	14:	
7: 3S+3T	Triple Salchow+Triple Toeloop	15:	
8: 2A+3T+2T	Double Axel+Triple Toeloop+Double Toeloop	16:	

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9 Kaori SAKAMOTO		JPN	
Coach:	Sonoko Nakano, Mitsuko Graham		
Music:	Amelie (soundtrack) by Yann Tiersen		

1: 3F+3T	Triple Flip+Triple Toeloop	9: ChSq	Choreo Sequence
2: 3S	Triple Salchow	10: 3Lo	Triple Loop
3: StSq	Step Sequence	11: 2A	Double Axel
4: FSSp	Fly. Sit Spin	12: FCCoSp	Fly. Change Foot Comb. Spin
5: 3Lz	Triple Lutz	13:	
6: 3F+2T	Triple Flip+Double Toeloop	14:	
7: CCoSp	Change Foot Combination Spin	15:	
8: 2A+3T+2T	Double Axel+Triple Toeloop+Double Toeloop	16:	

10 Wakaba HIGUCHI		JPN	
Coach:	Koji Okajima, Noriko Sato, Yuka Kagayama		
Music:	Skyfall performed by Adele		

1: 2A	Double Axel	9: 3F	Triple Flip
2: 3Lz+3T	Triple Lutz+Triple Toeloop	10: FCSp	Fly. Camel Spin
3: CCoSp	Change Foot Combination Spin	11: StSq	Step Sequence
4: ChSq	Choreo Sequence	12: LSp	Layback Spin
5: 3S	Triple Salchow	13:	
6: 3Lz+3T	Triple Lutz+Triple Toeloop	14:	
7: 3Lo	Triple Loop	15:	
8: 2A+2T+2Lo	Double Axel+Double Toeloop+Double Loop	16:	

11 Evgenia MEDVEDEVA		RUS	
Coach:	Eteri Tutberidze, Sergei Dudakov		
Music:	Anna Karenina by Dario Marianelli		

1: 3F+3T	Triple Flip+Triple Toeloop	9: 2A	Double Axel
2: 3Lz	Triple Lutz	10: ChSq	Choreo Sequence
3: FCCoSp	Fly. Change Foot Comb. Spin	11: CCoSp	Change Foot Combination Spin
4: StSq	Step Sequence	12: LSp	Layback Spin
5: 3F	Triple Flip	13:	
6: 3Lo	Triple Loop	14:	
7: 2A+2T+2T	Double Axel+Double Toeloop+Double Toeloop	15:	
8: 3S+3T	Triple Salchow+Triple Toeloop	16:	

12 Carolina KOSTNER		ITA	
Coach:	Alexei Mishin, Michael Huth		
Music:	L'apres-midi d'un faun by Claude Debussy		

1: 3F+3T	Triple Flip+Triple Toeloop	9: 3S+2T	Triple Salchow+Double Toeloop
2: 3F	Triple Flip	10: ChSq	Choreo Sequence
3: 3Lo	Triple Loop	11: StSq	Step Sequence
4: FCSp	Fly. Camel Spin	12: CCoSp	Change Foot Combination Spin
5: FCCoSp	Fly. Change Foot Comb. Spin	13:	
6: 3T	Triple Toeloop	14:	
7: 2A+1Lo+3S	Double Axel+Single Loop+Triple Salchow	15:	
8: 2A	Double Axel	16:	

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Planned Program Content

Please Note:

The Planned Program is listed as announced by the skaters/teams and observed during the practice sessions.

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