

# Grand Prix Final 2017 Senior and Junior

Junior Ladies

## Planned Program Content - Check List

### Rika KIHIRA - JPN

SP/SD			Remarks
1	LSp	Layback Spin	
2	2A	Double Axel	
3	StSq	Step Sequence	
4	3F+3T	Triple Flip+Triple Toeloop	
5	FSSp	Flying Sit Spin	
6	3Lz	Triple Lutz	
7	CCoSp	Change Foot Spin Combo	
8			
9			
10			

FS/FD			Remarks
1	3A+3T	Triple Axel+Triple Toeloop	
2	3A	Triple Axel	
3	3F	Triple Flip	
4	FSSp	Flying Sit Spin	
5	CCoSp	Change Foot Spin Combo	
6	3Lz+2T	Triple Lutz+Double Toeloop	
7	3Lo	Triple Loop	
8	3Lz+2T+2Lo	Triple Lutz+Double Toeloop+Double Loop	
9	3S	Triple Salchow	
10	StSq	Step Sequence	
11	LSp	Layback Spin	
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### Alena KOSTORNAIA - RUS

SP/SD	Remarks
1 FSSp Flying Sit Spin	
2 CCoSp Change Foot Spin Combo	
3 StSq Step Sequence	
4 3F+3T Triple Flip+Triple Toeloop	
5 3Lz Triple Lutz	
6 2A Double Axel	
7 LSp Layback Spin	
8	
9	
10	

FS/FD	Remarks
1 CCoSp Change Foot Spin Combo	
2 StSq Step Sequence	
3 FCCoSp Flying Change Foot Spin Combo	
4 3Lz Triple Lutz	
5 3F+3T Triple Flip+Triple Toeloop	
6 3F+2T+2T Triple Flip+Double Toeloop+Double Toeloop	
7 3S+3T Triple Salchow+Triple Toeloop	
8 3Lo Triple Loop	
9 2A Double Axel	
10 2A Double Axel	
11 LSp Layback Spin	
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17	
18	

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#### Daria PANENKOVA - RUS

SP/SD			Remarks
1	FSSp	Flying Sit Spin	
2	StSq	Step Sequence	
3	3F+3T	Triple Flip+Triple Toeloop	
4	3Lz	Triple Lutz	
5	2A	Double Axel	
6	LSp	Layback Spin	
7	CCoSp	Change Foot Spin Combo	
8			
9			
10			

FS/FD			Remarks
1	CCoSp	Change Foot Spin Combo	
2	StSq	Step Sequence	
3	3Lz+3T	Triple Lutz+Triple Toeloop	
4	3F+1Lo+3S	Triple Flip+Single Loop+Triple Salchow	
5	3Lo+2T	Triple Loop+Double Toeloop	
6	3Lz	Triple Lutz	
7	3Lo	Triple Loop	
8	2A	Double Axel	
9	2A	Double Axel	
10	FSSp	Flying Sit Spin	
11	FCCoSp	Flying Change Foot Spin Combo	
12			
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14			
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17			
18			

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### Planned Program Content - Check List

#### Sofia SAMODUROVA - RUS

SP/SD	Remarks
1 3F+3T Triple Flip+Triple Toeloop	
2 FSSp Flying Sit Spin	
3 StSq Step Sequence	
4 3Lz Triple Lutz	
5 2A Double Axel	
6 LSp Layback Spin	
7 CCoSp Change Foot Spin Combo	
8	
9	
10	

FS/FD	Remarks
1 3Lz Triple Lutz	
2 FCCoSp Flying Change Foot Spin Combo	
3 StSq Step Sequence	
4 3S Triple Salchow	
5 3Lo Triple Loop	
6 3Lz+2T+2Lo Triple Lutz+Double Toeloop+Double Loop	
7 2A+3T Double Axel+Triple Toeloop	
8 3F+2A+SEQ Triple Flip+Double Axel+SEQ	
9 LSp Layback Spin	
10 3F Triple Flip	
11 CCoSp Change Foot Spin Combo	
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14	
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17	
18	

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#### Anastasia TARAKANOVA - RUS

SP/SD			Remarks
1	3F+3T	Triple Flip+Triple Toeloop	
2	FSSp	Flying Sit Spin	
3	StSq	Step Sequence	
4	3Lz	Triple Lutz	
5	2A	Double Axel	
6	LSp	Layback Spin	
7	CCoSp	Change Foot Spin Combo	
8			
9			
10			

FS/FD			Remarks
1	3Lz+3T	Triple Lutz+Triple Toeloop	
2	CCoSp	Change Foot Spin Combo	
3	StSq	Step Sequence	
4	3Lz+1Lo+3S	Triple Lutz+Single Loop+Triple Salchow	
5	3F+2T	Triple Flip+Double Toeloop	
6	3Lo	Triple Loop	
7	3F	Triple Flip	
8	2A	Double Axel	
9	2A	Double Axel	
10	FCCoSp	Flying Change Foot Spin Combo	
11	LSp	Layback Spin	
12			
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14			
15			
16			
17			
18			

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### Planned Program Content - Check List

#### Alexandra TRUSOVA - RUS

SP/SD	Remarks
1 FSSp Flying Sit Spin	
2 CCoSp Change Foot Spin Combo	
3 StSq Step Sequence	
4 3F+3Lo Triple Flip+Triple Loop	
5 3Lz Triple Lutz	
6 2A Double Axel	
7 LSp Layback Spin	
8	
9	
10	

FS/FD	Remarks
1 4S Quad. Salchow	
2 FCCoSp Flying Change Foot Spin Combo	
3 StSq Step Sequence	
4 3Lz+3Lo Triple Lutz+Triple Loop	
5 3F+2T+2T Triple Flip+Double Toeloop+Double Toeloop	
6 3Lz+3T Triple Lutz+Triple Toeloop	
7 3F Triple Flip	
8 3S Triple Salchow	
9 2A Double Axel	
10 FCSp Flying Camel Spin	
11 CCoSp Change Foot Spin Combo	
12	
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