GUIDELINES FOR ISU EVENTS DURING THE COVID-19 PANDEMIC
SPORT SPECIFIC ANNEX – SPEED SKATING

MASKS
• Skaters are exempted from wearing masks/mouth-nose face protection:
  • Training on-ice
  • Competing on-ice.

ACCREDITATION
Only the following number of Team Officials can receive an accreditation:

<table>
<thead>
<tr>
<th>Type</th>
<th>Number of accreditations per Competition</th>
</tr>
</thead>
<tbody>
<tr>
<td>Team Leader</td>
<td>1 accreditation</td>
</tr>
<tr>
<td>Coaches, medical &amp; technical staff</td>
<td></td>
</tr>
<tr>
<td>1 competitor*</td>
<td>1 accreditation</td>
</tr>
<tr>
<td>2 to 3 competitors</td>
<td>2 accreditations</td>
</tr>
<tr>
<td>4 to 6 competitors</td>
<td>3 accreditations</td>
</tr>
<tr>
<td>7 to 9 competitors</td>
<td>4 accreditations</td>
</tr>
<tr>
<td>10 to 11 competitors</td>
<td>5 accreditations</td>
</tr>
<tr>
<td>12-13 competitors</td>
<td>6 accreditations</td>
</tr>
<tr>
<td>14-15 competitors</td>
<td>7 accreditations</td>
</tr>
<tr>
<td>16-17 competitors</td>
<td>8 accreditations</td>
</tr>
<tr>
<td>18-19 competitors</td>
<td>9 accreditations</td>
</tr>
<tr>
<td>20-21 competitors</td>
<td>10 accreditations</td>
</tr>
<tr>
<td>..etc.</td>
<td></td>
</tr>
</tbody>
</table>

* Competitor = competing skater (substitutes excluded)

DAILY INFIELD PASS DISTRIBUTION

<table>
<thead>
<tr>
<th>Type</th>
<th>Number of infield passes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Athletes</td>
<td>Equal to the number of competing skaters on respective day</td>
</tr>
<tr>
<td>Medical &amp; technical staff</td>
<td>Only 1 medical and 1 technical team official allowed infield. Coaches and other team staff must stay around the ice track behind the padding mats. Entrance to ice possible only from outside of the ice</td>
</tr>
</tbody>
</table>

It is strictly forbidden to exchange infield passes between different persons.

If a maximum number of persons allowed at the same time in the venue is set by the Public Health Authorities of the hosting ISU Member, the ISU Event Coordinator in agreement with the OC Covid-19 Responsible Manager will issue the necessary guidelines.
ACCREDITED PERSONS’ CONDUCT

• All Skaters must change their clothes in infield or in the stands. Only skates shall be worn at the last moment.
• Dry warm up/cooling down before/after ice training or competition shall preferably take place outside the venue. If held inside, it shall respect the time schedule published.
• All equipment brought to the facility by Skaters, Team Officials, ISU Officials should be packed together in one bag.
• Sharing of individual equipment is prohibited, in particular ensuring that water bottles, cups and helmets are not shared. If bikes are used by several athletes for warming up, the handlebars and the seat must be cleaned by the Skater with sanitizer after each use.
• When the mask is removed for training or competition, it must be stored in a separate bag (ziplock or similar) and not left on benches, chairs or on the floor.
• It is recommended for Skaters to bring their own armbands, red and white without any logos or trademarks.
• No VIP Guests shall be invited and accredited as Event attendees must be restricted as much as possible.

VENUE FACILITIES

Dressing rooms
• The use of dressing rooms shall be limited as much as possible and the physical distancing must be respected.
• If possible and available, areas with temporary division walls shall be identified and installed to separate each single team.
• If large dressing rooms are available, it may be divided into two or more separate areas using temporary division walls.
• Each Skater shall clean his place when leaving the dressing room.

Timing platform
• Table setups and working spaces shall have a physical distance of at least 1.5 meters. All details shall be defined with the ISU Event Coordinator.
• Access to the platform, other than those operating, is prohibited.

Training
• For weight room training, if applicable, the maximum number of persons allowed at the same time shall respect the local laws (based on the size of the weight room) and physical distancing of at least 1.5 meters (2m recommended especially with increased respirations) shall apply.
• On-ice training shall be arranged individually for each ISU Member or for ISU Members training and living together all year long.

Warm-up Area
• Access control for warm-up area to avoid too many people at the same time.
• Maximum one (1) coach or Team leader per Team.
• Other team members shall not enter the warm-up area except in case of emergency.
• OC to provide volunteers for the constant disinfection of the stationary bikes and/or other equipment.

FIELD OF PLAY

Photographer’s area
• On the photo stand, all available positions must be pre-marked based on the distance guidelines.
Media and TV
- In the Mixed Zone, the media representatives must always keep at least 1.5 meters distance from the Skaters and use different microphones, one for the journalist and one for the Skater. The Skater’s microphone shall be cleaned and sanitized after each interview.
- Floor markings or fences must be placed.

Location/area for Team members filming races
- Pre-marked areas for each single team shall be identified.

MEETINGS

Team Leaders Meeting and Opening Draw
- It is highly recommended to organize these meetings virtually, i.e. Zoom video conference, Microsoft Teams, etc.
- If a meeting room of adequate size is available in the hotel or at the ice rink, the room must be prepared with at least 1.5 meters between each seat and each row of seats.
- One (1) Team leader or Coach per ISU Member is allowed.

Non-Event related Meeting
- Non-event related meetings shall not be held at an ISU Speed Skating Event.

Technical Meeting (held before the start of the Event)
- The meeting room shall be of adequate size and prepared with at least 1.5 meters between each seat and each row of seats.
- Number of participants shall be restricted at a maximum.