Questions & Answers
Regarding the Competition Bubble (CB)

2020-2021
ISU World Cups Speed Skating
COVID-19 MEASURES

Creation of the Competition Bubble: Q&A in addition to the Health and safety measures of the CB
The Health and Regulation measures in place for the ISU Competition Bubble (CB) are meant to avoid as many contact moments as possible. It is impossible to avoid all risk but by strictly following the rules together we can keep the CB as possible as we can.

These Questions & Answers provide more specific detail to some of the questions asked by ISU Members.

Do you know when will you send the Announcement?
The Announcement can be expected in the week of December 14, 2020.

When may we expect more information about the hotel transport?
As not all Teams have finished their entry due to delay in national qualifier events we expect to send more details on Transport directly after December 29, 2020.

If we drive our own vehicles for Transport how do we tank for fuel?
It is allowed to drive own vehicles. Instructions where to tank the Team Transport vehicles without engaging contact with the public will be provided in the Transport communication.

Do you provide transportation between Schiphol and Heerenveen for the Teams?
Yes. Transport from the Airport to the Hotel will be arranged by the Local Organizing Committee (LOC) free of charge for those Teams arriving on January 9, 2021 or after.

Is there a problem in arriving earlier than the start of the Competition Bubble (CB)?
Arrival and stay before the start of the Competition Bubble is at the risk of the Team it concerns. The LOC cannot provide training facilities prior to the start of the CB.

Depending on attendance the LOC will try to facilitate training facilities on January 10, 2021 for those arriving just before the start of the CB.

If Teams arrive earlier than given entry dates of the CB the ISU may have these persons to take an extra PCR test to guarantee weekly testing.

Do we have to arrive as a one Team at the same time?
There is no need to arrive together at the same time. Please make sure that:

- All Team members need to be able to show a negative PCR-test result that is not older than 72-hours before arrival in The Netherlands.
- All Team members will receive a special invitation to the CB from the NOC in The Netherlands. You will need to be able to show this upon arrival in The Netherlands and on arrival in the CB.
- All Team members shall undergo a PCR test (paid by the ISU) upon arrival at the CB hotel. Until the results will be received (max. 24 hours) the participants will be isolated in their hotel room, once the negative result is received, the participant will receive his Accreditation and be allowed to move inside the safe bubble area, the safe area is the hotel, official transportation and the venue.

Can we request a specific hotel for our stay?
Unfortunately due to the strict protocol planning we cannot work with hotel requests. All Level 1 hotels are situated within 25 minutes or less of driving from the venue.

The Management of Van der Valk Hotel Wolvega is running the coordination for all Level 1 hotels. All meals and services will be the same each day in all of the hotels.
How will Level 1 persons do groceries?
Level 1 accredited person are not allowed to do groceries. Food and drinks are services full board at the hotel or can additionally be purchased in the hotel. Please bring sufficient amounts of things needed for your period of stay.

At the hotel-desk the particular request for groceries can be made (paid for by the Team). More information will be provided upon arrival in the hotel.

Medical supplies/treatment or equipment supplies will have to be requested by the Team Leader to the LOC.

Will there be a laundry service in the hotels?
Yes. Each hotel has a laundry service available at €7,50,- per bag (approximately 5kg).

What are the requirements for Hotel staff?
Hotel staff will avoid unnecessary encounters with Level 1 persons as much as possible and will always strictly follow the health and safety measures (like social distancing and wearing a face mask).

The Hotel staff will additionally strictly follow governmental COVID-19 measures applicable to hotel work. For example kitchen staff will wear gloves and a face mask when preparing or serving food.

Details for housekeeping will be provided upon arrival in the hotel.

What are the meal protocols in the Hotels?
Teams will sit at their designated Team tables, strictly following social distancing measures. A detailed planning for Teams to pass the buffet will be provided in the hotel.

What is the availability of training facilities?
From January 11 to February 14, 2020 training will be facilitated in Thialf free of charge. Detailed training schedules will be sent out as soon as possible. During this period all Teams present in the CB can use the facilities.

Please keep in mind that ice and the upstairs weight room facilities in Thialf are available between 09:00-14:00 hours on training days. Additionally between 16:00-18:00 the small weight room (ground floor) in Thialf is available on training days.

It is strictly forbidden to use other external ice or gym facilities than the Thialf facilities.

Will the ISU provide armbands (plain red and white) for all Skaters?
No. Each Skater will have to bring their own armbands. No logos allowed on the armbands.

Will there be spectators in the stands?
There are no spectators in the stands. A special zoning plan will be in place for entrance to the venue and different area’s inside the venue. The zoning maps will be sent to you prior to the event.

Are Skaters or Team personnel allowed to leave the CB and enter again for a next event in the CB?
No. Once a Skater or Team personnel enters the CB he or she is not allowed to leave and re-enter.

If a Skater or Team personnel intentionally ‘escapes’ to go outside the CB, with the intention to come back discreetly, such person will have his Accreditation removed and will be excluded for the full period of the CB immediately.

Are Team personnel allowed to change for the duration of the CB?
Team personnel may leave the CB and new Team personnel may enter the CB on the given entry dates as mentioned in the documentation of the CB.

Where will persons stay when tested positive for COVID-19?
They will remain in quarantine for a minimum of 5 up to 10 days followed by a PCR-test. Quarantine will be organized at Van der Valk Leeuwarden and includes room service for meals and drinks. The LOC will help the Team to arrange transport. The hotel booking at the original hotel will transfer with the person(s) it involves.
Will Teams live separated inside the Hotel and in the Venue?
No. When inside the CB there are no different areas per Team. However we highly recommend for Teams to avoid unnecessary interaction among Teams and within a Team.

Is it possible to not send a staff and still have athletes compete?
Yes, however such Team must designate a Team Doctor acting as Covid-19 responsible person for the Team. The person must be available on remote at any time.

How will outdoor cycling/running/walking be organized?
By subscription prior to the activity and subscription on return it is allowed to go out for outdoor cycling, running or a short walk. However it is strictly forbidden to engage contact with other than Level 1 persons.

If a Skater or Team personnel intentionally ‘escapes’ to go outside the CB, with the intention to come back discreetly, such person will have his Accreditation removed and will be excluded for the full period of the CB immediately.

Can a Skater or Team personnel with a positive COVID-19 test result return in the CB after necessary quarantine or earlier join bubble again with negative test?
On an infectious standpoint, if the infected individual has quarantined him/herself for a minimum of 5 up to 10 days (in accordance with governmental measures) and after that passed two negative tests, then the person is not infectious anymore and can re-enter the CB. However, the general physical health of the Skater must also be considered. A responsible physician shall ensure that the Skater concerned is fit to compete at that high level. As it is impossible to know how significant the illness was from a clinical standpoint, it therefore cannot be predicted from a physical standpoint if the return to competition is possible.

What happens when a PCR-test result is false and cannot tell positive or false?
The same swab sample will be used for a second run in the lab which will provide the needed test result a few hours later.