

INFECTIOUS DISEASE GUIDELINES FOR ISU EVENTS

**These Guidelines replace
the ISU GUIDELINES FOR ISU EVENTS DURING THE COVID-19 PANDEMIC
which are cancelled**

(mandatory for ISU Championships, ISU Grand Prix of Figure Skating Final, ISU WorldCup Speed Skating, ISU World Cup Short Track, ISU World Team Trophy, ISU Junior Grand Prix of Figure Skating and strongly recommended for all International Competitions, including individual Grand Prix events)

Lausanne, January 5, 2023

CONTENTS

A. INTRODUCTION	3
B. PRE-CONDITIONS ON CONDUCTING ISU EVENT	4
C. INFECTIOUS DISEASE CONTACT PERSON	4
D. GENERAL RECOMMENDATIONS	4
1. Hygienic Measures	4
2. Masks / Face-Nose Protection	5
3. Physical Distancing	6
4. Social Events	6
5. Sanitary / Disinfection Team	6
E. OFFICIAL TRANSPORTATION	7
F. AT THE VENUE	7
1. Skating Lounge (Athletes' Lounge)	7
2. Function Rooms	7
3. Medical Rooms	8
4. Doping Control Station	8
5. Media, Press Centre and Press Conference Room	8
6. Mixed Zone	8
7. Field of Play	9
8. Training	9
G. MEETINGS	9
1. Team Leaders	9
2. Medical Meeting	9
3. Event-Related Meetings	9
4. Non-Event Related Meetings	10
H. HOTEL / ACCOMMODATION	10
1. Dining Room / Restaurant	10
2. Isolation Room	10
I. CEREMONIES	10
1. Opening Ceremony	10
2. Award Ceremony	11
J. VOLUNTEERS, OC & HOTEL PERSONNEL	11
K. POLICY OF REPORTING AND ACTION PLAN IN CASE OF PARTICIPANT'S ILLNESS	11
L. SANCTIONS	12
M. INFECTIOUS DISEASE RELATED EXPENSES	12

A. INTRODUCTION

Infectious diseases, including COVID-19 infections, are spread directly or indirectly from an infected individual. Athletes interact closely with team-mates, opponents, and team staff. In addition, they frequently share training and gym equipment, facilities-training rooms/grounds, accommodation, housing, towels, water bottles and supplies and commonly undertake both domestic and international travel.

Furthermore, international travel exposes athletes to indigenous diseases for which they may have little or no natural immunity. Finally, there is some information to suggest that athletes tend to be risk takers which may increase their risk for acquiring infections.

The categories of potential risk factors for getting and spreading infection are:

- Sharing of equipment, training facilities
- Skin injury
- Close contact – on field of play, accommodation
- Off the field of play – travel, personal activities
- Diverse populations

Infections can be transmitted by person-to-person contact, by common source exposure or by vector-borne transmission.

The primary focus of attention should be on primary prevention by use of hygiene measures, use of immunisation (vaccinations) and use of interventions to prevent secondary spread of infection. Secondary prevention measures include prevention of recurrence and prevention of onward spread of infection from a source patient.

Education of athletes and officials in the fundamental aspects of infection is the essential element of prevention.

Anyone who develops an acute illness that is possibly contagious should consult with their team physician or local physician prior to travel to the Event.

These ISU Guidelines describe the **minimum** sanitary measures that must be put in place to host an ISU Event.

The National or Local Public Health Requirements for Infectious Diseases must be implemented in full.

The instructions and sanitary requirements outlined in this document will be continuously updated, as necessary, and every accredited person needs to fully comply with the respective policy and any additional instructions given by the ISU Event Management Team and/or ISU Medical Commission Member onsite.

B. PRE-CONDITIONS ON CONDUCTING ISU EVENT

1. A Health Plan for competition must be established in compliance with the Local Public Health Authorities and in cooperation with the ISU.
2. OC Health professionals should contact their local public health officer to determine their current community outbreaks that are occurring and what precautions need to be taken for prevention and in the event of a serious outbreak.
3. OC, in cooperation with the ISU, must have an infectious disease protocol which includes isolation, if necessary, according to the applicable national law, for the following potential infectious diseases:
 - a. A person with signs and symptoms of Covid-19 infection
 - b. A person with respiratory illness
 - c. A person with gastrointestinal illness
 - d. A person with a dermatological illness
4. The OC must provide a designated experienced medical person (CMO or other), who is responsible for infectious disease prevention and management at the event.
5. OC and all Event attendees, if diagnosed with an infectious disease, must fully comply with the Infectious disease protocols from the Local Public Health Authority.

C. INFECTIOUS DISEASE CONTACT PERSON

The Organizing Committee must designate a medical person (CMO or other) who will be the liaison between the Public Health Authorities and the OC and the ISU Event Management in the case of an infectious disease occurring at the event. The contact information needs to be provided to the ISU.

The ISU contact person on-site for Infectious disease matters is the **ISU Event Manager/Director**. The ISU contact person and OC Infectious Disease Designate will liaise for all issues linked to these Guidelines.

D. GENERAL RECOMMENDATIONS

1. Hygienic Measures

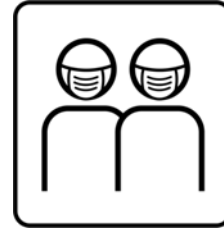
Every accredited person should follow the basic principles as shown below.



Wash your hands thoroughly.



Cough and sneeze into a tissue or the crook of your arm



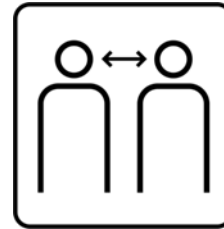
Wearing a mask Indoors or in crowded areas is highly recommended



Avoid shaking hands hugging or kissing



Stay at home if you experience symptoms.



Keep your distance

Please note:

Any shared items/equipment/tools should be cleaned before and after use. The OC must provide appropriate cleaning materials for this use.

The Organizers must provide sufficient hand sanitizers (hand-gel or similar based solutions) at multiple locations at all official Event locations (Ice Rink(s), Official Transportation, Official Hotel(s)) and review their waste management and cleaning plan.

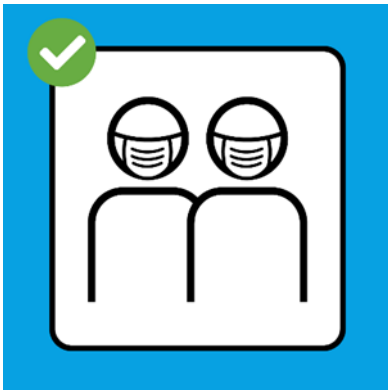
Rooms should regularly be aired and ventilated with fresh air, if possible. Air purifiers are recommended especially for rooms which are frequently used by different individuals and have no windows.

Paper towels and liquid soap must be provided in the bathrooms instead of hand soap bars.

Athletes shall bring and use only their own water bottle or sealed drinks.

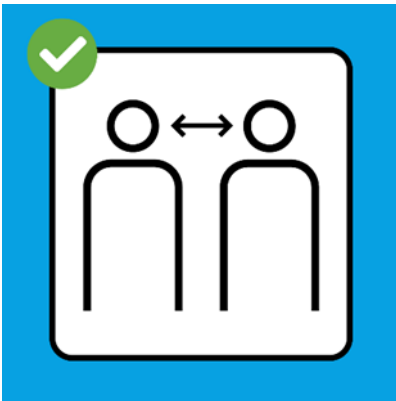
2. Masks / Face-Nose Protection

It is highly recommended that every accredited person wear a mask / mouth-face nose protection at any time in the official Event locations, which includes:



- Ice Rink(s)
- Official Transportation
- Official Hotel(s).

3. Physical Distancing



A physical distancing of minimum 1,5 meters should be respected at all times when in compliance with local public health policy (except trainings and competitions).

4. Social Events

The following social events held during ISU Events must comply with the Local Public Health Authorities' regulation:

- Opening Reception(s)
- ISU Officials & Judges Dinner
- Closing Banquet
- Hospitality area at the hotel
- Organized Excursions (tours)

5. Sanitary / Disinfection Team

The Organizing Committee shall ensure that regular cleaning and disinfection of high traffic areas is provided.

The following shall be implemented:

- Checklist for locations/items to be established and shared with ISU Event Management Team and/or ISU Medical Commission member

- Cleaning of high touch areas regularly throughout the day and the general used facility areas twice a day. Individual working or sitting areas shall be the responsibility of each individual using that space.

E. OFFICIAL TRANSPORTATION

The following should be implemented (Event Shuttle, Airport pick-up/drop-off):

- It is highly recommended for persons boarding the Event shuttle or bus, to wear a mask.
- Event Shuttle: access control mandatory at all stops.

F. AT THE VENUE

- Equipment owned by the facility shall be maintained, sanitized and disinfected by the facility owner/personnel.
- Signage at entrance and throughout facility for recommendations on self-protection, distancing, hand washing and coughing etiquette shall be posted in the venue.
- All spaces within the venue should be organized in a way that physical distancing can be respected, if necessary, in compliance with local Public Health Policy/regulations.
- In all the key accredited zones (athletes' area, VIP, media, working spaces, FOP, infield for Speed Skating), alcohol-based hand sanitizers must be provided.
- If possible, room doors and windows must remain open, to create fresh air ventilation.
- An Isolation Room, for the competition participants, must be available at the rink, as near as possible to the entrance for teams. If possible, the Isolation Room shall have a separate exit from the arena to make the isolation more effective.

1. Skating Lounge (Athletes' Lounge)

- Physical distancing should be respected in the lounge, in compliance with local Public Health Policy/ Regulation.
- For any food service, it may be served as lunch packets ("grab and go") or buffet style with accessible hand sanitizer at the start of the buffet. Hand sanitizer must be used by everyone before using the buffet.

2. Function Rooms

All Function Rooms should be large enough to maintain physical distancing, in compliance with Local Public Health Policy/Regulation

- Hand sanitizer or sink with liquid soap must be available in every room.
- Tables and chairs should be placed in a way to guarantee physical distancing between workspaces as in compliance with local Public Health Policy/Regulation.
- Catering (if any): The OC can provide individual drinks and snack boxes for each official, or as buffet style with accessible hand sanitizer at the start of the buffet. Hand sanitizer must be used by everyone before using the buffet. The details and time planning shall be discussed with the ISU Event Management Team on site. Officials shall be advised to take their own water bottle/ thermos with them.

3. Medical Rooms

- The Medical and First Aid Room shall be defined and controlled based on the protocol established by the Chief Medical Officer of the Organizing Committee.
- This protocol must comply with the local Public Health Authority regulations.

4. Doping Control Station

The protocol for the Doping Control Station is defined by the ISU Medical Commission in compliance with WADA Guidelines and ISU Anti-Doping Rules and ISU Anti-Doping Procedures.

5. Media, Press Centre and Press Conference Room

- Media accreditation should be prepared in advance.
- The Media/Press Centre and Press Conference Room shall be prepared in compliance with Local Public Health Guidelines for appropriate physical distancing between the seats and neighboring rows of seats
- In the Draw & Press Conference Room, the setup of chairs shall respect the appropriate physical distancing of the Local Public Health requirements. This also includes the head table.

6. Mixed Zone

- A clear delimitation should be drawn on the floor between the backdrop and the press barrier, so that Skaters always stay at least 1,5 meters away from media representatives. Different microphones must be used, one for the journalist and one for the Skater.
- Same principle must apply in case of one-by-one interviews.

- Clear signage indicating the recommendation to wear mask/mouth-nose face protection must be placed at the entrance of the Mixed Zone.

7. Field of Play

- The field of play is the whole area surrounding the ice rink, including the whole infield in Speed Skating.
- Waiting areas should be clearly identified with signage and floor markings near entrance to the ice.
- Supplemental field of play accreditation may be used to limit the number of persons having access to the field of play area.
- **Figure Skating Starting Order Draw** (if applicable)
- For the Short Program/Rhythm Dance, the Starting numbers will not be drawn by the competitors but by the Technical Controller. The Referee shall conduct the draw as usual, while the Technical Controller holds the bag and draws the numbers. The draw numbers will be disinfected, and the Technical Controller is advised to use hand sanitizer before and after the draw procedure. In order to avoid any mass-gathering, 2 Team Leaders will be drawn to attend the draw to serve as a witness for the correct conduct of the draw procedure. No other Team Member shall attend the Starting Order Draw and only selected members of the OC, the Result Service Provider and OC/ISU Media Team may attend.
- The Free Skating/Free Dance Starting Order will be the reverse order of the Short Program/Rhythm Dance result.
- **Figure Skating Judges Seating Order Draw**
- The numbers for the Judges seating order draw will be taken by only 1 person, to be appointed by the Referee, who also holds the bag. The draw numbers must be disinfected, and the person appointed to do the draw must use hand sanitizer before and after the draw.

8. Training

For weight room training, if applicable, the maximum number of persons allowed at the same time shall respect the local rules (based on the size of the weight room) and physical distancing should apply.

G. MEETINGS

1. Team Leaders Meeting

- This meeting can be hosted virtually (online) or in-person depending on the Local Public Health Authority Regulations and/or a decision of the OC CMO and the ISU Event Management.
- Masks / Mouth-Nose coverings are recommended all attendees.

2. Medical Meeting

- The Regulations of the Local Public Health Authority or the recommendation by the CMO and ISU Event Management, will determine if this meeting will be hosted virtually (online) or in person.
- The Medical Meeting agenda will include the Infectious disease guidelines and any relevant public health information on current outbreaks in the community.

3. Event-Related Meetings

If catering is provided in the meeting room: The OC can provide catering as individual drinks and snack boxes for each official, or as buffet style with accessible hand sanitizer at the start of the buffet. Hand sanitizer must be used by everyone before using the buffet. The details and time planning shall be discussed with the ISU Event Management Team on site. Officials shall be advised to take their own water bottle/ thermos with them, NO self-service is recommended.

4. Non-Event Related Meetings

Non-Event related meetings will be allowed as applicable if announced in advance to the ISU/OC and organized in compliance with the Local Public Health Authorities.

H. HOTEL / ACCOMMODATION

Event Participants (incl. ISU Officials/Delegates) shall follow the regulations in place for the use of the gym, pool or any other offered hotel facility which are commonly used by other guests. All hygienic measures must be carefully followed.

The policy on sharing hotel rooms will follow the existing ISU principles but is ultimately the responsibility of the respective Team and Organizer.

1. Dining Room / Restaurant

- The Official Dining Room shall follow the local Public Health Authority Regulations.
- Additional setup to be included:
- Hand disinfectant will be available at the entrance to the dining room.
- Cutlery and dishes can either be on the table or available at the buffet. Each person should disinfect their hands prior to use of cutlery or dishes.
- After a person leaves the table, the OC/Hotel shall clean it.
- Any additional Hotel policy shall be observed.

2. Isolation Room

The Organizing Committee must keep a separate room for the purpose of isolation at the official hotel/s.

I. CEREMONIES

1. Opening Ceremony

- Opening ceremonies on ice can be held if all sanitary requirements are respected. Such option must be agreed upon between the hosting ISU Member and the ISU on a case-by-case basis.

2. Award Ceremony

- Hand shaking or hugs between the medalists and / or award presenters is not recommended.
- Medals are presented on a plate/stand/post by the ISU Representative or other delegate and placed near to the podium. The Skater should put the medal around his/her neck by himself/herself.
- The same procedure shall be followed for flowers presentation.
- A reduced number of people should be planned for the Medal Ceremonies.
- Skaters should stay on their individual podium platform until the ceremony is over.
- All arrangements for award ceremonies and podium set-up must be discussed and approved by the ISU Event Manager

J. VOLUNTEERS, OC & HOTEL PERSONNEL

The Organizers should arrange a separate distribution for the volunteers' accreditation cards and should not use the official accreditation station during the main arrival days for Event participants, if possible. The required documents (e.g., waiver) must be completed by each volunteer & OC Member.

At the venue, it is recommended for volunteers to wear a mask / face-nose protection and must be briefed on all hygienic measurements by the Organizers.

K. POLICY OF REPORTING AND ACTION PLAN IN CASE OF PARTICIPANT'S ILLNESS

The Organizing Committee must work out an action plan with the public health authority and share the information with the ISU Medical Commission member onsite/on-call prior to the Event.

The Organizer and its Infectious Disease Responsible Manager must have contact with the public health authorities to help teams and other participants to obtain the appropriate medical testing and care if needed.

The Organizing Committee must work out a policy of reporting and explain the action plan from the public health authorities what will be done and how to behave in case an Event Participant (any accredited person) is diagnosed with an infectious disease.

If an Event Participant experiences an illness that could be an infectious disease, he / she must inform the Team Leader of the respective team, or the supervisor of the respective service provider (media, volunteers, etc.). The TeamLeader, or any member of the team, the supervisor of the service provider must immediately inform the Infectious Disease Designate at the event and the ISU Event Manager/Director. The respective person shall be brought into the Isolation Room and assessed by their team physician and/or Host Medical Team to determine if further measures are necessary.

L. SANCTIONS

If any member of the OC or any other Event Attendee does not follow these Guidelines, their accreditation card will be removed by the ISU or the OC, they will be required to leave the venue immediately. In addition, violations of these Guidelines are subject to disciplinary proceedings and sanctions according to Article 25 ISU Constitution.

M. INFECTIOUS DISEASE RELATED EXPENSES

The ISU Council is available to examine requests for additional ISU contributions for infectious disease related expenses or reduced incomes by the organizing ISU Members. Such requests shall be limited to ISU Event organizers that due to infectious disease impact suffer a financial loss. The requests must be accompanied by detailed explanations and detailed budgets. The ISU will examine such requests on a case-by-case basis. In case of agreeing to additional ISU contributions, the ISU reserves the right to request the corresponding audited accounts for the concerned Events and/or mandate an independent auditor appointed by the ISU to perform audits of the concerned Events.