



ISU THERAPEUTIC USE EXEMPTION (TUE)

Skaters, like anyone else, may have illnesses or conditions that require them to take particular medications. If the substances they are required to take for their treatment are on the **WADA List of Prohibited Substances**, they may ask for a Therapeutic Use Exemption (TUE) to giving them authorization to take the medicine. The TUE may be granted either by the ISU or by the National Anti-Doping Organization (NADO), depending on the status-level of the Skater.

Fully on-line with the **World Anti-Doping Code** and the **WADA International Standard for Therapeutic Use Exemptions (ISTUE)**, the ISU TUE policy is incorporated in the ISU Anti-Doping Rules and the ISU Anti-Doping Procedures.

TUE Application

An International-Level Skater must apply for any TUE to the ISU.

The following Skaters are considered to be International-Level Skaters:

- a. Any Skater who is part of the ISU Registered Testing Pool.**
- b. Any Skater who participates in ISU Event, according to Rule 100/3, b) and c) of the ISU General Regulations.**

ISU Events according to Rule 100/3, b) and c) of the ISU General Regulations currently are:

- ISU Championships
- ISU Grand Prix of Figure Skating Final and Series (ISU Grand Prix of Figure Skating)
- ISU Junior Grand Prix of Figure Skating Final and Series (ISU Junior Grand Prix of Figure Skating)
- ISU World Team Trophy in Figure Skating
- ISU Speed Skating World Cup Senior and Junior
- ISU Short Track Speed Skating World Cup

An International-Level Skater, ie any Skater included in the ISU Registered Testing Pool or who is/will competes at an ISU Event as listed above, must apply for a TUE at the ISU.

How to apply: The ISU TUE Application Form and Medical Information must be sent to the ISU by post or by email at antidoping@isu.ch.

Medical Information includes evidence confirming the diagnosis. The medical evidence should include a comprehensive medical history and the results of all relevant examinations, laboratory investigations and imaging studies. Copies of the original reports or letters should be included when possible. Evidence should be as objective as possible in the clinical circumstances.

TUE Recognition

A National-Level Skater with a TUE already granted by its NADO who is informed of his/her inclusion in the ISU RTP or intend to compete at ISU Event **must apply to the ISU for TUE Recognition**.

How to apply: The following must be sent to the ISU by post or email at antidoping@isu.ch

- ISU TUE Application Form
- a copy of the National Certificate and Medical Information provided to get his/her TUE granted by the NADO

Time to apply

An application to the ISU for grant or recognition of a TUE must be made as soon as the need arises and in any event (save in emergency or exceptional situations) **at least 30 days** before the Skater's next ISU Event.



ISU THERAPEUTIC USE EXEMPTION (TUE)

ISU TUE Committee

The members of the ISU Medical Commission are the ISU's standing "TUE Committee" for considering application for the grant or recognition of TUEs. Three (3) members of the TUE Committee will form the panel that shall promptly evaluate and decide upon the application in accordance with the relevant provisions of the [International Standard for Therapeutic Use Exemptions](#).

For full ISU TUE Policy, refer to the ISU Anti-Doping Rules and ISU Anti-Doping Procedures.