



International Adult Figure Skating Competition
for

Men, Ladies, Pairs, Ice Dance and Synchronized Skating

Competitions under the Authorization and Support of the

INTERNATIONAL SKATING UNION





1. General

An International Adult Figure Skating Competition will be held in Oberstdorf, Germany, from 14th-19th May 2018 and in Vancouver, Canada from October 10 – 13, 2018.. These competitions will be held under the authorization and support of the International Skating Union. Please refer to the Oberstdorf Announcement on the ISU website.

The International Adult Figure Skating Competition 2018 will be conducted in accordance with the ISU Constitution and General Regulations 2016, the ISU Special Regulations & Technical Rules Single & Pairs Skating and Ice Dance 2016, the Special Regulations & Technical Rules Synchronized Skating 2016, all pertinent ISU Communications, and this Announcement. **If there is a conflict between pertinent ISU Regulations or Communications and provisions set forth in this Announcement, the provisions set forth in this Announcement shall prevail.**

The International Adult Figure Skating Competition 2018 is considered to be an “International Masters/Adult Competition” as per Rule 107(11) of the ISU General Regulations. Participation in the International Adult Figure Skating Competition 2018 is open to all skaters who belong to an ISU Member, and qualify with regard to eligibility, according to Rule 102, provided their ages fall within the limits specified in this Announcement and they meet the participation requirements.

A Competitor must be an individual member of an ISU Member, or a member of a club which is itself a member of an ISU Member. Competitors do not require any Clearance Certificate or any other permission from their ISU Member for entering the Competition. Competitors must enter themselves. A Competitor may enter as a member of only one ISU Member. In the case of pair skating and ice dance, both Competitors in a team must enter as members of the same ISU Member.

The International Adult Figure Skating Competition 2018 will include the following disciplines:

- Ladies and Men Free Skating
- Ladies and Men Artistic Free Skating
- Pair Free Skating
- Pair Artistic Free Skating
- Ice Dance - Pattern Dance
- Ice Dance - Short Dance
- Ice Dance - Free Dance
- Synchronized Skating

Based on ISU Rule 501(1), competitors should note the following regarding appropriate clothing. Clothing and any make-up of the competitors must be modest, dignified and appropriate for athletic competition – not garish or theatrical in design. Clothing may, however, reflect the character of the music chosen. The clothing must not give the effect of excessive nudity inappropriate for the discipline. Men must wear full length trousers and must not wear tights. In addition, in Ice Dance, Ladies must wear a skirt. Accessories and props are not permitted. Clothing that does not adhere to these guidelines will be penalized by a deduction. The deduction for inappropriate clothing, make-up, props and accessories (1.0) will be determined by a majority of the judges and the referee. It is kindly requested that all competitors wear their competition clothing for the victory ceremonies.

2. Entries

Participation in the Free Skating, Pair Free Skating and Ice Dancing disciplines at the International Adult Figure Skating Competition 2018 is open only to Competitors who have reached at least the age of twenty-eight (28) before 1st July 2017, but who have not reached the age of eighty-one (81) before 1st July 2017.

Age categories for Ladies and Men Free Skating events:



International Adult Figure Skating Competition 2018



Class I	skaters born between	1st July 1979 and 30th June 1989
Class II	skaters born between	1st July 1969 and 30th June 1979
Class III	skaters born between	1st July 1959 and 30th June 1969
Class IV	skaters born between	1st July 1949 and 30th June 1959
Class V	skaters born between	1st July 1937 and 30th June 1949

For Pair Free Skating and all Ice Dance events both partners must have reached the age of 28 before 1st July 2017, and neither partner may have reached the age of 81 before 1st July 2017. A competitor may skate with only one and the same partner in each discipline (i.e. one partner only for all Ice Dance events and one partner only for all Pair Skating events).

For Synchronized Skating, at least three quarters (75%) of team members (not including reserves) must have reached at least the age of twenty-eight (28) before 1st July 2017, and must not have reached the age of seventy-nine (79) before 1st July 2017. A maximum of one quarter (25%) of the members of a team must have reached at least the age of twenty-five (25) before 1st July 2017 (i.e. skaters born between 1st July 1989 and 30th June 1992). A team may include up to one quarter (25%) team members who are citizens of the country of another ISU Member, on the condition that permission is obtained from the ISU Member of the country of which the team member is a citizen. Such team members may compete under only one ISU Member in the same year (1st July 2017 to 30th June 2018).

A skater competing after 1st July 2017 in an ISU Championship, International Competition or National Championship of a Member Federation (other than an Adult International Competition or Adult National Championships) or a competition from which a skater qualifies for the National Championship of a Member Federation (other than an Adult National Championship) MAY NOT participate in this competition.

A skater competing prior to 1st July 2017 in an ISU Championship or National Championship of a Member Federation or a competition from which a skater qualifies for the National Championship of a Member Federation MAY participate in this competition.

A skater meeting the age requirements of this competition, who competes in adult-only events (Free Skating, Pairs Free Skating, Ice Dance or Synchronized Skating) at a National Championships or competition from which a skater qualifies for the National Championships of a Member Federation MAY compete in this competition.

All other skaters of an ISU Member Federation who meet the age requirements may participate.

- Competitions in Ladies and Men Free Skating, Pattern Dance and Free Dance will be held at Bronze, Silver, Gold, Masters and Masters Elite levels.
- Competitions in Pair Free Skating and Pair Artistic Free Skating will be held at Adult, Intermediate, Masters and Masters Elite levels.
- Competitions in Short Dance will be held at Adult, Masters and Masters Elite levels.
- It is expected that Competitors will enter at a level that is appropriate to their current skating ability.
- Competitors are not obliged to enter the same level as in previous years.
- An entry in an artistic category may be at a higher level (not lower) than the entry in a category of any other discipline. For example, a skater may enter the Silver Free Skating event, and the Gold Artistic Free Skating event. Skaters may compete at only one (1) level within each discipline.
- The Masters Elite category is intended for those skaters who competed previously at the junior or senior level in national or international competition, but is not mandatory for such skaters.
- Coaches and their students are welcome to compete in all events, however, this competition DOES NOT have a PRO-AM category and it is MANDATORY that pair and ice dance couples enter at the level of the more skilled skater, even if that skater is not a Coach.



- When 36 or more skaters register for the same event, the competition will be divided into two groups according to the age of the skaters. In the event that there are an odd number of skaters, the skater of median age will compete with the younger group of skaters.
- When fewer than 3 skaters register for a singles free skating or artistic free skating event, age categories will be combined wherever possible to ensure competition.
- Any program exceeding the maximum time limits set out in this announcement will receive a deduction of 1.0 for every 5 seconds or part thereof of in excess of the maximum time.

In order to ensure the integrity of this competition, the ISU Adult Working Group reserves the right to review entries prior to announcement of the schedule and will contact skaters who appear to be entered at an inappropriate level.

The local organising committee reserves the right to refuse entries without reason given.

Entry forms and payment are to be submitted directly by the skaters.

With the entry form, a copy of the photo page of the participant's passport or government issued photo identification must be submitted as proof of age and a copy of the participant's membership card or license or approval of the Member Federation must be submitted as proof of current membership of an ISU Member Federation.

3. Technical Requirements – Free Skating

Free Skating Elite Masters

Skaters entering this category will compete against other Elite Masters Free Skaters. The technical requirements are the same as those for the category "Masters Free Skating".

Free Skating Masters

A competitor in the Masters Free Skating event must perform a well-balanced program that may contain:

- a. A maximum of six (6) jump elements, one of which must be an Axel type jump. **Single, double and triple jumps are permitted.** There may be up to three (3) jump combinations or jump sequences in the free program.
 - One (1) jump combination may consist of up to three (3) listed jumps. Two (2) jump combinations may consist of two (2) listed jumps.
 - A jump combination may consist of the same or another single, double or triple jump.
 - A jump sequence may consist of any number of jumps of any number of revolutions that may be linked by non-listed jumps like mazurkas etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no steps, turns, crossovers or stroking during the sequence. Only the two (2) listed jumps with the highest value will count towards the technical score.
 - Each listed jump may be performed a maximum of two (2) times.
 - Please note that the half-loop when used in combination/sequence, in between two listed jumps, is considered as a listed jump with the value of a single loop (1Lo).
 - Non-listed jumps may be included in the program as part of connecting footwork.
- b. A maximum of three (3) spins of a different abbreviation, one (1) of which must be a spin combination with a change of foot and one (1) of which must be a flying spin or a spin with a flying entrance.
 - The spins must have a required minimum number of revolutions: five (5) for any spin with no change of foot, and eight (8) for any spin with a change of foot.



- A spin that has no basic position with 2 revolutions will receive no level and no value, however a spin with less than three rotations is considered as a skating movement and not a spin.
 - Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. To receive full value, a spin combination must include all three (3) basic positions.
 - The change of foot in any spin must be preceded and followed by a spin position with at least three (3) revolutions. If this requirement is not fulfilled, the short part of the spin will be ignored including any features.
- c. A maximum of one (1) step sequence, fully utilizing the ice surface.
- Only the first executed attempt of a step sequence will contribute to the technical score.

VOCAL MUSIC MAY BE USED

The maximum time is 3 minutes and 10 seconds, but may be less.

The points for each Program Component are multiplied by a factor of 1.6.

The warm-up duration is six (6) minutes.

Free Skating Gold

A competitor in the Gold Free Skating event must perform a well-balanced program that may contain:

- a. A maximum of six (6) jump elements, consisting of single jumps (including the single Axel) or double jumps. **Double Flip, double Lutz, double Axel and Triple jumps are not permitted.** There may be up to three (3) jump combinations or jump sequences in the free program.
- One (1) jump combination may consist of up to three (3) listed jumps. Two (2) jump combinations may consist of two (2) listed jumps.
 - A jump combination may consist of the same or another single or double jump, with the exception of the jumps in **bold** above.
 - A jump sequence may consist of any number of single and double jumps, with the exception of the jumps in **bold** above, that may be linked by non-listed jumps like mazurkas etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no steps, turns, crossovers or stroking during the sequence. Only the two (2) listed jumps with the highest value will count towards the technical score.
 - Each listed jump may be performed a maximum of two (2) times.
 - Please note that the half-loop when used in combination/sequence, in between two listed jumps, is considered as a listed jump with the value of a single loop (1Lo).
 - Non-listed jumps may be included in the program as part of connecting footwork.
- b. A maximum of three (3) spins of a different abbreviation, one (1) of which must be a spin combination with a change of foot and one (1) of which must be a flying spin or a spin with a flying entrance.
- The spins must have a required minimum number of revolutions: four (4) for any spin with no change of foot, and eight (8) for any spin with a change of foot.
 - A spin that has no basic position with 2 revolutions will receive no level and no value, however a spin with less than three rotations is considered as a skating movement and not a spin.
 - Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. To receive full value, a spin combination must include all three (3) basic positions.
 - The change of foot in any spin must be preceded and followed by a spin position with at least three (3) revolutions. If this requirement is not fulfilled, the short part of the spin will be ignored including any features.
- c. A maximum of one (1) step sequence, fully utilizing the ice surface.
- Only the first executed attempt of a step sequence will contribute to the technical score.

VOCAL MUSIC MAY BE USED

The maximum time is 2 minutes and 50 seconds, but may be less.

The points for each Program Component are multiplied by a factor of 1.6.



Only features up to and including Level 3 will be counted for the spins and step sequence. Any additional features will not count for level requirements and will be ignored by the Technical Panel. The warm-up duration is six (6) minutes.

Free Skating Silver

A competitor in the Silver Free Skating event must perform a well-balanced program that may contain:

- a. A maximum of five (5) jump elements, consisting of any single jumps (including the single Axel). **Double jumps and triple jumps are not permitted.** There may be up to two (2) jump combinations or jump sequences in the free program.
 - One (1) jump combination may consist of up to three (3) listed jumps. The other jump combination may consist of two (2) listed jumps.
 - A jump combination may consist of the same or another single jump.
 - A jump sequence may consist of any number of single jumps that may be linked by non-listed jumps like mazurkas etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no steps, turns, crossovers or stroking during the sequence. Only the two (2) listed jumps with the highest value will count towards the technical score.
 - Each listed jump may be performed a maximum of two (2) times.
 - Please note that the half-loop when used in combination/sequence, in between two listed jumps, is considered as a listed jump with the value of a single loop (1Lo).
 - Non-listed jumps may be included in the program as part of connecting footwork.
- b. A maximum of two (2) spins of a different abbreviation, one (1) of which must be a spin combination.
 - The spins must have a required minimum number of revolutions: four (4) for any spin with no change of foot, and eight (8) for any spin with a change of foot.
 - A spin that has no basic position with 2 revolutions will receive no level and no value, however a spin with less than three rotations is considered as a skating movement and not a spin.
 - Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. To receive full value, a spin combination must include all three (3) basic positions.
 - The change of foot in any spin must be preceded and followed by a spin position with at least three (3) revolutions. If this requirement is not fulfilled, the short part of the spin will be ignored including any features.
- c. A maximum of one (1) step sequence, utilizing at least half (1/2) of the ice surface.
 - Only the first executed attempt of a step sequence will contribute to the technical score.

VOCAL MUSIC MAY BE USED

The maximum time is 2 minutes and 10 seconds, but may be less.

The points for each Program Component are multiplied by a factor of 1.6.

Only features up to and including Level 2 will be counted for the spins and step sequence. Any additional features will not count for level requirements and will be ignored by the Technical Panel. The warm-up duration is six (6) minutes.

Free Skating Bronze

A competitor in the Bronze Free Skating event must perform a well-balanced program that may contain:

- a. A maximum of four (4) jump elements, consisting only of single jumps. **Axel type jumps, double jumps and triple jumps are not permitted.** There may be up to two (2) jump combinations or jump sequences in the free program.
 - Each jump combination may consist of two (2) listed jumps.
 - A jump combination may consist of the same or another single jump.



- A jump sequence may consist of any number of single jumps that may be linked by non-listed jumps like mazurkas etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no steps, turns, crossovers or stroking during the sequence. Only the two (2) listed jumps with the highest value will count towards the technical score.
- Each listed jump may be performed a maximum of two (2) times.
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- b. A maximum of two (2) spins of a different abbreviation one of which must be a spin in one position with no change of foot. **Flying spins are not permitted.**
 - The spins must have a required minimum number of revolutions: three (3) for any spin with no change of foot, and six (6) for the spin combination with change of foot or the spin in one position with change of foot.
 - A spin that has no basic position with 2 revolutions will receive no level and no value, however a spin with less than three rotations is considered as a skating movement and not a spin.
 - Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. To receive full value, a spin combination must include all three (3) basic positions.
 - The change of foot in any spin must be preceded and followed by a spin position with at least three (3) revolutions. If this requirement is not fulfilled, the short part of the spin will be ignored including any features.
 - Only features up to and including Level 1 will be counted. Any additional features will not count for level requirements and will be ignored by the Technical Panel.
- c. A maximum of one (1) choreographic sequence utilizing at least half (1/2) of the ice surface.
 - A choreographic sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc.
 - The pattern is not restricted.
 - A choreographic sequence has a base value and will be evaluated by the judges in GOE only.

VOCAL MUSIC MAY BE USED

The maximum time is 1 minute and 50 seconds, but may be less.

The points for each Program Component are multiplied by a factor of 1.6.

The warm-up duration is six (6) minutes.

4. Technical Requirements – Pair Free Skating

Each pair team must consist of one man and one lady.

Coaches and students are welcome to compete in all events, however, this competition **DOES NOT** have a PRO-AM category and it is **MANDATORY** that pair couples enter at the skill level of the more skilled skater.

Pair Free Skating Masters Elite

Pairs entering this category will compete against other Elite Masters Pair Skaters. The technical requirements are the same as those for the category “Masters Pair Skating”.

Pair Free Skating Masters

Masters pairs must perform a well-balanced program that may contain:

- a. A maximum of three (3) different lifts, one of which may be a twist lift.
 - In lifts of Group 1 and Group 2, the man’s lifting hand(s) should be above his shoulder line.
 - In lifts of Groups 3–4-5, full extension of the lifting arm(s) is mandatory.
- b. A maximum of two (2) throw jumps (single or double).



- c. A maximum of one (1) solo jump. Single, double and triple jumps are permitted.
- d. A maximum of one (1) jump combination with a maximum of three (3) listed jumps or one (1) jump sequence with any number of jumps. Only the two (2) listed jumps with the highest value will count towards the technical score.
- e. A maximum of one (1) pair spin (pair spin or pair spin combination).
 - The spin must have a required minimum number of revolutions: four (4) revolutions for a pair spin and six (6) for a pair spin combination. A pair spin combination must have a change of foot by both partners with at least three (3) revolutions on each foot **and** at least one (1) change of position by both partners. If there is no change of foot or no change of position by one or both partners, the spin will be called as a pair spin.
 - There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- f. A maximum of one (1) solo spin.
 - The solo spin must have a required minimum number of revolutions: five (5) for the flying spin with no change of foot after landing, five (5) for the spin with only one position and no change of foot and five (5) for the spin combination with no change of foot and eight (4 + 4) for the spin combination with change of foot or spin in one position with a change of foot.
 - There must be a minimum of two (2) revolutions in each position or the position will not be counted.
 - Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. To receive full value, a spin combination must include all three (3) basic positions.
- g. A maximum of one (1) death spiral or pivot figure (position optional).
 - At least $\frac{3}{4}$ revolution in pivot position by the man is required for the death spiral.
 - At least one revolution in pivot position by the man is required for pivot figure.
- h. A maximum of one (1) step sequence, fully utilizing the ice surface.
 - Only the first executed attempt of a step sequence will contribute to the technical score
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VOCAL MUSIC MAY BE USED

The maximum time is 3 minutes and 40 seconds, but may be less.

The points for each Program Component are multiplied by a factor of 1.6.

The warm-up duration is six (6) minutes.

Pair Free Skating Intermediate

Pairs must perform a well-balanced program that may contain:

- a. A maximum of two (2) different lifts of Group 1 or Group 2 with a minimum $\frac{1}{2}$ revolution for the man and 1 revolution for the lady.
 - The man's lifting hand(s) should be above his shoulder line.
 - Variations of the lady's position, no-handed and one-handed lifts, and combination lifts are **not** permitted.
 - Lifts of Groups 3-4-5 are **not** permitted.
 - Twist lifts are **not** permitted.
 - A different take-off counts as a different lift.
- b. A maximum of one (1) single throw jump (including the throw Axel).
 - Double and triple jumps are **not** permitted.
- c. A maximum of one (1) solo single jump (including the single Axel).
 - Double and triple jumps are **not** permitted.
- d. A maximum of one (1) jump combination with a maximum of three (3) listed jumps or one (1) jump sequence with any number of jumps (only the two jumps with the highest value will count for points).
 - Only single jumps are allowed (including the single Axel).
 - Double and triple jumps are **not** permitted.
- e. A maximum of one (1) pair spin (pair spin or pair combination spin).



- The spin must have a required minimum number of revolutions: four (4) revolutions for a pair spin and six (6) for a pair spin combination. A pair spin combination must have a change of foot by both partners with at least three (3) revolutions on each foot **and** at least one (1) change of position by both partners. If there is no change of foot or no change of position by one or both partners, the spin will be called as a pair spin.
- There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- f. A maximum of one (1) death spiral or pivot figure (position optional).
 - At least $\frac{3}{4}$ revolution in pivot position by the man is required for the death spiral.
 - At least one (1) revolution in pivot position by the man is required for the pivot figure.
- g. A maximum of one (1) step sequence, fully utilizing the ice surface.
 - Only the first executed attempt of a step sequence will contribute to the technical score.

VOCAL MUSIC MAY BE USED

The maximum time is 2 minutes and 50 seconds, but may be less.

The points for each Program Component are multiplied by a factor of 1.6.

Only features up to and including Level 2 will be counted for the spins and step sequence. Any additional features will not count for level requirements and will be ignored by the Technical Panel.

The warm-up duration is six (6) minutes.

Pair Free Skating Adult

Pairs must perform a well-balanced program that may contain:

- a. A maximum of one (1) lift of Group 1 or Group 2 with a minimum $\frac{1}{2}$ revolution for the man.
 - The man's lifting hand(s) should be above his shoulder line.
 - Variations of the lady's position, no-handed and one-handed lifts, and combination lifts are **not** permitted.
 - Lifts of Groups 3-4-5 are **not** permitted,
 - Twist lifts are **not** permitted.
- b. A maximum of one (1) single throw jump.
 - Throw double and triple jumps are **not** permitted.
 - Throw Axel is **not** permitted.
- c. A maximum of one (1) solo single jump.
 - Double and triple jumps are **not** permitted.
 - Axel type jumps are **not** permitted.
- d. A maximum of one (1) jump combination with a maximum of two (2) listed jumps or one (1) jump sequence with any number of jumps (only the two jumps with the highest value will count for points).
 - Only single jumps are allowed.
 - Double and triple jumps are **not** permitted.
 - Axel type jumps are **not** permitted.
- e. A maximum of one (1) pair spin.
 - A pair spin is any spin no change of foot or no change of position by one or both partners.
 - Pair combination spins (spins with a change of foot and change of position by both partners) are not permitted.
 - There must be a minimum of two (2) revolutions in each position or the position will not be counted.
 - Only features up to and including Level 1 will be counted. Any additional features will not count for level requirements and will be ignored by the Technical Panel.
- f. A maximum of one (1) pivot figure (position optional).
 - At least one (1) revolution in pivot position by the man is required.
- g. A maximum of one (1) choreographic sequence that fully utilizes the ice surface.
 - A choreographic sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc.
 - The pattern is not restricted.



- A choreographic sequence has a base value and will be evaluated by the judges in GOE only.

VOCAL MUSIC MAY BE USED

The maximum time is 2 minutes and 30 seconds, but may be less.

The points for each Program Component are multiplied by a factor of 1.6.

The warm-up duration is six (6) minutes.

5. Technical Requirements – Ice Dance

General requirements for Ice Dance

Each couple must consist of one man and one lady

The man must skate the man's steps and the lady must skate the lady's steps. Each skater may compete with only one and the same partner in the Ice Dance competitions.

Coaches and students are welcome to compete in all events, however, this competition **DOES NOT** have a PRO-AM category and it is **MANDATORY** that ice dance couples enter at the skill level of the more skilled skater, even if that skater is not a professional, but simply a higher level skater.

Pattern Dance

General requirements for Pattern Dance

In accordance with ISU Rules 707, 708, Rule 353, paragraph 1.n) and ISU Communication No.1857 and No.1860, official ISU Pattern Dance music will be used, except that couples shall provide their own music for the following Pattern Dances:

- Foxtrot (Bronze)
- Paso Doble (Silver)
- Westminster Waltz (Gold)
- Rhumba (Masters/Masters Elite)

The music must be chosen in accordance with the rhythm of the Pattern Dance. The chosen music may also be a tune from ISU Ice Dance music. In this case only tunes 1 to 5 can be chosen and the music must be recorded on the skaters' own disc. A violation of tempo specifications will result in a 1.0 point deduction by the Referee. **Vocal music may be used.**

For the application of Rule 708 paragraph 1.d) with music provided by the couple, it is specified that the start of the first step of the dance must be on beat 1 of a measure (unless otherwise specified in the description of the dance).

Rule 707, paragraph 4 provides that the Referee may announce the approximate location at which the Pattern Dances must be started. All Pattern Dances shall be started so that the steps of the first side of the pattern are skated in front of the Judges unless otherwise specified by the Referee. If the Referee changes the side to start, the change must be announced at the time of the first draw for starting order.

One of the pattern dances will have music chosen by the skaters. Tempo specification for the Pattern Dance music is as follows:

- (Bronze) Foxtrot: 25 measures of 4 beats per minute or 100 beats per minute, plus or minus 2 beats per minute
- (Silver): Paso Doble - 56 measures of 2 beats per minute or 112 beats per minute, plus or minus 2 beats per minute
- (Gold): Westminster Waltz - 54 measures of 3 beats per minute or 162 beats per minute, plus or minus 2 beats per minute



- (Elite Masters and Masters): Rhumba – 44 measures of 4 beats per minute or 176 beats per minute, plus or minus 2 beats per minute.

The Tempo throughout the required Sequences must be constant and in accordance with the required Tempo of the Pattern Dance (see ISU Handbook Ice Dance 2003) plus or minus 2 beats per minute.

The couple shall furnish competition music in accordance with Rule 343, paragraph 1.

The other Pattern Dance in each category will use ISU Ice Dance music that will be provided by the organizers.

The Pattern Dances will be judged without Key Points.

References: ISU Handbook Ice Dance 2003

Elite Masters Couples entering this category will compete against other Elite Masters Ice Dance Couples. The technical requirements are the same as those for the category “Masters Pattern Dance”.

Masters # 6 Westminster Waltz (2 sequences)
17 Rhumba (4 sequences) – skaters choose own music

Gold # 6 Westminster Waltz (2 sequences) – skaters choose own music
23 Blues (3 sequences)

Silver # 5 American Waltz (2 sequences)
16 Paso Doble (2 sequences) – skaters choose own music

Bronze # 2 Foxtrot (3 sequences) – skaters choose own music
4 European Waltz (2 sequences)

The points for each Program Component are multiplied by a factor of 0.7 (Rule 353, paragraph 1.m). The Total Score for each dance will be multiplied by a factor of 0.5 (Rule 353, paragraph 1.b). The warm-up duration is four (4) minutes.

Short Dance

General Requirements for Short Dance

See: ISU Communication No. 2076, 2086 and 2108 Ice Dance Requirements for Technical Rules Season 2017 / 2018. All Key Points and Key Points Features for Pattern Elements are described in this Communication.

This competition will follow the requirements for the Junior Short Dance described in ISU Communication 2076. Note: there are some adjustments for the Adult Competition.

The rhythms for the Short Dance in the season 2017/18 are as follows: Cha Cha plus any number of the following rhythms: Rhumba, Samba, Mambo, Meringe, Salsa, Bachata and any closely related Latin American rhythm.

Elite Masters Couples entering this category will compete against other Elite Masters Ice Dancers. The technical requirements are the same as for the category “Short Dance”.



Masters Couples entering this category will compete against other Masters Ice Dancers. (Recommended for gold level or above ice dancers.) The technical requirements are the same as for the category "Short Dance".

Adult Couples entering this category will compete against others at the Adult Short Dance level. (Recommended for silver level ice dancers.) The technical requirements are the same as for the category "Short Dance".

Required Short Dance Elements **Pattern Dance: One sequences of the Cha Cha Congelado.** Each section of the Cha Cha Congelado must be skated one after the other. Section 1(steps #1-17) followed by Section 2 (steps #18-38) with Step #1 skated on the judges opposite side.

The Pattern Dance Elements must be skated on the Cha Cha Rhythm. The tempo of music throughout the Pattern Dance Elements must be constant and in accordance with the required Tempo of the Pattern Dance Element Cha Cha: i.e. 29 measures of 4 beats or 116 beats per minute, plus or minus 2 beats per minute.

One (1) Short Dance lift (maximum 7 seconds) is required. In addition, one (1) Transitional Dance Lift (up to 7 seconds), but no more, performed optionally after the required Dance Lift, is permitted.

One (1) Not Touching Midline Step Sequence OR Not Touching Circular Step Sequence OR Not Touching Diagonal Step Sequence:

- This step sequence must be skated on one of the other rhythms and not the Cha Cha rhythm.

One (1) Set of Sequential Twizzles.

Elements should be integrated into the composition of the dance so the concept and choreography must produce the feeling of a unified dance.

The Dance Spin is not a Required Element. Nevertheless, a spinning movement skated by the couple together in any hold around a common axis on one foot (or two feet) with any number of rotations is permitted. A couple may choose to use this movement as part of their choreography. The Technical Panel will ignore these movements and the Judges will not consider these movements as one of the permitted stops.

Specifications:

- The description, chart and diagrams of the Pattern Dances are included in the ISU Handbook Ice Dance 2003.
- The concept and choreography must produce the feeling of a unified dance. The Pattern Dance elements may be skated anywhere in the Short Dance and should be integrated into the composition of the dance – there should not be the feeling that the rhythms are just put together without thought of how they fit together.

Note: as per ISU Communication 1860, paragraph 3, a Pattern Dance Element not started on the required beat must be penalized by Judges.

Music for the entire Short Dance (including music for specified Pattern Dance Elements) is provided by the couple.

VOCAL MUSIC MAY BE USED.

The **maximum time** is 2 minutes and 50 seconds, but may be less.



The points for each Program component are multiplied by a factor of 0,8 (Rule 353, paragraph 1.m). The warm-up duration is five (5) minutes.

Free Dance

General Requirements for Free Dance

See: ISU Special Regulations, Section D. Free Dance, Rule 710 and all pertinent ISU Communications

The following are the Requirements for Music for Free Dance (Rule 710, paragraph 1.c). Music that does not adhere to these descriptions will be severely penalized.

The music for Free Dance may be vocal and must be suitable for Ice Dance as a sport discipline and must have the following characteristics:

- i) The music must have an audible rhythmic beat and melody, or audible rhythmic beat alone, but not melody alone, and may be vocal. The music may be without an audible rhythmic beat for up to ten (10) seconds at the beginning or end of the program and up to ten (10) seconds during the program.
- ii) The music must have at least one change of tempo and expression. These changes may be gradual or immediate, but in either case they must be obvious.
- iii) All music, including classical music, must be cut/edited, orchestrated or arranged in a way that it creates an interesting, colourful, entertaining dance program with different dance moods or a building effect.
- iv) The music must be suitable for the Couple's skating skills and technical ability.

Free Dance music that does not adhere to these requirements will be penalized by a deduction (See Rule 353, paragraph 1.n).

Masters Elite Couples entering this category will compete against other Elite Masters Ice Dancers. The technical requirements are the same as those for the category "Gold Free Dance" (below.)

Masters Couples entering this category will compete against other Masters Ice Dancers. The technical requirements are the same as those for the category "Gold Free Dance" (below).

Gold Couples must perform a well-balanced program that may contain:

- a. A maximum of two (2) different Dance Lifts, one (1) Short Lift with a maximum duration of 7 seconds and one (1) Combination Lift with a maximum duration of 12 seconds; **OR** three (3) different types of Short Lifts with a maximum duration of 7 seconds each.
- b. A maximum of one (1) Dance Spin (Spin or Combination Spin).
- c. A maximum of one (1) Circular Step Sequence in Hold, Style A.
- d. A maximum of one (1) Set of Synchronized Twizzles with up to three (3) steps between.

VOCAL MUSIC MAY BE USED.

The **maximum** time is 3 minutes and 10 seconds, but may be less.

The points for each Program Component are multiplied by a factor of 1.2 (Rule 353, paragraph 1.m).

Silver Couples must perform a well-balanced program that may contain:



- a. A maximum of one (1) Short Lift, with a maximum duration of 7 sec. And only a maximum Level 2 lift will be counted.
- b. A maximum of one (1) Diagonal Step Sequence in Hold, Style B.
- c. A maximum of one (1) Set of Synchronized Twizzles with up to three (3) steps between.
- d. A maximum of one (1) Dance Spin (Spin or Combination Spin).

VOCAL MUSIC MAY BE USED.

The maximum time is 2 minutes and 40 seconds, but may be less.

The points for each Program Component are multiplied by a factor of 1.2 (Rule 353, paragraph 1.m).

Bronze

Couples must perform a well-balanced program that may contain:

- a. A maximum of one (1) Short Lift, with a maximum duration of 7 sec. Note that only a maximum Level 1 lift will be counted.
- b. A maximum of one (1) Diagonal Step Sequence in Hold, Style B
- c. A maximum of one (1) Dance Spin (No combination).

VOCAL MUSIC MAY BE USED

The **maximum** time is 2 minutes, but may be less.

The points for each Program Component are multiplied by a factor of 1.2 (Rule 353, paragraph 1.m).

The warm-up duration is five (5) minutes.

6. *Technical Requirements – Synchronized Skating*

Synchronized Skating Free Skating

A team shall consist of 12-16 skaters and may include both ladies and men. Each Team may have up to a maximum of four (4) alternates listed as such on the Team roster. Skaters must meet the age requirements as stated in this announcement.

The Free Program must be skated according to ISU rules 2016 (Special Regulations & Technical Rules Synchronized Skating 2016, ISU Communications No.2084, 2091 and all other pertinent ISU Communications).

The teams must skate a well-balanced Free Skating Program which must contain the following (5) required elements:

1. Intersection Element + Point of Intersection (pi)
 - Additional Feature (Point of Intersection (pi)) is permitted and will be counted if executed correctly
2. Linear Element - Block
3. Pivoting Element – Line
4. Rotating Element - Wheel
5. Traveling Element – Circle
6. PLUS a choice of one (1) of the following Elements:
 - Creative ElementOR
 - Combined Element

Additional elements may be incorporated into the Free Skating Program and will be judged as transitions and/or choreography components. The Planned Program Content sheet should indicate which elements are transition/choreography elements. Definitions of recommended elements are in accordance with ISU Rules 990 and 991. Difficulty Groups of Elements and Features and the description of their requirements are in accordance with the pertinent ISU Communications.



Illegal Elements: The illegal elements are those applicable to Junior Free Skating, Rule 992. In addition, “vaults” are illegal.

Any music including vocal music using lyrics is permitted. However, the Teams must skate the program in time to the music.

The maximum time is 3 minutes and 10 seconds, but may be less. The time must be reckoned from the moment a skater begins to move (arm, head etc.) or to skate until arriving at a complete stop at the end of the program.

The points for each Program Component are multiplied by a factor of 1.0

Official competition practice ice will be offered on the day of the SYS competition.

Extra Practice time will be available and can be booked through the competition organizing committee. Extra practice cannot be booked for the day of the competition.

7. Technical Requirements – Artistic Free Skating

General Requirements for Artistic Free Skating

The artistic events consist of free skating and pair free skating programs judged only on the basis of the Program Components:

- Skating skills
- Transitions
- Performance
- Composition
- Interpretation/Timing

See ISU Special Regulations and Technical Rules 2016, Singles & Pair Skating, Rule 504, paragraph 3 for a detailed description of Program Components. The respective Rules can be found on the ISU website.

There will be no technical panel and no technical mark given. The points for each Program Component are multiplied by a factor of 1.0

The artistic program consists of a variety of skating moves selected for their value in demonstrating skating ability and enhancing the skater’s interpretation of the music. Skaters will be judged on their ability to interpret the music and develop a theme through their skating. Credit for technical elements is based solely on the ability of such movements to enhance the chosen theme and support the music. Credit will not be given for their technical difficulty.

The program must be developed through skating skill and quality rather than through non-skating actions such as sliding on one knee or excessive use of toe steps, which should be used only to reflect the character of the program and to underline the rhythm and nuances of the chosen music. The skater/pair must not remain in one place for more than five (5) seconds.

Any element exceeding the maximum number as set forth below will be judged as an illegal element (1.0 deduction). If there is no jump or no spin element included or only a jump and no spin or vice versa a deduction for a “missing element” of 1.0 will be made. The Referee is responsible for such deductions.

Clothing and make-up must be modest, dignified and appropriate for athletic competition – not garish or theatrical in design. Clothing may, however, reflect the character of the music chosen. Clothing must not give the effect of excessive nudity. The theme of the program should be



recognizable from the skating movements and choreography – regardless of what the skater is wearing.

Props and accessories may not be used in any part of the artistic programs. Any item that is held in the hand or removed during the performance is considered a prop. Thus, for example, a hat worn throughout the program is not considered to be a prop, but if it is intentionally removed during the performance it is considered a prop. Objects on the ice, thrown in the audience, placed on the boards or on the judges table are not permitted. Costumes that contain particles that may mar or leave anything on the ice surface (feathers, boas, excessive beading) are considered unsafe and are not permitted.

The deduction for inappropriate clothing or make-up props and accessories (1.0) will be determined by a majority of the judges and the referee.

Illegal elements:

- Somersault type jumps
- Lying on the ice and prolonged and/or stationary kneeling on both knees on the ice

The warm-up duration is five (5) minutes for all artistic free skating events.

Artistic Free Skating

Competitions will be held at the Masters Elite, Masters, Gold, Silver and Bronze levels.

The Artistic Free Skate is a competitive program that must include elements of the sport of figure skating. At least one (1) and a maximum of two (2) single jumps **MUST** be included. At least one (1) and a maximum of two (2) spins **MUST** be included. No Axel type jumps, double or triple jumps are allowed. No combination jumps are allowed.

The **maximum** time for Masters Elite and Masters Artistic Free Skating is 2 minutes and 10 seconds, but may be less.

The **maximum** time for Gold, Silver and Bronze Artistic Free Skating is 1 minute and 40 seconds but may be less.

VOCAL MUSIC MAY BE USED

Pair Artistic Free Skating General

Each pair artistic team must consist of one man and one lady.

Coaches and students are welcome to compete in all events, however, this competition DOES NOT have a PRO-AM category and it is MANDATORY that pair couples enter at the skill level of the more skilled skater.

Pair Artistic Free Skating Masters Elite

Pairs entering this category will compete against other Elite Masters Pair Skaters. The technical requirements are the same as those for the category “Masters Pair Artistic Free Skating”.

Pair Artistic Free Skating Masters



The Masters Pair Artistic Free Skate is a competitive program that must include elements of the sport of pair figure skating. Each pair must include at least three (3) and no more than four (4) elements selected from:

- a. A maximum of one (1) solo jump OR one (1) throw jump. Axel type jumps, double and triple jumps are not permitted. Combination jumps are not permitted.
- b. A maximum of one (1) pair spin (pair spin or pair spin combination) OR one (1) solo spin.
- c. A maximum of one (1) death spiral or pivot figure (position optional).
- d. A maximum of one (1) lift of Group 1 or Group 2.
 - Variations of the lady's position, no-handed and one-handed lifts, and combination lifts are not permitted.
 - Twist lifts are not permitted.
 - Lifts of Groups 3-4-5 are **not** permitted.

VOCAL MUSIC MAY BE USED

The maximum time is 2 minutes and 20 seconds, but may be less.

The points for each Program Component are multiplied by a factor of 1.0

Pair Artistic Free Skating Intermediate

The Pair Artistic Free Skate is a competitive program that must include elements of the sport of pair figure skating. Each pair must include at least three (3) and no more than four (4) elements selected from:

- a. A maximum of one (1) solo jump OR one (1) throw jump. Axel type jumps, double and triple jumps are not permitted. Combination jumps are not permitted.
- b. A maximum of one (1) pair spin (pair spin or pair spin combination) OR one (1) solo spin.
- c. A maximum of one (1) death spiral or pivot figure (position optional).
- d. A maximum of one (1) lift of Group 1 or Group 2.
 - Variations of the lady's position, no-handed and one-handed lifts, and combination lifts are not permitted.
 - Twist lifts are not permitted.
 - Lifts of Groups 3-4-5 are **not** permitted.

VOCAL MUSIC MAY BE USED

The maximum time is 1 minute and 50 seconds, but may be less.

The points for each Program Component are multiplied by a factor of 1.0

Pair Artistic Free Skating Adult

The Pair Artistic Free Skate is a competitive program that must include elements of the sport of pair figure skating. Each pair must include at least three (3) and no more than four (4) elements selected from:

- a. A maximum of one (1) solo jump OR one (1) throw jump. Axel type jumps, double and triple jumps are not permitted. Combination jumps are not permitted.
- b. A maximum of one (1) pair spin OR one (1) solo spin. Pair spin combinations and flying spins are not permitted.
- c. A maximum of one (1) pivot figure (position optional).
- d. A maximum of one (1) lift of Group 1 or Group 2.
 - Variations of the lady's position, no-handed and one-handed lifts, and combination lifts are not permitted.
 - Twist lifts are not permitted.
 - Lifts of Groups 3-4-5 are **not** permitted.

VOCAL MUSIC MAY BE USED

The maximum time is 1 minute and 50 seconds, but may be less.

The points for each Program Component are multiplied by a factor of 1.0



8. MUSIC

All competitors/teams shall furnish competition music of excellent quality on CD (Compact Disc) or any other approved format. In accordance with Rule 343, paragraph 1, all discs must show the Event, the Competitor's name, the Country, and the exact running time of the music (not skating time), including any starting signal, which shall be certified by the competitor/team when submitted at the time of registration. Each program (pattern dance/short dance/free dance/ free skating/artistic free) must be recorded on one track and on a separate disc. Competitors must provide a back-up copy of the music for each program.

The titles, composers and performers of the music to be used for the individual programs for Singles and Pairs, and for the Pattern Dance, Short Dance and Free Dance programs for Ice Dance, must be listed for each competitor on the official Competition Music Form and attached to the official Entry Form for Competitors, or turned in to the Organizing Committee at the time of registration.

If music information is not complete and discs not provided, accreditation will not be given.



9. Planned Program Content Sheet

Free skaters, Pairs, Dance Couples and Synchronized Teams must submit the “Planned Program Content Sheet” to the local Organizing Committee together with the entry forms. **It is not permitted to hand over the Planned Program Content Sheets directly to the competition Officials during the competition.** Changed Program Content Sheets should be turned in at the registration desk.

10. Results

All results will be calculated according to the ISU Regulations, Rule 353. The special factor of 1.1 for elements starting in the second half, will **NOT** apply.

11. Expenses Provided

The organizer will provide travel, accommodation and meals for all Event Referees, the Technical Panel Members, Data- and Replay Operators and Judges.

All competitors and coaches will cover their own expenses.

12. Liability

In accordance with Rule 119, it is the sole obligation of each participant, as defined in Rule 107, to provide medical and accident insurance. Such insurance must assure full medical assistance and also the return of the ill or injured person to the home country by air transport or by other expeditious means.

The organizing committees will provide medical services for all competitors and officials during practice and competition.

13. Miscellaneous

Please address all enquiries relating to the competition rules and program content to the ISU Adult Skating Working Group Members:

GENERAL ENQUIRIES AND ICE DANCE

Diana Barkley, Chair, ISU Adult Working Group
dianabarkley@shaw.ca

GENERAL ENQUIRIES AND FREE SKATE

Rhea Schwartz, Past-Chair, ISU Adult Working Group
rhea.schwartz@gmail.com

FREE SKATE, PAIRS FREE SKATE AND ARTISTIC FREE SKATE

John Fisher, Member, ISU Adult Working Group
johnwilliam.fisher@gmail.com

SYNCHRONIZED SKATING

Ville Penttinen, Member, ISU Adult Working Group
ville@teampplace.fi

The website of the ISU Adult Skating Working Group is: www.adultskating.org