

12 April 2023

# **SUMMER CAMP NOVICE 2023**

The Skating School of Switzerland Summer Camps are training camps tailored for elite skaters at the Novice, Junior, and Senior levels. Stéphane Lambiel and his team are joining forces to offer a personal and enriching experience for skaters with talent and aspiration.

The **Summer Camp Novice** is reserved for skaters at the Novice level, meaning from the 4<sup>th</sup> Swiss star test or equivalent (mastery of all single jumps, at least 6 years old) up to the SIS 4 Advanced test or equivalent (ISU Advanced Novice, working on all doubles, up to 12 years old). The training program is designed to meet their specific needs. During the master classes, they will receive advice from our specialists on several selected topics, such as steps and turns, spins, jumps, or choreography. Theory workshops will complete this work and will also cover other important topics for skaters at that age, such as the basics of the judging system or how to prepare for a competition.

## CAMP INFORMATION

Dates	5-15 July 2023 (10 training days)
Location	Champéry, Switzerland
Team	Ghislain Briand, Angelo Dolfini, Peter Grütter, Stéphane Lambiel, and others
Level	2 groups with a dedicated program (up to 12 skaters per group):
	• Group 1: SIS 5 (Int. Novice)- preparation for SIS 3 (Adv. Novice)
	• Group 2: 4 <sup>th</sup> star (single jumps with a program) – SIS 5 (Int. Novice)
Content	Students will receive a comprehensive training program including:
	• 10 master classes (45 min. each)
	• 20 semiprivate lessons (25 min. each)
	• 20 free ice sessions (25 min. each)
	<ul> <li>4 off-ice classes for fun physical training</li> </ul>
	6 theory workshops
	Guided warm-ups and cooldowns

Price CHF 1,450 (includes tuition, ice, and use of equipment and facilities)

**Notes** Skaters are supervised only during trainings and the presence of a responsible adult outside these times is therefore mandatory.

## REGISTRATION

### Form <u>https://forms.gle/rtnHBzNeDpcc5YedA</u>

Due to the small group size, admissions are limited and granted on a first-come, first-served basis after a review of each skater's level by our coaching team.

Regular students of the Skating School of Switzerland can register directly by email.

## ACCOMMODATION

Rooms can be booked at the Palladium hotel at a discounted price:

- Single room: CHF 90/night
- Double room: CHF 130/night
- Triple room: CHF 180/night
- Quadruple room: CHF 200/night

Room prices include breakfast at the Palladium restaurant. The city tax is not included (CHF 1.50 for children under 18, CHF 3.00 for adults).

While we recommend the Palladium hotel for your accommodation, other options are available in Champéry, including rental apartments and hotels. MDK Immobilier (<u>rent@mdk-immobilier.ch</u>, +41 24 479 17 77) can provide you with offers for apartments close to the venue. There are also offers on Airbnb.

#### CONTACT

Feel free to contact us for any questions you might have; we will get back to you as soon as possible.

Loïc Mudry loic.mudry@specialfigures.com +41 24 552 10 77