

## ISU Center of Excellence Oberstdorf presents

### **1<sup>st</sup> Excellence Jump Technique Workshop for Single Skaters August 14 - 17, 2023**

**ISU Center Of Excellence Oberstdorf, Germany announces an initiative supported by the ISU CoE Project: International Jump Technique Workshop for Single Skaters and their Coaches from August 14 -17, 2023 in the Eissportzentrum Oberstdorf, Roßbichlstraße 2, 87561 Oberstdorf, Germany.**



## General

The goal of the seminar is to teach single skaters in the advanced novice and junior category, to work on jumping elements on and off the ice. Methodical exercises explained and shown by experienced international coaches will help to take home valuable tips and tricks. Daily training off the ice, including ballet and specific acrobatics and athletics, will be organized, as well as classes on the ice.

## Focus of the seminar

Learning and improving methodical exercises that help learn and improve complex jumping techniques.

The number of skaters and coaches registered by each ISU member is not limited. If too many skaters register, the CoE coordinator will reduce the number of participants based on age and level.

- The seminar is also open to coaches who wish to participate without skaters.
- The seminar will be conducted in English.
- Participants must bring their general sports attire.
- Coaches should also bring their skates.

## Entries

### REGISTRATION

**The deadline for registration is July 24<sup>th</sup>, 2023.**

Please send the attached application form to: [daniel.wende@eislauf-union.de](mailto:daniel.wende@eislauf-union.de)



## Entry Fee

- 200 euro per Skater
- Coaches are free of charge

Entry fee must reach the organizers and be paid before Friday, August 10th 2023.

Copy of bank transfer payment and entry application form must be submitted to the CoE Coordinator, Mr. Daniel Wende on email: [daniel.wende@eislauf-union.de](mailto:daniel.wende@eislauf-union.de)

## Bank Details

Deutsche Eislauf-Union e.V.

Hypo Vereinsbank

IBAN: DE58 7002 0270 0015 3830 06

Swift-BIC: HYVE DE MM XXX

Subject: 1<sup>st</sup> ISU CoE Excellence Jump Technique Workshop

The entry fee will not be refunded in case of withdrawals for any reason.

## Travel & Accommodation

Skaters and Coaches will be responsible for all travel expenses, and for the living expenses from beginning till the end of the Seminar. Here you can find some contact addresses to book accommodation near the ice rink. Just choose the one you like the most.

## Tourism Oberstdorf at Oberstdorf Haus

Website: [Hotel und Ferienwohnung in Oberstdorf im Allgäu](#)

Prinzregenten-Platz 1

87561 Oberstdorf / Germany

E-Mail: [reservierung@oberstdorf.de](mailto:reservierung@oberstdorf.de)

Phone: +49 8322 700 1305



## **Ferienwohnungen Blattner**

Website: [www.blattner-fewo.de](http://www.blattner-fewo.de)

Bahnhofplatz 1b

87561 Oberstdorf

Mail: [mail@blattner-fewo.de](mailto:mail@blattner-fewo.de)

Phone: +49 8322 940660

## **Hotel Kappelerhaus**

Website: [3 Sterne Hotel garni mit Bergblick in Oberstdorf im Allgäu \(kappeler-haus.de\)](http://3SterneHotelgarni.com)

AmSeeler 2

87561 Oberstdorf

Phone: + 49 8322 968 60

Participants should arrange to arrive on Sunday evening, 13th of August 2023 and depart on the late afternoon of August 17th 2023, or on August 18th 2023.

## **CATERING**

There is a possibility of lunch and dinner in the restaurant Zoran directly in the building of the ice rink. The costs for this have to be paid individually. In the immediate vicinity of the ice sports centre are also several restaurants that are within walking distance.

## **Important**

**Skaters are supervised only during trainings and the presence of a responsible adult outside these times is therefore mandatory.**



## **Moderators:**

### **Coordinators / Camp Organizers:**

Ms. Tanja Luft (GER)

Mr. Daniel Wende (GER)

### **Head Coaches:**

Mr. Ondrej Hotarek (ITA)

Ms. Marina Shirshova (FIN)

Mr. Robert Dierking (GER)

Mr. Florian Just (GER)

### **Off-Ice Coaches:**

Ms. Katherina Markowskaya (GER)

Mr. Maxim Chachshegorov (GER),

Ms. Tatjana Tobler (GER)

Ms. Annabelle Pröiß (GER)

## **Schedule:**

The time schedule will be published immediately after the registration deadline.



## Further Informations:

### TRAVEL INFORMATION

Oberstdorf, located in the south of Germany, is easy to reach.

#### By plane

##### Airport Munich – official airport

Airport shuttle-train to Munich main station (follow the green signs to S1 or S8). The train needs 45 min. to reach Munich main station, where you need to change for train on platform 29 – 36 to the departure platform for Oberstdorf.

#### By train

##### Munich Main Station - official train station

Nearly every hour a train is running from Munich to Oberstdorf. Most of them are „direct trains“ without any necessary change. The time to calculate is app. 2 1/2 hours.

Other train connections are directly from the northern part of Germany to Oberstdorf via Ulm. The train ride leads you through the most beautiful area of southern Bavaria, stops in one of the oldest Roman settlements in Germany, Kempten, and brings you into Oberstdorf.

Train tickets are available at the Munich airport, Terminal 1, ground floor. The cheapest ticket is the so called “Bavarian ticket” for app. € 26,00 and covering 5 people.

#### By car

##### Munich to Oberstdorf

Motorway to Kempten either via Munich or Ulm.

Distances: Munich – Oberstdorf app. 180 km

Also easy to reach from Zürich (SUI) via St. Gallen, St. Margarethen, Bregenz.

### **If you have any organizational questions, please contact the Camp Organizers:**

Mr. Daniel Wende

mail: [daniel.wende@eislauf-union.de](mailto:daniel.wende@eislauf-union.de)

Ms. Tanja Luft

mail: [t.luft@bev-eissport.de](mailto:t.luft@bev-eissport.de)

