

“The Artful Duo - Elevating Artistry and Technique in Pair Skating”

Pair Skaters and Coaches Camp 27 April – 2 May 2024



Federazione Italiana Sport del Ghiaccio and Icelab ISU Centre Of Excellence present a new Pair International Seminar supported by the ISU Development Program.



General

The goal of the seminar is to develop pair skating knowledge, in particular for the new Junior & Senior pairs and to the possibility of forming new pairs skating in new countries where this discipline is not so well known.

Focus will be on training techniques and tools that could be utilized to foster the development of competitive pair skaters.

Seminar dates

April 27 - May 02, 2024

(Arrival: 26th of April – Departure: 3rd of May)

Target Group

Pairs eligible to participate:

- Junior & Senior Pairs
- Coaches

The number of Pairs and Coaches entered from each ISU Member is limited to:

- one pair per Nation (OC reserves the right to enter two pairs)

If there are more applications than the 12 available places, the OC will use the following selection criteria:

- priority to Junior Pairs

If there are fewer applications than the 12 available places, the OC will use the following selection criteria:

- Nations will be allowed to participate with more pairs

The seminar is also open to coaches who wish to participate without a pair in attendance:

Additional coaches, even without pairs of skaters to follow, are invited to participate at their own expense in order to better develop their skills in pairs skating (both the technical and artistic elements) with the opportunity to connect themselves with experts.

The seminar is also open to Officials.

Skaters without a partner cannot be accepted to attend the Seminar.

The Seminar will be conducted in English.



Focus of this Seminar

The Seminar will aim to:

- better develop the elements of pair skating and training techniques both on and off-ice with world-class coaches and world-class senior pairs as demonstrators
- enhance physical health with specific off-ice training including ballet, lifts, relaxation and stretching with the support of world-renowned coaches and dance mentors
- improve the basics of the components through music lessons and study of the program criteria with the support of a music master and ISU components moderator.
- Improve skating skills (focus on glide, expression, flow, balance, variety of edge and turns)

The seminar will be moderated by world-class coaches from different countries, professional dancers and music directors. World-class senior pairs skaters will also be involved as demonstrators.

Moderators:

Head on ice moderator:

Bruno Marcotte

Assistant moderators:

Icelab team of coaches

Skating Skills moderator:

Luca Lanotte

Music Director:

Carlo Goldstein

ISU components moderator:

Paolo Pizzocari

Gyrotonic and stretching moderator:

Anna Samadello

Off Ice Dance moderator:

Roberto Tedesco

OC Coordinators:

Luca Demattè – Head coordinator

Carlotta Pontremoli



Provisional Schedule

Pairs will be divided into three groups

The schedule provides for per day and per group:

- two technical sessions on ice and off ice
- one skating skills session
- two off ice sessions per day
- sessions on Music and Components guidance

Accreditation: April 26th from 16.00 at the ice rink Icelab - Via S. Bernardino, 141, 24126 Bergamo BG

Official opening: April 26th 19.00 at Gres Art 671 – Gres Art 671 Via S. Bernardino, 141, 24126 Bergamo BG (close to Ice rink – walking distance)

Lunch: at the ice rink from 12.00 to 14.00

Dinner: around 19.00 To be confirmed

Entries

Skaters: 100,00 € participation fee per skater

Coaches: 100,00 € participation fee

Officials: no fee requested

The Entry applications of the skaters should be done by the Members and reach the organizers before Friday, March 8, 2024.

Coaches and Officials are welcomed to send directly their entry applications by sending the form to the Organizing Committee before Friday, March 8, 2024.

The copy of the bank transfer must be submitted with the entry form.

E-mail address: icelabCOE@ice-lab.it

Information contacts via WhatsApp:

Head Coordinator: Luca Demattè +393479123013

Bank details:

ICELAB SSD Srl

Bank: BANCO BPM – Bergamo (Italy)

N. CONTO 044542

IBAN IT84I0503411121000000044542

SWIFT: BAPPIT21AA1

The entry fee will not be refunded in case of withdrawals for any reason.



Accomodation

Skaters will be responsible for all travel expenses. Accommodation for skaters will be provided by OC in double rooms at the following hotel:

Art &Hotel

Via Santuario, 43

24040 Stezzano (Bergamo)

Phone: +39 035 4379300

Website: <http://www.arthotel.it>

(4 km from Icelab Icerink) transportation by bus for skaters will be provided by OC

Coaches and Officials will be responsible for their accommodation, meals and travel expenses.

Here some B&B and Hotels close to the ice rink:

Art &Hotel

Via Santuario, 43

24040 Stezzano (Bergamo)

Phone: +39 035 4379300

Website: <http://www.arthotel.it>

San Sisto Hostel

Via San Sisto 23

24126 Parco Colognola ai Colli - Bergamo

Phone: +39 035 321599

Website: <http://www.sansistohostel.com/>

(Walking distance)

Berg Hotel

Via per Azzano San Paolo 4,

24126, Bergamo

Phone: 035322048

Website: <http://www.hotelbergamoaeroporto.it/>

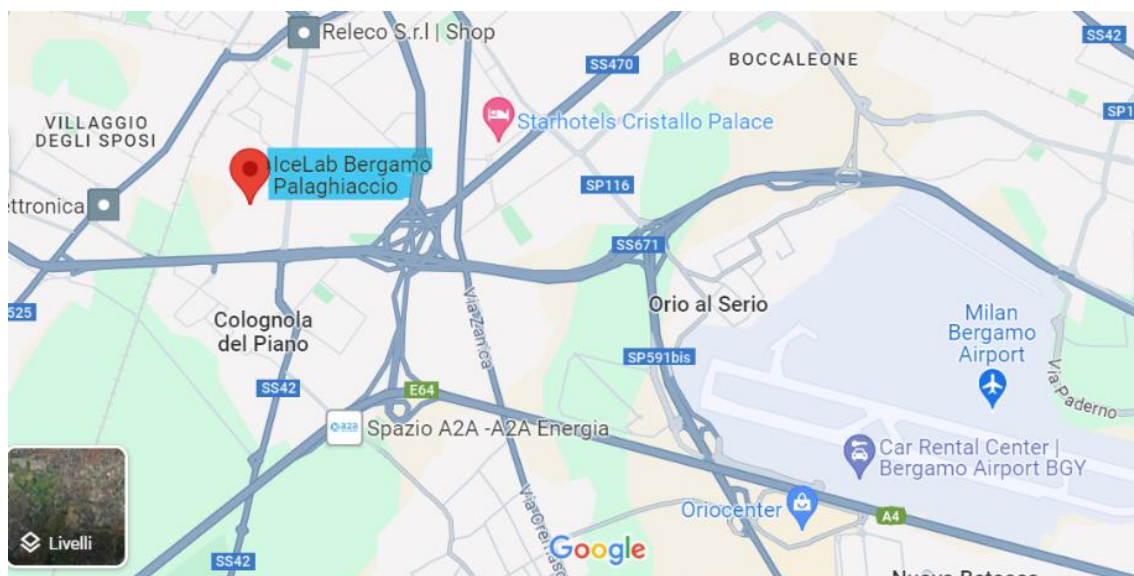
(1,1 km from Icelab Icerink)

Location

Palaghiaccio Icelab Bergamo

<http://www.ice-lab.it/>

Via S. Bernardino, 141, 24126 Bergamo BG



<https://maps.app.goo.gl/9HSR6ujn9Zs5hs4x6>