

ISU GP 2017 Skate Canada International

LADIES FREE SKATING

Planned Program Content

1 Marin HONDA	JPN
Coach: Mie Hamada, Yamato Tamura	
Music: Turandot by Giacomo Puccini	

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|---------------|--|---------|-----------------|
| 1: 3Lz | Triple Lutz | 9: ChSq | Choreo Sequence |
| 2: 3F+3T | Triple Flip+Triple Toeloop | 10: 3Lo | Triple Loop |
| 3: CCoSp | Change Foot Combination Spin | 11: 2A | Double Axel |
| 4: StSq | Step Sequence | 12: LSp | Layback Spin |
| 5: FSSp | Fly. Sit Spin | 13: | |
| 6: 2A+3T | Double Axel+Triple Toeloop | 14: | |
| 7: 3Lz+2T+2Lo | Triple Lutz+Double Toeloop+Double Loop | 15: | |
| 8: 3S | Triple Salchow | 16: | |

2 Alaine CHARTRAND	CAN
Coach: Michelle Leigh, Christy Krall	
Music: Sunset Boulevard by Andrew Lloyd Webber	

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|--------------|--|------------|------------------------------|
| 1: 3Lz+3T | Triple Lutz+Triple Toeloop | 9: ChSq | Choreo Sequence |
| 2: 3F | Triple Flip | 10: 2A+2Lo | Double Axel+Double Loop |
| 3: FCCoSp | Fly. Change Foot Comb. Spin | 11: FCSSp | Fly. Change Foot Sit Spin |
| 4: StSq | Step Sequence | 12: CCoSp | Change Foot Combination Spin |
| 5: 2A+1Lo+3S | Double Axel+Single Loop+Triple Salchow | 13: | |
| 6: 3Lz | Triple Lutz | 14: | |
| 7: 3Lo | Triple Loop | 15: | |
| 8: 3S | Triple Salchow | 16: | |

3 Larkyn AUSTMAN	CAN
Coach: Zdenek Pazdirek, Liz Putnam	
Music: Les Miserables by C. M. Schoenberg	

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|--------------|---|------------|------------------------------|
| 1: 3F+2T | Triple Flip+Double Toeloop | 9: 3S | Triple Salchow |
| 2: 2A+3T | Double Axel+Triple Toeloop | 10: StSq | Step Sequence |
| 3: 3Lz | Triple Lutz | 11: FCCoSp | Fly. Change Foot Comb. Spin |
| 4: FSSp | Fly. Sit Spin | 12: CCoSp | Change Foot Combination Spin |
| 5: ChSq | Choreo Sequence | 13: | |
| 6: 3F | Triple Flip | 14: | |
| 7: 3S+2T+2Lo | Triple Salchow+Double Toeloop+Double Loop | 15: | |
| 8: 2A | Double Axel | 16: | |

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4 Kailani CRAINE		AUS	
Coach:	J. Michael, A. Chang, T. Chin		
Music:	Moulin Rouge (soundtrack)		
1: 3Lz+3T	Triple Lutz+Triple Toeloop	9: 2A+2T	Double Axel+Double Toeloop
2: 3F	Triple Flip	10: 2A	Double Axel
3: 3Lz	Triple Lutz	11: StSq	Step Sequence
4: FCCoSp	Fly. Change Foot Comb. Spin	12: LSp	Layback Spin
5: CCoSp	Change Foot Combination Spin	13:	
6: 3Lo+1Lo+3S	Triple Loop+Single Loop+Triple Salchow	14:	
7: 3Lo	Triple Loop	15:	
8: ChSq	Choreo Sequence	16:	

5 Laurine LECAVELIER		FRA	
Coach:	Kori Ade, Rohene Ward		
Music:	Bye Bye Baby, My Heart Belongs to Daddy		
1: 3Lz+3T	Triple Lutz+Triple Toeloop	9: 2A	Double Axel
2: 3F	Triple Flip	10: ChSq	Choreo Sequence
3: 3S	Triple Salchow	11: 3Lo	Triple Loop
4: FCSp	Fly. Camel Spin	12: LSp	Layback Spin
5: CCoSp	Change Foot Combination Spin	13:	
6: StSq	Step Sequence	14:	
7: 2A+3T	Double Axel+Triple Toeloop	15:	
8: 3Lz+1Lo+2S	Triple Lutz+Single Loop+Double Salchow	16:	

6 Ashley WAGNER		USA	
Coach:	Rafael Arutunian		
Music:	Moulin Rouge soundtrack		
1: 2A	Double Axel	9: StSq	Step Sequence
2: 3F+3T	Triple Flip+Triple Toeloop	10: 3Lz	Triple Lutz
3: 2A+2T	Double Axel+Double Toeloop	11: ChSq	Choreo Sequence
4: FSSp	Fly. Sit Spin	12: FCCoSp	Fly. Change Foot Comb. Spin
5: CCoSp	Change Foot Combination Spin	13:	
6: 3Lo+1Lo+3S	Triple Loop+Single Loop+Triple Salchow	14:	
7: 3F	Triple Flip	15:	
8: 3Lo	Triple Loop	16:	

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7 Karen CHEN		USA	
Coach:	Tammy Gambill		
Music:	Slow Dancing in the Big City		
1: 3Lz+3T	Triple Lutz+Triple Toeloop	9: 2A	Double Axel
2: 3F	Triple Flip	10: 3S+2T	Triple Salchow+Double Toeloop
3: CCoSp	Change Foot Combination Spin	11: ChSq	Choreo Sequence
4: FCCoSp	Fly. Change Foot Comb. Spin	12: LSp	Layback Spin
5: StSq	Step Sequence	13:	
6: 2A+1Lo+3S	Double Axel+Single Loop+Triple Salchow	14:	
7: 3Lz	Triple Lutz	15:	
8: 3Lo	Triple Loop	16:	

8 Rika HONGO		JPN	
Coach:	H. Nagakubo, Y. Naruse, M. Kawaume		
Music:	Frida (soundtrack) by Elliot Goldenthal		
1: 3F+3T	Triple Flip+Triple Toeloop	9: FCCoSp	Fly. Change Foot Comb. Spin
2: 3S	Triple Salchow	10: ChSq	Choreo Sequence
3: 3Lz	Triple Lutz	11: 2A	Double Axel
4: StSq	Step Sequence	12: CCoSp	Change Foot Combination Spin
5: FCSp	Fly. Camel Spin	13:	
6: 2A+3T+2T	Double Axel+Triple Toeloop+Double Toeloop	14:	
7: 3Lo	Triple Loop	15:	
8: 3F+2T	Triple Flip+Double Toeloop	16:	

9 Courtney HICKS		USA	
Coach:	Todd Sand, Jenni Meno		
Music:	Amazing Grace		
1: StSq	Step Sequence	9: 3T	Triple Toeloop
2: 3F+3Lo	Triple Flip+Triple Loop	10: 3F	Triple Flip
3: 2A	Double Axel	11: ChSq	Choreo Sequence
4: FCSp	Fly. Camel Spin	12: CCoSp	Change Foot Combination Spin
5: FCCoSp	Fly. Change Foot Comb. Spin	13:	
6: 2A+2T	Double Axel+Double Toeloop	14:	
7: 3Lz+1Lo+3S	Triple Lutz+Single Loop+Triple Salchow	15:	
8: 3Lz	Triple Lutz	16:	

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10 Maria SOTSKOVA	RUS
Coach: Elena Buianova	
Music: Claire de Lune by Claude Debussy	

1: 3Lz+3T	Triple Lutz+Triple Toeloop	9: 2A+2T	Double Axel+Double Toeloop
2: 3F	Triple Flip	10: 2A	Double Axel
3: LSp	Layback Spin	11: FCSp	Fly. Camel Spin
4: StSq	Step Sequence	12: CCoSp	Change Foot Combination Spin
5: 3Lo	Triple Loop	13:	
6: 3F+1Lo+3S	Triple Flip+Single Loop+Triple Salchow	14:	
7: 3Lz	Triple Lutz	15:	
8: ChSq	Choreo Sequence	16:	

11 Kaetlyn OSMOND	CAN
Coach: Ravi Walia	
Music: Black Swan	

1: 3F+3T	Triple Flip+Triple Toeloop	9: StSq	Step Sequence
2: 2A+3T	Double Axel+Triple Toeloop	10: ChSq	Choreo Sequence
3: 3Lz	Triple Lutz	11: 2A	Double Axel
4: FCCoSp	Fly. Change Foot Comb. Spin	12: CCoSp	Change Foot Combination Spin
5: LSp	Layback Spin	13:	
6: 3Lo	Triple Loop	14:	
7: 3F	Triple Flip	15:	
8: 3S+2T+2Lo	Triple Salchow+Double Toeloop+Double Loop	16:	

12 Anna POGORILAYA	RUS
Coach: Anna Tsareva	
Music: Swan Lake by Petr I. Tchaikovski	

1: 3Lz+3T	Triple Lutz+Triple Toeloop	9: 2A	Double Axel
2: 2A	Double Axel	10: StSq	Step Sequence
3: FCCoSp	Fly. Change Foot Comb. Spin	11: CCoSp	Change Foot Combination Spin
4: ChSq	Choreo Sequence	12: LSp	Layback Spin
5: 3Lo+1Lo+3S	Triple Loop+Single Loop+Triple Salchow	13:	
6: 3Lz+2T	Triple Lutz+Double Toeloop	14:	
7: 3F	Triple Flip	15:	
8: 3Lo	Triple Loop	16:	

Please Note:

The Planned Program is listed as announced by the skaters/teams and observed during the practice sessions.

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