



PRESS CONFERENCE

Ladies, after Free Skating

Sofia Samodurova (RUS), 2019 European Champion

I'm pleased with the result of the European Championships. It is very difficult to find words now, so I just want to say a big thank you to everyone for their support. I aimed for a clean skate and hoped nothing would go wrong, and now I'm very happy, I haven't fully realized I've got the gold medal yet.

(On how she has improved from second and third places in the Grand Prix series to gold) I think if I had won a Grand Prix event it would have been more difficult, but I worked hard after Russian Nationals and worked on a lot so it was probably that. (On what she is doing next after the competition) I think a few days off to relax, go to school, then I'll work hard and keep pushing. (On quads) I haven't tried them yet.

(On Japanese rivals) They're very strong and probably some of the best in the world, alongside the Russians, Americans and Canadians.

Alina Zagitova (RUS), 2019 European silver medalist

I want to say thanks to all my fans and to the whole arena for their support, they really helped me and want to apologize to them for my unsuccessful skate today. (On her feelings on a silver medal) It's good I'm in the top three and silver medal is also good – it could have been worse, so I'm happy with silver, but I wanted to do better for me personally. (On presents) I'm very happy so many people support me and worry about me and come to see me skate. I'm very glad of the support and it helps me to carry on.

(On the large bear that was thrown onto the ice for her) I haven't seen it yet, I saw something red. Of course, I'll take it home, but I'm running out of space. (On what went wrong in her skate) I don't know what happened, I wanted to make the crowd happy. I think my best is still to come. (On plans after the competition) Back to training. (On what her coaches said to her after the performance) We talked about the mistakes immediately, and then they gave me some words of support. (On quads) I've tried quad loop and flip, but for me it's still most important to skate clean and if that happens I'll be very pleased. (On Japanese rivals) I am my own biggest rival. (On her dog Masaru) Pets help me a lot, I love them and they give me moral and psychological support and keep me calm.

Viveca Lindfors (RUS), 2019 European bronze medalist

It's a big personal victory for me since figure skating has taken such a big step forward since our last medal. I feel that it was a big accomplishment to have been able to reach the top three at the European Championships. (On how much more she can do technically) I will try to keep up with the level of technical difficulty of the top skaters in the world. I haven't set a limit on myself. I will keep on working. (On what she is going to do now the event is over.) I think I can take a few days off, go to school and take and some exams, take some time to relax and regroup.

