

1. GENERAL REGULATIONS

The Nordics will be conducted in accordance with the ISU Constitution and General Regulations 2018, the ISU Special Regulations & Technical Rules for Figure Skating & Ice Dance 2018, as well as all updated ISU Communications.

Participation in the **Nordics Open** is open to all Competitors who belong to an ISU Member, and qualify with regard to eligibility according to Rule 102, provided their ages fall within the limits specified in Rule 108, paragraph 3 a) and they meet the participation, citizenship and residency requirements in Rule 109, paragraphs 1 through 5 and ISU Communication 2030 or any update of this Communication.

Passports/EU ID cards of all Skaters, as well as the ISU Clearance Certificate, if applicable, must be presented at the accreditation of the event for verification.

Please note that The Nordics for Junior and Advanced Novice, which is only open to the Nordic Members, will take place at the same time. Details are stated in a separate announcement.

2. TECHNICAL DATA

Main arena (MR): Stångebro Ishall, Gumpekullavägen 3, 582 78 Linköping. An indoor ice-rink with the ice surface of 30 x 60 m, air-conditioned and heated,

Practice arena (PR): Stångebro Träningshall, Gumpekullavägen 3, 582 78 Linköping. An indoor ice-rink with the ice surface of 30 x 60 m, air-conditioned and heated

The main venue is located approximately 500 m from the City Center of Linköping and 300 m from Linköping Railway Station.

SENIOR CATEGORIES

SENIOR MEN	Short Program	The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2018 Rule 611, paragraphs 1 and 3 for 2018.
		Duration: 2 min. 40 sec., +/- 10 sec.
	Free Skating	In accordance with ISU Technical Rules Single & Pair Skating 2018, Rule 612 and the respective ISU Communication. Special attention should be paid to the "well balanced program" and the element value.
		Duration: 4 min. +/- 10 sec.
JUNIOR LADIE		
	S Short Program	The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2018 Rule 611, paragraphs 1 and 3 for 2018.
	S Short Program	•
	S Short Program Free Skating	Single & Pair Skating 2018 Rule 611, paragraphs 1 and 3 for 2018.

3. ENTRIES

Complete Final Entry Forms must reach the organizer by January 7th 2019 – 20:00 local time Sweden at the latest.

Entries of competitors

Citizen / Residence requirements and Clearance Procedure: In accordance with Rule 109 of ISU Regulations and ISU Communication 2030 or any update of it, all skaters who do not have the Nationality of the Member, which they have been entered or who although having such nationality, have in the past representing another Member, must produce an ISU Clearance Certificate.

Each invited Member from the *Nordic countries* has the right to enter competitors as follows:

3 Senior Ladies

3 Senior Ladies

The registration of all competitors must be entered and all judges nominated only through their respective Member Association/Federation. The age of each competitor must be stated on the Entry Form and be clearly documented.

Entries of officials

The host Nordic country member is responsible for appointing Referees and Technical panels for all categories, following initial suggestions from the Nordic country members as well as for the appointment of the Judges panels.

Each Nordic country member is responsible for providing at least one (1) international or ISU level judge, and at least one (1) technical panel member, but maximum two (2) Technical Controllers or Specialists.

The Host country completes the panels of Officials according to the ISU Rules and relevant

Communications regarding world standing points and officials' activity.

Entry fee

The entry fee is **75** € per skater and a minimum of **250** € per Nordic Member. In addition each Nordic country pays a contribution of **500** €.

The entry fee will not be refunded in case of withdrawals for any reason. Entry fee must be paid by **January 31**_{st}, **2019** through invoice to be sent out immediately after the final entry day.

4. EXPENSES

Each participating Member must bear all expenses for their Competitors, Judges, Technical Panel (TC/TS/DO/RO), Team Leaders and Coaches. The meals (lunch and dinner) and pocket money for the Technical Panel members are borne by the Organizer.

If a Nordic country does not provide a judge and a technical panel person from their own country, the Country must cover the costs of one judge/technical panel person invited by the organizer. Travel and accommodation expenses will be paid only for the invited Referees, invited Technical Panel Members and invited Judges from outside Nordic countries.

Hotel rooms must be booked through the Organizer only.

5. MUSIC AND PLANNED PROGRAM CONTENT

Music files in mp3 are requested to be uploaded on web links not later than January 14. See page 7.

In accordance with Rule 343, paragraph 1 all Competitors shall furnish competition music of excellent quality in digital audio file. Music files must be submitted on CD or any other transportable independent free accessible medium on site at the time of registration. The medium with the music files will be kept until the end of the competition.

Each program (short/free) must be recorded on one track respectively on a separate medium. Mediums must show the competition event, competitors name, nation and the exact running time of the music (not skating time) including any starting signal.

If music information is not complete and/or the music is not provided, accreditation will not be given.

The "Planned Program Content Sheet" and "Music Information form" must be returned with the entry forms no later than **January 7th**, **2019**. The Planned Program Content Sheet must be filled in precisely by each skater in English using the Terminology for the elements listed in the respective ISU Communication. It is not permitted to hand over the Program Content Sheets directly to the acting Officials.

The Organizing Committee kindly asks all Members to upload their National Anthem, thank you.

Please upload music file (mp3) not later than January 14th, Music Information form and Planned Program Content sheet no later than January 7th, 2019

6. **REGISTRATION**

Accreditation will be given to all Referees, Judges, Technical Panels, Competitors, Team Leaders, Coaches and Representatives from each Member Federation. Accreditation will be given at the official hotel upon arrival.

7. RESULTS AND FREE SKATING STARTING ORDER

Judging and calculations will be done according to ISU Special Regulations Single & Pair Skating and Ice Dance 2018, Rules 352 and 353.

The starting order for the Free Skating will be in reverse order of the result of the Short Program according to ISU Rule 513 2.

8. AWARDS

The three best-placed Competitors in each event will be announced and honored at the official Victory Ceremony. Gold, silver and bronze medals will be presented to the medalists. The national anthem of the winner will be played and the flag of the medal winners hoisted.

9. LIABILITY

In accordance with ISU Rule 119, it is the sole obligation of each member participation in The Nordics 2018, to provide medical and accident insurance for their athletes, officials and all other members of the Member's team. Such insurance must assure full medical attendance and also the return of the ill or injured person to the home country by air transport or by other expeditious means. The Organizer assumes no responsibility for or liability with respect to bodily or personal injury or property damage incurred by competitors and officials.

10. ANTI-DOPING

Anti-Doping tests may be carried out in accordance with the current ISU Anti-Doping Rules and Procedures (ISU Communication 1922 and 2117 or any further update of this Communication).

11. ACCOMMODATION AND MEALS

Official hotels:

SCANDIC LINKÖPING CITY Gamla Tanneforsvägen 51, 582 54 Linköping

and

SCANDIC FRIMURARHOTELLET Sankt Larsgatan 14, 582 24 Linköping

Hotel accommodation must be booked through the Organizer. The Hotel Form must be sent latest January 7th, 2019.

All room rates include breakfast, VAT and free Wi-Fi.

Single room	1000 SEK/room and night
Double room	1200 SEK/room and night
Triple room	1400 SEK/room and night
Quadruple room	1600 SEK/room and night

Meals

Teams can book meals, lunch and dinner, starting on Wednesday lunch and ending with Sunday lunch except Friday dinner. Cost per meal and person is 100 SEK. All meals have to be pre booked on the Meal Form. Meal tickets will be given out per country at the accreditation on site.

All meals are served at the arena Stångebro Ishall.

The Official Dinner

The Official Dinner for the Officials, coaches and skaters will be held on **Friday evening 20:00** at the Flygvapenmusem. The dinner cost is 350 SEK/ person.

All banquet tickets must be booked by each Member through individual web-link you will be given after you have submitted the preliminary entry and meals must be paid by **January 7th**, **2019.**

Meal tickets will be distributed to the Team Leaders at the time of registration according to bookings. Locations for meals will be announced in due time.

Flygvapenmuseum is situated 8 kilometers from the city center. Transportation to will be provided from the offical hotels to Flygvapenmuseum.

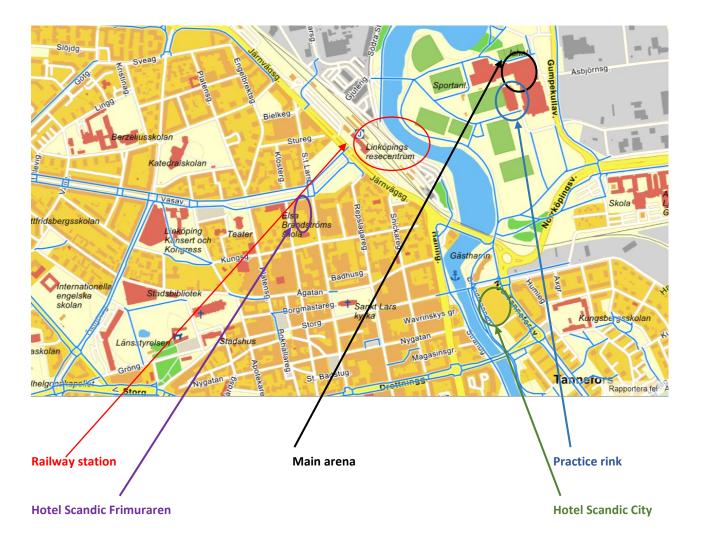
12. TRANSPORTATION

The closest international airport is Stockholm Arlanda international airport. From Arlanda there is approximately 2,5 hours by train to/from Linköping.

To/from Kastrup Copenhagen there is about 3h 15 min by direct train from/to from Linköping.

On Sunday after the victory ceremony and the RTD the Organizing Committee is planning to provide transportation by bus from the arena Stångebro direct to Stockholm Arlanda airport for 250 SEK per person if at least 30 persons are interested. Please indicate interest on the travel form.

In Linköping the rail way station, the hotels and the arena are all within walking distance. No transportation will be provided except for the trip to and from the Official Banquet at Flygvapenmuseum.



13. INFORMATION

For further information, please contact the Organizing Committee:

Nordics Open Organizing Committee

Linköping Konståkningsförening och Svenska Konståkningsförbundet Idrottens Hus Box 11016, 100 61 Stockholm Sweden Phone: +46 8 699 64 30 Email: <u>camilla.fredman@skatesweden.se</u>

Keep your self up to date on <u>www.skatesweden.se</u>

Welcome to Sweden and Linköping!

14. FORMS AND RETURN DATES

Form 01 Composition of Delegation January 7, 2019 – via email Form 02 Entry Form for Competitors January 7, 2019 – via email Form 03 Hotel Form January 7, 2019 – via email Form 04 Team Travel Form January 7, 2019 – via email Form 05 Planned Program Content January 7, 2019 – upload word form via web link as below Form 06 Music Information January 7, 2019 – upload word form via web link as below Form 07 Meals and Official Dinner January 7, 2019 – via email Form 08 Entry Form for Judges and Technical Panels January 7, 2019 – via email Music files, January 14, 2019 – upload via web link as below

Links for uploading Competition Music files (mp3):

Senior Ladies Competition Music: <u>https://www.dropbox.com/request/lpwhAYm5JXhqXfqOW91v</u> Senior Men Competition Music: <u>https://www.dropbox.com/request/VdLECPDKfiyVqKwSaXLF</u> National anthems (1 per country): <u>https://www.dropbox.com/request/JxLucr0HQBuBZ8eNisyl</u>

Please, mark the music files: First name_Given name_COUNTRY_SP First name_Given nam_COUNTRY_FS National anthem_COUNTRY

for short program for free skating for National Anthems

Links for uploading Planned Program Content sheets and Music Information Forms:

Senior Ladies PPC & Music Info Forms: <u>https://www.dropbox.com/request/XGMfdGO3flowL5SyF9cl</u> Senior Men: PPC & Music Info Forms: <u>https://www.dropbox.com/request/Tc5dZN8J7VjDF12m6sUQ</u>

Please, mark the forms: PPC_First Name_Given Name_Country resp Musicinfo_First Name_Given Name_ Country

15. PRELIMINARY TIME SCHEDULE

Wednesday, February 6	All day	Arrival of Teams	
	14:00	Practice – all categories incl seniors	MR/PR
	- 21:00		
	17:00	Judges meeting and seating order	Arena
	18:30	Technical Panel Meeting	Arena
	19:00	Draw	Arena
Thursday, February 7	07:00	Practice – all categories incl seniors	MR/PR
	14.00		SP
	14:00	ADVANCED NOVICE GIRLS	
	16:10	ADVANCED NOVICE BOYS	SP
	17:00	JUNIOR MEN	SP
	18:30	Opening on Ice	60
	19:00	JUNIOR LADIES	SP
	-21:15		
Friday, Februray 8	07.00	Practice – all categories incl seniors	MR/PR
	12:00	ADVANCED NOVICE BOYS	FS
	13:30	ADVANCED NOVICE GIRLS	FS
	16:00	JUNIOR MEN	FS
	- 17:30		
	17:45	VICTORY CEREMONY	On ice
		Novice Boys & Girls	
		Junior Men	
	20:00	Official Dinner	Flygvapen-
	20.00		museum
Saturday, Februray 9	07:00	Practice – all remaining categories	MR/PR
	10:45	Coaches seminar – separate Invitation	Scandic City
	13:00	JUNIOR LADIES	FS
	16:30	SENIOR LADIES – The Nordics Open	FS
	19:00	SENIOR MEN – The Nordics Open	FS
	-20:15		
		VICTORY CEREMONY	On ice
	20:30	Junior Ladies	Office
Sunday, February 10	07.00	Practice – Senior categories	MR/PR
	10:00	SENIOR LADIES – The Nordics Open	FS
	13:00	SENIOR MEN – The Nordics Open	FS
	-14:30		
	14:45	VICTORY CEREMONY	On ice
		Senior Ladies	
		Senior Men	
	15:00	*RTD Senior Ladies	Arena
		*RTD Senior Men	Arena
		Technical Panel Review meeting	Arena
UBJECT TO BE CHANGED!		*RTD all other categories=TBD	