

QUICK QUOTES

Men, Free Skating (warm up group 3)

Han Yan (CHN) 2020 Cup of China silver medalist

I feel good. Though I made a mistake, I'm satisfied. I expressed what I want to express, that is enough for me. I wish me doing this (not doing quads) can show everyone there are different kinds of beauty in figure skating, not only jumps. I hope I did my contribution to make younger skaters realize that. Only in this way can men's skating in China become better. (on pressure for the Olympics spots) No, I didn't have any pressure. I'm here to perform. I'm here only for myself. It's too big to talk about representing the country. As a skater, of course I represent my country, so we do not need to reiterate that. I'm here to represent myself. (on programs for the next season) Nothing has been settled. Because there are so many pieces I want to try. Hopefully I can try them in the future performances, or luckily in competitions.

Evgeni Semenenko (FSR) 2021 National Junior Champion

(on the first ever Worlds making it to the top 10) I'm happy and satisfied all I planned worked will continue working. (on what he wants to work on) On all, on skating skills, on the second mark, on more complicated entrances (into the jumps), on the jumping content. The quad loop - right now in the recent days I was not doing it - the risk would not be worth it. I work on it in general and try to make it more consistent. It's a more complicated jump that demands more preparation in order to integrate it into the program. The problem is not the quad loop as such but to integrate in the program. (on the costume change and the programs for next season) For the first half season I just had a red costume, then after the fourth competition the coaches and I decided to add something more unusual and thanks to Maria Evstigneeva who did the work with the costume. It depicts my character better. (on the pressure to bring three spots for the Olympic Games) I tried not to think about it, I was setting myself for my skates, and whatever will be will be. I think I did my job.

Matteo Rizzo (ITA) 2019 European bronze medalist

(On his performance today) It was a not bad performance; the big mistake was the second triple Axel (fall). (On the planned quad loop) I felt a little bit too much outside on the circle so I decided not to do a big mistake and turned it into a triple to get the points home. And in the end it was the right choice. Overall this performance is okay for right now. I have time to fix everything and be better in the Olympic season. (On his move this season to train in Egna) This was a big checkpoint because after months of training in a new place I had to understand if I made the right choice or not. I think it was the right choice to do. We have a lot of years ahead of me. (On whether or not he will keep one of both programs for the Olympic season) I will change both programs.

Kevin Aymoz (FRA) 2019 GP Final bronze medalist

I was really stressed. I was happy to be on the ice and I really enjoyed the moment even if the program was not perfect. It was really cool to skate today, I feel really blessed and lucky to be on the ice today, and my goal was to be on the top 10 and I really feel great with what I did even with a lot of mistakes and I'm going to be mad after, but I'm really happy with my performance today. (on his plans going into the Olympic season and change of programs) My goal is to make it possible to be on the podium at the Olympics, for sure to be in the top five at the Olympics as trying to be on the podium is going to be really difficult but I'm going to work as much as I can to perform for the Olympic games and European and World championships. I'm going to change my free skate for sure and I think I'm going to probably change my shot as well, it's not sure but I think I want to change them to have

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two new programs for the Olympics.

Junhwan Cha (KOR) 2020 Four Continents Championships 5th

First of all, although I made an unexpected error in the middle of my program, I'm still satisfied overall that I was able to complete it well. I skated differently from my initially planned program content, but I do think that I was able to skate the program strategically—so I am satisfied. And because the results from this World Championships influence the number of Olympic spots for Korea, I tried to take care of my physical condition more seriously. Additionally, I had some regrets from the last World Championships, so I really tried to do my best. (on music selection for programs, expression, artistry) Well, I am of the type that spends a lot of time in selecting the music for my programs; I take this part very seriously. For instance, for classical pieces that don't necessarily have a specific storyline, I try to express the thoughts that arise when I listen to the piece. For movie soundtracks or musical numbers, I try to watch a lot of movies or musicals and try to interpret (and express) them in my own style. (on plans to return to Canada) As of now, I will be returning to Korea after this competition. I've been planning to return to Canada since last year, but because the (Canadian) borders are still closed due to COVID, I just have to wait and see when I can go back.

Jason Brown (USA) 2020 Four Continents silver medalist

My face said it all -- it was a mix of grateful, relieved and proud. As you know it's been a crazy season, this has been a crazy event and I wanted to pull my weight and do the best I possibly could for Team USA. I wanted to go out there and give it my all I said Tracy (Wilson) to give it my all and not hold back. When I got off the ice there was the sense of pride that I was able to accomplish that goal and stay as focused as I possibly could. (plans) I'm going to be going home to see my family so I'll be in the U.S. for a while and, depending on restrictions in Canada, the plan is to go back (to Toronto) in May at some point. I can relax a little bit knowing I will be going back to an old program most likely so there is a little bit of sense of calm knowing the program is ready in the wings to work on when I'm in Chicago. (his reaction on landing his first quad Salchow in competition) Tears of relief, joy -- it was a huge goal of mine. Just as you are not shy asking about the quad I'm not shy telling you how much I want it. I'm drilling it as much as I can. This year I was talking to Tracy about everything being cancelled and an opportunity, last season my quads were getting stronger, the pre-Olympic year is a great time to do that and we didn't have that opportunity. I rotated, I'm getting closer. It was not downgraded so it's a huge first step.