

QUICK QUOTES

Ladies, Free Skating (warm up groups 1 & 2)

Nicole Schott (GER), Five-time National Champion

(on today's performance) I'm quite satisfied with the overall result, that I simply did everything I planned to do. There were a lot of imperfections, which I also noticed, which is actually untypical for me, because I actually either do or don't do it, but nevertheless I'm just satisfied now that I also fought and didn't give up and did what I had planned to do. (on her previous experiences at Worlds and whether this year was especially challenging) This time it was just that you didn't have any competitions, so you didn't really know where you stood. That's a strange feeling, and the fact that the first real competition of the season is the World Championships is of course also very atypical. I'm actually someone who improves from competition to competition, and this time one struggled again and again with, "Oh, how does it work now?" But I actually knew that I'm in good shape and was very good in training, so I knew that I could probably still fight for the qualification places to some extent. Something can always happen, but that's skating and the ice is always slippery and you can see with others, with the really good ones, that it can happen that some don't make it to the finals, where you probably bet 1000€ on it beforehand. (on her plans after the Worlds) Now the season is over. We don't have ice until May, but that's normal in Oberstdorf. And after that it will start again.

Eva-Lotta Kiibus (EST), 2021 National Champion

I am happy and proud of myself that I could deal with my nerves and the fact that I was skating last in the group, meaning 40 minutes later after the warm-up. This was the hardest part. Of course, physically I am capable of doing all this, but to keep my mind calm was difficult. (on her goals for this Championships) The first goal was to get into the free skating and after that to show a clean performance. Not to give up, because I can do every element in this program. (On her future plans) I don't know yet. After we come back we will do something fun on ice, I think, and then we will go on vacation. I will need to get some sun and some rest and then we need to start to work on the new programs. I think it's going to be an interesting summer and new season. (On the skater she looks up to) It is Elizaveta Tuktamysheva. Because she is a woman, in capital letters. She feels that on the ice and she shows women's skating, I really admire that.

Josefin Taljegard (SWE) 2020 NRW Trophy silver medalist

I'm so happy how I went out tonight and I had fun. I delivered what I wanted to do. I'm excited it went well and I got a good response from the audience that was able to be here. (on plans for the next season and the future) I will work hard to get more difficult jumps into my routine.

Jenni Saarinen (FIN) 2020 Nebelhorn Trophy bronze medalist

(On her performance today) Obviously, this wasn't my best. I just felt like the program went by in front of my eyes and I really couldn't keep up with it. (On making a new long program in the middle of the season) Yes it's true. We actually made little bit of a new program for me for the free, but then I had a couple of hard weeks before Worlds, so I chose do the old one again. (On downscaling her usual jump content for Worlds) It's always easy to say afterwards but I think for me it was now the right decision, even though today wasn't my best skate. But in the short it worked.

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Satoko Miyahara (JPN), 2018 World bronze & 2015 World silver medalist

Of course I was so disappointed and upset and sad and after the short program I couldn't really change my mind, but I realized it's not gonna be good if I'm too sad, so I focused on my free program and just wanted to do what I can do. (on at to work on) There are a lot of things to work on, but mainly I need to work on my technique and also change my mentality to be more confident. (on next plans) I'm willing to go back to Canada, but it is so hard now, so I don't have a specific plan. I have ice shows (Stars on Ice) in Japan for now, so I will go back to Japan first.