The International Skating Union, the Hungarian National Skating Federation and the Organizing Committee have the honor and pleasure to invite you to the:

**European Short Track Speed Skating Championships® 2020**
24-26 January 2020
to be held at the Főnix Arena,
Debrecen, Hungary

**General Regulations**
The ISU European Short Track Speed Skating Championships 2020 will be conducted in accordance with the 2018 ISU Regulations and relevant Communications. Participation is open to all ISU Members. Entries must be made only through the respective ISU Members (Rule 131).

**Distances**
- Individual: 1500, 500, 1000, 3000 meters Ladies and Men
- Relay: 3000 meters Ladies, 5000 meters Men

**Program**
The below program is subject to change depending on the final entry of Skaters

**Thursday, 23 January 2020**
- 8:00 Official Training
- 19:00 Opening Meeting in Hotel Divinus*****

**Friday, 24 January 2020**
- 10:00 Qualifying Rounds 1500, 500, 1000 meters Ladies & Men

**Saturday, 25 January 2020**
- 11:30 Ranking Finals 1500, 500 meters Ladies & Men
- 13:20 Opening Ceremony
- 14:02 Semi-Finals & Finals 1500 meters Ladies & Men
  - Quarter-Finals, Semi-Finals & Finals 5000 meters Ladies & Men
  - Semi-Finals 3000 meters Relay Ladies
  - Semi-Finals 5000 meters Relay Men
- Awards Ceremony

**Sunday, 26 January 2020**
- 11:45 Ranking Finals 1000 meters Ladies & Men
- 14:02 Quarter-Finals, Semi-Finals & Finals 1000 meters Ladies & Men
  - Super-Finals 3000 meters Ladies & Men
  - Finals 3000 meters Relay Ladies
  - Finals 5000 meters Relay Men
- Awards Ceremony
- 20:00 Closing Banquet
Track Conditions
The Főnix Arena has an artificially refrigerated indoor ice surface of 60 x 30 meters. Protective padding covers the boards in accordance with Rule 280, paragraph 5 and ISU Communication No. 2128. The standard track will be laid out 111.12 meters to the lap.

Entries
a) Entries can only be made using the ISU Online Entry System for Short Track Speed Skating on www.isu.org, section Short Track Speed Skating.
b) Entries with the number of Competitors, substitutes, coaches & team leader and requirements of accommodation must be submitted by 13 December 2019 (Rule 295, paragraph 4). ISU Members failing to comply in time with these requirements will receive no support from the Organizing Member for:
- Hotel booking;
- Travel arrangements between airport and hotel;
- Travel arrangements between hotel and ice rink;
- Access to Closing Banquet (if held);
- Preferred times for additional training sessions.
All these costs and any additional costs incurred will be for the full account of the ISU Members concerned.
c) Final Entries must reach the Organizing Committee using the Online Entry System at the latest by 20:00 hrs (local time) on 19 January 2020 (Rule 295, paragraph 4), and the following information must be communicated to the Organizing Committee:
- Names of the Competitors and substitutes per category with their International Registration Numbers;
- Names of the Competitors for each of the respective individual distances;
- Confirmation of participation in the Relay.
Final Entries that do not comply with these requirements are considered Post Entries. See Rule 115.
d) Competitors must be present in Debrecen at the latest at 18:00 hours on Thursday, 23 January 2020 or the Organizing Committee must receive documented proof that the competitors are in transit and will arrive in due time for the Championships. Competitors who do not comply with these requirements will be excluded.
e) Please note that for all persons entered by the ISU Members, the procedures regarding the Declaration for Competitors and Officials (all team Officials requiring an accreditation) entering ISU Events (Rule 131) as outlined in ISU Communication No. 1628 need to be strictly observed.
For more details please refer to Rules 115, 131 and ISU Communication Nos. 1628 and 1797 or any update of this Communication.

In accordance with Rule 109 of the ISU Regulations and ISU Communication No. 2030, all Skaters who do not have the nationality of the ISU Member by which they have been entered or who, although having such nationality, have in the past represented another ISU Member, must produce an ISU Clearance Certificate.
**Individual Entries:**
In accordance with Rule 285, paragraph 2a, each ISU Member has the right to enter at least one (1) Competitor in each category.
In accordance with ISU Communication No. 2281 “Entries for ISU Championships”, the following ISU Members may enter more than one (1) Competitor in total in the respective category. Each ISU Member may enter the substitutes corresponding with the number of entries.

### Ladies
<table>
<thead>
<tr>
<th>Country</th>
<th>Competitors</th>
<th>Country</th>
<th>Competitors</th>
</tr>
</thead>
<tbody>
<tr>
<td>Belarus</td>
<td>2</td>
<td>Hungary</td>
<td>2 or 3 “competitors”</td>
</tr>
<tr>
<td>Belgium</td>
<td>3</td>
<td>Italy</td>
<td>3</td>
</tr>
<tr>
<td>Bulgaria</td>
<td>2</td>
<td>Netherlands</td>
<td>3</td>
</tr>
<tr>
<td>Croatia</td>
<td>2</td>
<td>Poland</td>
<td>3</td>
</tr>
<tr>
<td>Czech Republic</td>
<td>2</td>
<td>Russia</td>
<td>3</td>
</tr>
<tr>
<td>France</td>
<td>3</td>
<td>Slovak Republic</td>
<td>2 competitors</td>
</tr>
<tr>
<td>Germany</td>
<td>2</td>
<td>Ukraine</td>
<td>2</td>
</tr>
<tr>
<td>Great Britain</td>
<td>3</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Men
<table>
<thead>
<tr>
<th>Country</th>
<th>Competitors</th>
<th>Country</th>
<th>Competitors</th>
</tr>
</thead>
<tbody>
<tr>
<td>Austria</td>
<td>2</td>
<td>Israel</td>
<td>3</td>
</tr>
<tr>
<td>Belarus</td>
<td>2</td>
<td>Italy</td>
<td>3</td>
</tr>
<tr>
<td>Belgium</td>
<td>2</td>
<td>Latvia</td>
<td>2</td>
</tr>
<tr>
<td>Croatia</td>
<td>2</td>
<td>Luxembourg</td>
<td>2</td>
</tr>
<tr>
<td>Czech Republic</td>
<td>2</td>
<td>Netherlands</td>
<td>2</td>
</tr>
<tr>
<td>France</td>
<td>3</td>
<td>Poland</td>
<td>2</td>
</tr>
<tr>
<td>Germany</td>
<td>2</td>
<td>Russia</td>
<td>3</td>
</tr>
<tr>
<td>Great Britain</td>
<td>2</td>
<td>Turkey</td>
<td>2</td>
</tr>
<tr>
<td>Hungary</td>
<td>3</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ireland</td>
<td>2</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Relay Entries:
ISU Members entering a Relay Team can only enter a maximum of five (5) Competitors which will include all Competitors for both competitions: Individual and Relay.
In accordance with Rule 285, paragraph 2 b), only the twelve (12) highest ranked European ISU Members, based on a special Relay Classification over the 2 most recent World Cup Competitions held in Europe, can enter a Relay Team Ladies and/or Men in the respective category at the ISU European Short Track Speed Skating Championships 2020.
Special attention must be paid to Rule 286, paragraph 4 regarding the fact that the participation is known before the start of the second (2nd) World Cup Competition held in Europe prior to the next edition of the ISU European Short Track Speed Skating Championships.
Qualifying Times:
Entered Skaters (including substitutes) must have achieved applicable qualifying times over 500 meters, in accordance with ISU Communication No. 2285, paragraph 5.2, as follows:

<table>
<thead>
<tr>
<th></th>
<th>Ladies</th>
<th>Men</th>
</tr>
</thead>
<tbody>
<tr>
<td>500 m</td>
<td>49,000</td>
<td>45,800</td>
</tr>
</tbody>
</table>

For a result to be a valid qualifying time, it must have been achieved in the period between July 1, 2018 and the final entry deadline specified in the paragraph “Entries” above.

Points and Classification
In accordance with Rule 295.

Titles and Medals
The winners of the Championships (according to Rule 133) will bear the title:

- European Short Track Speed Skating Champion for 2020
- Lady European Short Track Speed Skating Champion for 2020
- European Short Track Speed Skating Relay Champions for 2020
- Ladies European Short Track Speed Skating Relay Champions for 2020
- European Short Track Speed Skating Champion 500/1000/1500 meters for 2020
- Lady European Short Track Speed Skating Champion 500/1000/1500 meters for 2020

The European and Lady European Champions will receive the ISU gold medal. The Skaters placed second and third will receive the ISU silver and bronze medals respectively.
The European Short Track Speed Skating Relay Champions or Ladies European Short Track Speed Skating Relay Champions will receive the ISU gold medal. The second and third placed Relay Teams will receive the ISU silver and bronze medals respectively.

Prize money will be awarded in accordance with ISU Communication No 2218, or any further update of this Communication.

**Team Officials Accreditations**

**For Teams entering 1 up to 6 Skaters**

<table>
<thead>
<tr>
<th>#</th>
<th>Function</th>
<th>Price</th>
<th>Accreditation Access</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Team Leader</td>
<td>Free</td>
<td>Blue – 1 – Field of Play &amp; Full Access Athletes Area</td>
</tr>
<tr>
<td>1</td>
<td>Coach</td>
<td>Free</td>
<td>Blue – 1 – Field of Play &amp; Full Access Athletes Area</td>
</tr>
<tr>
<td>1</td>
<td>Doctor</td>
<td>Free</td>
<td>Blue – 1 – Field of Play &amp; Full Access Athletes Area</td>
</tr>
<tr>
<td>1</td>
<td>Physio</td>
<td>Free</td>
<td>Blue – 1 – Field of Play &amp; Full Access Athletes Area</td>
</tr>
<tr>
<td>1</td>
<td>Equipment Technician</td>
<td>Free</td>
<td>Blue – 1 – Field of Play &amp; Full Access Athletes Area</td>
</tr>
</tbody>
</table>

**Additional Team Officials**

<table>
<thead>
<tr>
<th>#</th>
<th>Function</th>
<th>Price</th>
<th>Accreditation Access</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Same as above</td>
<td>EUR (€) 50*</td>
<td>Blue – 2 – Dressing Rooms &amp; Team Seats</td>
</tr>
</tbody>
</table>

**For Teams entering 7 up to 12 Skaters**

<table>
<thead>
<tr>
<th>#</th>
<th>Function</th>
<th>Price</th>
<th>Accreditation Access</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Team Leader</td>
<td>Free</td>
<td>Blue – 1 – Field of Play &amp; Full Access Athletes Area</td>
</tr>
<tr>
<td>2</td>
<td>Coaches</td>
<td>Free</td>
<td>Blue – 1 – Field of Play &amp; Full Access Athletes Area</td>
</tr>
<tr>
<td>1</td>
<td>Doctor</td>
<td>Free</td>
<td>Blue – 1 – Field of Play &amp; Full Access Athletes Area</td>
</tr>
<tr>
<td>2</td>
<td>Physios</td>
<td>Free</td>
<td>Blue – 1 – Field of Play &amp; Full Access Athletes Area</td>
</tr>
<tr>
<td>2</td>
<td>Equipment Technicians</td>
<td>Free</td>
<td>Blue – 1 – Field of Play &amp; Full Access Athletes Area</td>
</tr>
<tr>
<td>1</td>
<td>Team Video Specialist</td>
<td>Free</td>
<td>Blue – 2 – Athletes Lounge, Dressing Rooms &amp; Team Seats</td>
</tr>
</tbody>
</table>

**Additional Team Officials**

<table>
<thead>
<tr>
<th>#</th>
<th>Function</th>
<th>Price</th>
<th>Accreditation Access</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Same as above</td>
<td>EUR (€) 50*</td>
<td>Blue – 2 – Dressing Rooms &amp; Team Seats</td>
</tr>
</tbody>
</table>

* or equivalent in any other currency. One-time fee per ISU Event, per person.

**Ice Training**

All practice sessions will take place at the Competition venue. The Organizing Committee will arrange free ice training on Thursday, 23 January 2020 for all participating teams. Extra practices will be provided from 20 January 2020. Each training session (50 minutes) will be charged 150 €. If two or more teams agree to share one training session, both (all) of them can share the cost. Payment for additional practice ice time must be paid in EUR to the Organizing Committee upon arrival. For practice ice time prior to the official practice, please inform
the Organizing Committee using the attached form. Medical coverage will be provided for the official and additional practice sessions in accordance with Rule 140.

**Anti-Doping**

Anti-Doping tests will be carried out according to the ISU Anti-Doping Rules and ISU Anti-Doping Procedures, as given in the applicable ISU Communications (ISU Communications Nos. 2213 & 2243 or later updates).

**Liability**

In accordance with Rule 119 of the ISU General Regulations, the ISU, the Hungarian National Skating Federation and The Organizing Committee assume no responsibility for or liability with respect to bodily or personal injury or property damage incurred in connection with the ISU European Short Track Speed Skating Championships 2020. Each ISU Member is solely responsible for providing insurance coverage thereto.

**Accommodation and Meals**

The Organizing Committee will provide accommodation and meals starting with lunch on Thursday 23 January 2020 until lunch on Monday 27 January 2020 (for those departing in the afternoon) for all participating Skaters, maximum five (5) Ladies and five (5) Men, plus one Team leader from each participating ISU Member. All teams arriving before Thursday 23 January 2020 or leaving after Monday 27 January 2020 or bringing in more than the officially designated number of participants will be responsible for their own costs.

Payment policy: 50% of the due cost shall be paid in advance until 18 December 2019. The remaining amount can be settled by bank transfer before arrival or on site upon arrival.

Methods of payment: Bank transfer in advance or Cash in HUF or EUR, or Credit card; Visa, Visa Electron, Eurocard, Mastercard, Maestro, Diner's Club/Discover, UnionPay, JCB +4% handling charges.

All arrangements for accommodations must be made through the Organizing Committee.

**Official Hotels**

The Organizing Committee will arrange hotel reservations for the participants at the following official hotels:

**Hotel Divinus** (H-4032 Debrecen, Nagyerdei krt. 1; www.hoteldivinus.hu)

The cost of a room and meal at the official hotel is as follows:

- Single Room (per person, per night): 130 € including buffet breakfast
- Double Room (per person, per night): 80 € including buffet breakfast
- Meals (per person, per meal): 28 € including mineral water

**Hotel Lycium** (H-4026 Debrecen, Hunyadi u. 1-3.)

The cost of a room and meal at the official hotel is as follows:

- Single Room (per person, per night): 110 € including buffet breakfast
- Double Room (per person, per night): 75 € including buffet breakfast
- Meals (per person, per meal): 28 € including mineral water
Hotel requirements must be communicated to the Organizing Committee as soon as possible, but no later than 13 December 2019. Please note that hotel reservations for both hotels will be accepted on first come first serve basis. Should any of the hotels become full, the OC will automatically make reservation in the other official hotel.

Cancellation policy:
30% of the reserved rooms and meals can be cancelled free of charge until 31 December 2019.
10% of the remaining rooms and meals can be cancelled free of charge until 15 January 2020.
All cancellations above the mentioned limit or late cancellations will not be reimbursed or to be settled.

Transportation
The Organizing Committee will provide free transportation for all participants between Debrecen Airport or Debrecen Railway Station and the official hotels, from Monday, 20 January 2020 to Monday, 27 January 2020. Participants arriving and departing from other airport(s) or train/bus stations will be responsible for the transport costs. Expenses for team officials, who do not accompany their team members, are to be borne by themselves according to the below information.

Debrecen Airport: 15 € / person / way
Budapest Airport: 30 € / person / way
Debrecen Railway Station: 10 € / person / way

The Organizing Committee will also provide free transportation for all participants between the official hotel and Főnix Arena during the competition days and the training periods, starting from 20 January 2020. The date, airline, flight number, expected time of arrival and the date and time of departure should be communicated to the Organizing Committee as soon as possible, but no later than 5 January 2020. Please include the amount of special equipment (e.g. bicycles, massage tables, etc.) that needs to be transported.

Medical Insurance
It is the sole responsibility of each ISU Member participating in an ISU Event (as defined in Rule 107), to provide medical insurance for their Skaters. Proof of such can be requested by the Organizing Committee.

Entry Visa Requirements
Should you need assistance to obtain a Hungarian entry visa or require a specific letter of invitation, please contact the Organizing Committee.

Media Accreditation
Media accreditation requests for ISU Championships must be submitted via the ISU Online Media Accreditation System https://www.isu.org/media-centre/accreditations/media
Information for the media will be available on the ISU website in due time. For further information contact the OC Press Officer:

Chief Press Officer
Ms. Katalin HOLUB
katalin.holub@hunskate.hu
+36 20 922 6431

The Organizing Committee
All entries, hotel reservation and media accreditation requests, as well as other inquiries should be addressed as soon as possible to:

ISU European Short Track Speed Skating Championships Organizing Committee
H-1143 Budapest, Stefánia út 2
Accommodation, meals and transfer: Ms. Eszter BORSODI
teams@euroshorttrack2020.com
+36 70 681 4490
General information: Ms. Fanni GRAJZEL
info@euroshorttrack2020.com
+36 70 520 7722

Website
All information concerning the competition will be available at the following Event website:
Live results will be available at the following website:
www.isu.org

ISU “Inside Events” mobile application
Daily information, results and changes in schedules (race, training, transportation, etc.) will be communicated to the teams on the board of the Team Hotel as well as on the ISU “Inside Events” mobile application. This mobile application makes the information delivery faster, contains all relevant information for participants, reduce paper needs and notify participants in case of any changes or urgencies through push notification possibilities.
The “Inside Events” app is available free of charge on Android and Apple systems and is compatible with both tablets and smartphones. It can be downloaded with the below QR codes or directly on the app stores.
Each ISU Event will have its own unique password that will be provided on site to participating Athletes, Officials, and Team Delegations.