



INVITATIONAL ANNOUNCEMENT

**KPN KNSB Short Track International
Invitation Cup 2019
Heerenveen, The Netherlands**

12-13 October 2019 [\(update 12 Aug\)](#)

Partners van schaatsend Nederland



On behalf of the Koninklijke Nederlandsche Schaatsenrijders Bond (KNSB) and its Organizing committee we have the honor and pleasure to invite you to participate in the

14th International Short Track Invitation Cup 2019

to be held on 12 and 13 October 2019 in the city of Heerenveen

Regulations

Participation in the International Short Track Invitation Cup 2019 is based on invitation only.

Officials

The allocation of officials will be the responsibility of the KNSB. Due to the international countries attending there will be at least 1 international referee (not from host country) included in the list officials.

Distances

Individual: 1500m, 500m
All distances will include Repechage races for Ladies and Men*

*This is subject to change

Relay: 3000m Ladies, 5000m Men
Mixed Gender Relay 2000m

Program*

<u>October 11th, 2019</u>	Friday		Possibility for training
<u>October 12th, 2019</u>	Saturday	08.00	Short Team leader Meeting
* Subject to number of countries		08.15*	Warming up Ladies & Men
		09:00*	Start of Competition
			Ladies and Men 1500 m + Repechage + Semi Finals + All Finals
			Ladies and Men 500 m heats + Repechage
			Ladies 3000 m Relay Semi Finals
			Men 5000 m Relay Semi Finals
			Mixed Gender Relay Semi Finals
<u>October 13th, 2019</u>	Sunday	08.15*	Warming up Ladies & Men
* Subject to number of countries		09:00*	Ladies and Men 500 m Quarter Finals, Semi Finals + All Finals
			Ladies 3000 m Relay Finals
			Men 5000 m Relay Finals
			Mixed Gender Finals Relay
		16:30	The Competition will end at approximately 16.30 hours (should members wish to depart on Sunday evening).

***Program & format is subject to change. When there are changes due to more/less participants we will change the program in consultation with the participating countries.**

Competitors must be present before 18:00 (CET) on Friday 11 October 2019 or the Organizing Committee must receive documented proof that the competitors are in transit and will arrive in due time for The International Short Track Invitation Cup. Competitors who do not comply with these requirements will be excluded from Competition.

Track Conditions & Rink Dimensions

The ice rink has an artificially refrigerated indoor ice surface of 30x60 meters (a boardless/free standing system). Protective padding covers is in accordance with Rule 280, paragraph 5. The standard track will be laid out 111.12 meters to the lap.

Entries

All skaters will skate all 2 distances 500m and 1500m and include repechage racing over these distances.

Relay entries: One (1) team per ISU member of minimum four (4), maximum five (5) competitors per category and a Mixed Gender Relay 1 team per ISU member. The host member will be allowed enter more than one team for both the Relay and the Mixed Gender Relay competitions.

In the event of an invited member not having a 'full relay team' (four skaters) the member's team will be complemented with additional skater(s) and will be totally at the discretion of the organizing committee. In this case however, a relay team cannot score points for the overall team ranking.

Members can only enter a maximum of six (6) skaters that include all participants and substitutes for the individual events as well as the relay.

Entries must be sent in writing using the official Entry Forms for The International Short Track Invitation Cup and addressed to the Organizing Committee.

Preliminary Entries must be received by 15 August 2019

Final Entries by name must be received by 27 September 2019

Name changes will not be accepted after 6 October 2019

Citizenship / Residence Requirements and Clearance Procedure

In accordance with Rule 109 of ISU Regulations and ISU Communication No. 2030, all skaters who do not have the nationality of the Member by which they have been entered or who, although having such nationality, have in the past represented another Member, must produce an ISU Clearance Certificate.

Drawing and Seeding Procedure and Points

See enclosure for the drawing and seeding procedure and Points.

Anti-Doping

Anti-Doping tests will be carried out in accordance with the valid ISU Anti-Doping Rules and ISU Anti-Doping Procedures (ISU Communication No. 2243 or any further update of these Communications).

Accommodation

All meals and lodging expenses are at the responsibility of the participating members.

Hotel: Fletcher Hotel Heidehof
Golflaan 1
8445 SR Heerenveen
Tel. +31 513 630 200
www.hotelheidehof.nl

Single room per person per day is € 127,- (half board).

Single room per person per day is € 137,- (full board), not available on Saturday and Sunday.

Twin-bed-room per person per day is € 74,50,- (half board, based on two people sharing).

Twin-bed-room per person per day is € 84,50,- (full board, based on two people sharing), not available on Saturday and Sunday.

On competition days we serve lunch at the ice rink. Estimated costs are € 15,- per person per day.

Hotel bookings can be made only through the OC until **15 August 2019**. Limited number of rooms available, on first come, first serve base. Adjustments in hotel booking to max. 10% cancellation of rooms can be made until 15 September 2019.

The OC will send an invoice for the room costs, transportation, ice training sessions and lunch costs.

The official Hotel is in 5 minutes walking distance to the Ice Rink, so there is no bus shuttle service necessary during the competition.

Liability and Medical Insurance

In accordance with Rule 119, the ISU, the Koninklijke Nederlandsche Schaatsenrijders Bond (KNSB) and the Organizing Committee assume no responsibility for, or liability with respect to, medical, bodily or personal injury or property loss or damage incurred in connection with this Event. Each Member is solely responsible for providing insurance (medical and accident) coverage for their athletes.

Transportation

The Organizing Committee will provide transportation for the arriving team at a charge of € 60, - per person per round trip from SCHIPHOL AIRPORT to the official hotel by bus. When a team stay in another hotel no transportation is provided. Expenses for team members (skaters or officials), who do not accompany their team members, are to be borne by themselves, or the OC will quote an individual rate. Heerenveen can be easily reached from Schiphol by train.

The date, airline & flight number, expected time of arrival and the time of departure should be communicated to the Organizing Committee before **15 August 2019**, and should contain all information requested in the "ACCOMMODATION FORM". An estimate on the preliminary entry date is appreciated.

Organization fee

The Organization fee is 50 Euro per participant to cover all the expenses for this event. Costs for transport, ice, hotel and entry fee will be invoiced to each country and have to be paid per bank.

Entry Requirement for The Netherlands

A valid passport or acceptable certificate of identification (EU) is required of all people entering the Netherlands. Passports must be valid for longer than the period of stay in the Netherlands.

Regarding the Visa requirements: please consult with the Embassy of The Netherlands in your country in due time. If you are in need of an invitation letter, please inform the Organizing Committee with Preliminary Entry

Ice Training Sessions

An official training session is available upon request on Friday 11 October 2019, against payment of a training fee of € 180,- . Please let us know your requested times before **15 August 2019** (first come, first serve base). Please note that we rent these hours at the ice rink, so early booking will more likely grant you the wanted ice time. During this training session no First Aid is available.

Organizing Committee – Entries and Inquiries

All entries, hotel reservations and other inquiries should be addressed to the Organizing Committee at the addresses below.

Organizing Committee	KNSB P.O. Box 11084 3505 BB Utrecht The Netherlands
Contact person:	Esther de Groot
Phone:	Phone: +31(0) 88 489 2000
E-mail:	E-mail: wedstrijdorganisatie@knsb.nl