



INVITATIONAL ANNOUNCEMENT

**KNSB Short Track International Invitation
Cup 2020
Heerenveen, The Netherlands**

4, 5 and 6 December 2020

Partner van schaatsend Nederland



LYNK & CO

On behalf of the Koninklijke Nederlandsche Schaatsenrijders Bond (KNSB) and its Organizing committee we have the honor and pleasure to invite you to participate in the

15th International Short Track Invitation Cup 2020

to be held on 4, 5 and 6 December 2020 in the city of Heerenveen

Regulations

Participation in the International Short Track Invitation Cup 2020 is based on invitation only.

Officials

The allocation of officials will be the responsibility of the KNSB. Due to the international countries attending we will try to have at least 1 international referee (not from host country) included in the list officials. If this is not possible due to the COVID-19 travel restrictions, an extra official from the host country will be included.

Distances

Individual: 1500m, 500m & 1000m
All distances will include Repechage races for Ladies and Men*

*This is subject to change

Relay: 3000m Ladies, 5000m Men
Mixed Gender Relay 2000m

Program*

December 2, 2020	Wednesday	08.00–17.00	Possibility for training
		08.00- 11.00	COVID-19 testing (results are ready Thursday 12.00 hrs)
		20.00	Team Leaders Meeting, digital (a link will be sent to the Team Leader whereby he/she can take part)
December 3, 2020	Thursday	08.00–17.00	Possibility for training
December 4, 2020	Friday	13:00*	Start of Competition
* Subject to number of countries			Qualifying rounds Ladies and Men 1500 m
			Qualifying rounds Ladies and Men 500 m
			Qualifying rounds Ladies and Men 1000 m
			Ladies 3000 m Relay
			Men 5000 m Relay
			Mixed Gender Relay
December 5, 2020	Saturday	12.00*	Warming up Ladies & Men
* Subject to number of countries		13:00*	Start of Competition
			Main program Ladies and Men 1500 m
			Main program Ladies and Men 500 m
			Ladies 3000 m Relay
			Men 5000 m Relay
			Mixed Gender Relay
December 6, 2020	Sunday	11.00*	Warming up Ladies & Men
* Subject to number of countries		12:00*	Start of competition
			Main program Ladies and Men 1000 m
			Ladies 3000 m Relay
			Men 5000 m Relay
			Mixed Gender Relay
		16:30	The Competition will end at approximately 16.30 hours (should members wish to depart on Sunday evening).

***Program & format is subject to change. When there are changes due to more/less participants we may change the program format in consultation with the participating countries.**

There will be a livestream during this competition based on pay-per-view. You can find the link on_ <https://www.schaatsen.nl/live/>

Competitors must be present before 22:00 (CET) on **Tuesday 1 December 2020** or the Organizing Committee must receive documented proof that the competitors are in transit and will arrive in due time for the COVID-19 testing for The International Short Track Invitation Cup on Wednesday morning 8.00 – 11.00 hrs. Competitors who do not comply with these requirements will be excluded from competition.

Important information concerning COVID-19

1. At the latest 24 hrs **before your arrival date in The Netherlands** you have to send the KNSB a copy of a negative COVID-19 test preferably in English, done in your country and not older than 72 hours to email address: wedstrijdorganisatie@knsb.nl. For the Dutch skaters a negative test result has to be received at wedstrijdorganisatie@knsb.nl at the latest Tuesday 1 December 18.00 hrs. If this test is not sent, you will not be allowed to enter Thialf;
2. We ask you to not arrive earlier than Tuesday 1 December in The Netherlands. Official training hours will be provided on Wednesday and Thursday (€ 180,- per training). Earlier than Wednesday ice training is not possible;
3. A second test, at the expenses of the participating teams (€ 65,- per person) will be done on Wednesday 2 December from 8.00 – 11.00 hrs in Thialf, this is mandatory. This amount will be invoiced to you.

The COVID-19 guidelines must be respected, we would appreciate your full cooperation in implementing the following:

- Keep distances of 1,5m to any other individual who are not a part of your household;
- Wash your hands carefully and as often as possible;
- It is mandatory to wear a mask to cover mouth and nose in all indoor areas (except when skating) and in the bus;
- Non-contact temperature measurement will take place daily. When the temperature exceeds 38°C, you can't take part in the competition;
- No public will be allowed to the competition and training. This is subject to the Dutch National Covid-19 protocol;
- Encouraging athletes through shouting is not allowed. No high fives will be given;
- We advise you to bring a medical staff member. If any of your team member experiences health issues, please do not let them outside of their hotel room. The OC has to be informed so a COVID-19 test can take place, this is at your own expenses. Please note medical staff members have to take place on the designated stands of the 400m track.
- If you arrive from a country that has an "orange" or "red" indication from our Ministry of Foreign Affairs you are excused from the quarantine measures in The Netherlands as long as you:
 - Will not make use of the public transport
 - Try to stay exclusively between your hotel and ice rink (if you want to take extra food to the ice rink, please buy this at the hotel).

This exception has been made in The Netherlands for professional top sport teams.

In the event of a competition cancelation, (due to COVID-19) the host organizer will NOT be responsible for costs (travel, hotel etc.) made by an invited member.

We will continue to keep you informed about important news and any changes.

Track Conditions & Rink Dimensions

The ice rink has an artificially refrigerated indoor ice surface of 30x60 meters (a boardless/free standing system). Protective padding covers is in accordance with Rule 280, paragraph 5. The standard track will be laid out 111.12 meters to the lap.

Entries

All skaters will skate all 3 distances 1000m, 500m and 1500m and include repechage racing over these distances. Relay entries: One (1) team per ISU member of minimum four (4), maximum six (6) competitors per category and a Mixed Gender Relay 1 team per ISU member. The host member will be allowed enter more than one team for both the Relay and the Mixed Gender Relay competitions.

In the event of an invited member not having a 'full relay team' (four skaters) the member's team will be complemented with additional skater(s) and will be totally at the discretion of the organizing committee. In this case however, a relay team cannot score points for the overall team ranking.

Members can only enter a maximum of six (6) skaters that include all participants and substitutes for the individual events as well as the relay.

Entries must be sent in writing using the official Entry Forms for The International Short Track Invitation Cup and addressed to the Organizing Committee.

Preliminary Entries must be received by 19 November 2020.

Final Entries by name must be received by 27 November 2020.

Name changes will not be accepted after 29 November 2020.

Citizenship / Residence Requirements and Clearance Procedure

In accordance with Rule 109 of ISU Regulations and ISU Communication No. 2030, all skaters who do not have the nationality of the Member by which they have been entered or who, although having such nationality, have in the past represented another Member, must produce an ISU Clearance Certificate.

Drawing and Seeding Procedure and Points

The procedure for the drawing and seeding procedure and points will be sent later.

Anti-Doping

Anti-Doping tests will be carried out in accordance with the valid ISU Anti-Doping Rules and ISU Anti-Doping Procedures (ISU Communication No. 2243 or any further update of these Communications).

Accommodation

Hotel reservation, meals and lodging expenses are at the responsibility of the participating members. Please make your hotel reservation directly with the hotel, using booking code **F29-GFC12981**:

Official Hotel: Fletcher Hotel Heidehof
Golflaan 1
8445 SR Heerenveen
Phone: +31 513 630 200
Email: info@hotelheidehof.nl
www.hotelheidehof.nl

Single room per person per day is € 124,- (full board).
Double room per person per day is € 77,- (full board).
Triple room per person per day is € 66,50 (full board).
Four-person room per person per day is € 54,75 (full board).

Single room per person per day is € 119,- (half board).
Double room per person per day is € 72,- (half board).
Triple room per person per day is € 61,50 (half board).
Four-person room per person per day is € 49,75 (half board).

These prizes are excl. city tax (€ 2,- pp/day).

We request you to book full board in the hotel on non-competition days. We also request you to stay only in your hotel or the ice rink.

On competition days we advise you to book half board. Lunch, water and fruit will be supplied for all skaters and staff members on the ice rink.

This official hotel is in 5 minutes walking distance to the ice rink, so there is no bus shuttle service necessary during the competition.

There are a limited number of rooms available on a first come, first serve basis.

Alternative hotel: Hotel2 Heerenveen
Schans 65 8441 AC Heerenveen
Phone: +31 513 618 618
www.hotel2heerenveen.nl

This is a lower standard hotel with cheaper prices. Prices can be requested directly at the hotel. Hotel bookings have to be made by yourself, using booking code **KNSB2020**. This hotel is not within walking distance from the ice rink. We will not provide transport.

Lunch/Catering:

Lunch packages will be arranged on competition days and handed out per team during the break. You may take your lunch package to the biking area, or stands, but always keep in mind the 1,5 meters distance. Lunch, water and fruit will be supplied for all skaters and staff members in the biking area. Costs are estimated at € 20,- per person per day.

Liability and Medical Insurance

In accordance with Rule 119, the ISU, the Koninklijke Nederlandsche Schaatsenrijders Bond (KNSB) and the Organizing Committee assume no responsibility for, or liability with respect to, medical, bodily or personal injury or property loss or damage incurred in connection with this Event. Each Member is solely responsible for providing insurance (medical and accident) coverage for their athletes.

The KNSB will take all the necessary precautions with regards to the COVID-19 safety and health measures, you will understand that participation is at your own risk. We will follow our national Covid-19 protocol's with the integrated ISU Covid-19 protocol.

In the event that current or changed COVID-19 restrictions are enforced and the KNSB is forced to cancel the event, we will inform you immediately

The KNSB will not liable for any cost incurred (flights/hotel etc) should the competition be canceled due current or newly imposed restrictions related to COVID-19.

Transportation

Members are responsible for their own transportation upon arrival at Schiphol.

For transportation from Schiphol to Heerenveen please contact:

Besseling Travel, E-mail travel@besseling.com.

This has to be done in advance and pre-payment is required by Besseling Travel.

Face masks, a list of passengers and a health statement (sent to you by Besseling Travel) are required. If you book transportation with Besseling Travel, make sure to mention that this is for the Short Track Invitation Cup.

Thialf can also be easily reached from Schiphol by train, but we advise you not to use the public transport. If you come from a country with an indication of orange or red, public transportation is forbidden to use.

The date, airline & flight number, expected time of arrival and the time of departure should be communicated to the Organizing Committee before **19 November 2020 or as soon as possible after that date**, and should contain all information requested in the "TRAVEL FORM".

Organization fee

The Organization fee is € 50,- per participant to cover all the expenses for this event. Costs for ice and entry fee will be invoiced to each country and have to be paid per bank.

Entry Requirement for The Netherlands

A valid passport or acceptable certificate of identification (EU) is required of all people entering the Netherlands. Passports must be valid for longer than the period of stay in the Netherlands.

Regarding the Visa requirements: please consult with the Embassy of The Netherlands in your country in due time.

If you are in need of an invitation letter, please inform the Organizing Committee with Preliminary Entry

Ice Training Sessions

Training sessions are available upon request on Wednesday 2 and Thursday 3 December 2020. The training fee is € 180,- per training. Training times can only be booked through this OC. Please let us know your requested times on the "TRAINING REQUEST FORM" before **19 November 2020** (first come, first serve base). During this training session **no** First Aid support is present.

Organizing Committee – Entries and Inquiries

All entries and other inquiries should be addressed to the Organizing Committee at the address below.

Organizing Committee

KNSB
P.O. Box 11084
3505 BB Utrecht
The Netherlands

Contact person:

Esther de Groot

Phone:

Phone: +31(0) 88 489 2000

E-mail:

E-mail: wedstrijdorganisatie@knsb.nl