ANNOUNCEMENT

HAMAR, NOR
Hamar Olympic Hall

28 February - 1 March, 2020
On behalf of The Norwegian Skating Association, the Organizing Committee has the honor and pleasure to invite you to participate in the

WORLD SPEED SKATING

CHAMPIONSHIPS® 2020

which will be held in Hamar, Norway on February 28-March 1, 2020

PROGRAM

Thursday, February 27, 2020
15:30 Medical Meeting, Scandic Hamar
16:00 Team leaders Meeting, Scandic Hamar
17:00 Opening Draw, Scandic Hamar

Friday, February 28, 2020
17:10 Opening Ceremony
17:30 500m Ladies Sprint (1)
      500m Men Sprint (1)
      1000m Ladies Sprint (1)
      1000m Men Sprint (1)

Saturday, February 29, 2020
10:30 500m Ladies Sprint (2)
      500m Men Sprint (2)
      500m Ladies Allround
      500m Men Allround
      1000m Ladies Sprint (2)
      1000m Men Sprint (2)
      3000m Ladies Allround
      5000m Men Allround
      Awards Ceremony Ladies Sprint
      Awards Ceremony Men Sprint

Sunday, March 1, 2020
13:00 1500m Ladies Allround
      1500m Men Allround
      5000m Ladies Allround
      10 000m Men Allround
      Awards Ceremony Ladies Allround
      Awards Ceremony Men Allround

REGULATIONS

The ISU World Allround and Sprint Speed Skating Championships 2020 will be held in accordance with the 2018 Regulations of the International Skating Union (ISU) and relevant ISU Communications, in particular ISU Communication No. 2285.

Participation in the Championships is open to Skaters who belong to an ISU Member (Rule 130, paragraph 1) that has been allocated quota place(s) for the Championships, and who have met the qualification criteria according to Rule 208 and ISU Communication No. 2285.

TRACK

Vikingskipet is an indoor artificially frozen ice rink with a standard track of 400 meters and inner and outer curves with radii of 25.5 and 29.5 meters respectively. The width of the inside training track is 4 meters.

TITLE AND AWARDS

The winners of the Championships are the Skaters with the lowest total of points after 4 distances have been completed (Rule 265, paragraph 2 and 268, paragraph 1).

The winners of the Sprint Combination will bear the title: “Lady World Sprint Speed Skating Champion for 2020” respectively “World Sprint Speed Skating Champion for 2020” and the winners of the Allround Combination will
bear the title: “Lady World Allround Speed Skating Champion for 2020” respectively “World Allround Speed Skating Champion for 2020” (Rule 133, paragraph a), and will each be awarded the ISU Championships gold medal. The Skaters placed second and third in the final classification of each combination after 4 distances will be awarded the ISU Championships silver and bronze medals, respectively. Prize money will be awarded according to ISU Communication No. 2218, or any further update of this Communication.

ENTRIES

Entries can only be made using the ISU Online Entry System for Speed Skating Events available at www.isu.org, section Speed Skating or at http://isu.events/login.php. The entry quotas will be determined partly by the results from the World Sprint Championships 2019 and World Allround Championships 2019 and partly by results achieved during the ISU World Cup Speed Skating Competitions held in November-December 2019, in accordance with Rule 208, paragraphs 2.2.1, 2.3.1 and ISU Communication No. 2285. The actual entry quotas will be published by the ISU and communicated to the ISU Members concerned in due time before the deadline for final entries.

According to ISU Communication No. 2285 and Rule 208, paragraph 2.2.1, the following ISU Members have been pre-allocated entry quotas for the Allround Combination:

<table>
<thead>
<tr>
<th>ISU Member</th>
<th>Ladies</th>
<th>Men</th>
</tr>
</thead>
<tbody>
<tr>
<td>Belgium</td>
<td>-</td>
<td>1 competitor</td>
</tr>
<tr>
<td>Belarus</td>
<td>1 competitor</td>
<td>-</td>
</tr>
<tr>
<td>Canada</td>
<td>2 competitors</td>
<td>1 competitor</td>
</tr>
<tr>
<td>Czech Republic</td>
<td>1 competitor</td>
<td>-</td>
</tr>
<tr>
<td>Japan</td>
<td>2 competitors</td>
<td>1 competitor</td>
</tr>
<tr>
<td>Latvia</td>
<td>-</td>
<td>1 competitor</td>
</tr>
<tr>
<td>Netherlands</td>
<td>2 competitors</td>
<td>2 competitors</td>
</tr>
<tr>
<td>Norway</td>
<td>1 competitor</td>
<td>2 competitors</td>
</tr>
<tr>
<td>Russia</td>
<td>2 competitors</td>
<td>1 competitor</td>
</tr>
<tr>
<td>Switzerland</td>
<td>-</td>
<td>1 competitor</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>11 competitors</td>
<td>10 competitors</td>
</tr>
</tbody>
</table>

Additional quota places up to the total of 24 quota places per gender (with a maximum of 3 competitors per Member) will be allocated based on results at the ISU World Cup Speed Skating Competitions held in November-December 2019. See ISU Communication No. 2285 for details.

According to ISU Communication No. 2285 and Rule 208, paragraph 2.3.1, the following ISU Members have been pre-allocated entry quotas for the Sprint Combination:

<table>
<thead>
<tr>
<th>ISU Member</th>
<th>Ladies</th>
<th>Men</th>
</tr>
</thead>
<tbody>
<tr>
<td>Austria</td>
<td>1 competitor</td>
<td>-</td>
</tr>
<tr>
<td>Belarus</td>
<td>-</td>
<td>1 competitor</td>
</tr>
<tr>
<td>Canada</td>
<td>2 competitors</td>
<td>1 competitor</td>
</tr>
<tr>
<td>China</td>
<td>2 competitors</td>
<td>-</td>
</tr>
<tr>
<td>Germany</td>
<td>-</td>
<td>2 competitors</td>
</tr>
<tr>
<td>Japan</td>
<td>2 competitors</td>
<td>2 competitors</td>
</tr>
<tr>
<td>Kazakhstan</td>
<td>1 competitor</td>
<td>-</td>
</tr>
<tr>
<td>Netherlands</td>
<td>2 competitors</td>
<td>2 competitors</td>
</tr>
<tr>
<td>Norway</td>
<td>1 competitor*</td>
<td>1 competitor</td>
</tr>
<tr>
<td>Poland</td>
<td>-</td>
<td>2 competitors</td>
</tr>
<tr>
<td>Russia</td>
<td>2 competitors</td>
<td>2 competitors</td>
</tr>
<tr>
<td>USA</td>
<td>1 competitor</td>
<td>-</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>14 competitors</td>
<td>13 competitors</td>
</tr>
</tbody>
</table>

* as hosting ISU Member

Additional quota places up to the total of 28 quota places per gender (with a maximum of 3 competitors per Member) will be allocated based on results at ISU World Cup Speed Skating Competitions held in November-December 2019. See ISU Communication No. 2285 for details.

The Preliminary entry with the estimated number of Competitors and the number of coaches and other team staff, as well as provisional names of the Competitors and Team leader must be communicated to the Organizing Committee at the latest by January 24, 2020 (See Rule 208, paragraph 1.1.1).
Final entries including the names of the Competitors and substitute(s) available to compete (maximum one substitute per gender), as well as the names of the Team leader, coaches and other team staff for whom an accreditation is required must reach the Organizing Committee at the latest by 12:00 noon (local time) on February 24, 2020 (See Rule 208, paragraph 1.1.2).

Please note that for all persons entered by the ISU Members the procedures regarding the Declaration for Competitors and Officials (all team Officials requiring an accreditation) entering ISU Events (Rule 131) as outlined in ISU Communication 1628 need to be strictly observed. For more details please refer to Rules 115, 131, 208 and ISU Communications No. 1628 and 1797.

CITIZENSHIP/RESIDENCE REQUIREMENTS AND CLEARANCE PROCEDURE

In accordance with Rule 109 of the ISU Regulations and ISU Communication No. 2030, all Skaters who do not have the nationality of the ISU Member by which they have been entered or who, although having such nationality, have in the past represented another ISU Member, must produce an ISU Clearance Certificate.

DRAW

The draw will be made in accordance with Rules 239 and 240, paragraph 1 to 4. For the last distance of the Allround Combination (5000m Ladies and 10000m Men) the number of Skaters to qualify will be 8 (Rule 240, paragraph 3.a).

ANTI-DOPING CONTROL

Anti-doping tests will be carried out in accordance with the valid ISU Anti-Doping Rules and ISU Anti-Doping Procedures (ISU Communications No. 2213 and 2243 or any further updates of these Communications).

LIABILITY

In accordance with the ISU General Regulations (Rule 119), the ISU, The Norwegian Skating Association and the Organizing Committee assume no responsibility for or liability with respect to bodily or personal injury or loss of property or damage incurred in connection with this Championship. Each ISU Member is solely responsible for providing insurance coverage thereto.

TRAINING TIMES

The speed skating track will be open for training for entered Competitors from Monday February 24. Only accredited Competitors, substitutes and team officials will be allowed to enter the ice-rink during the official training hours. Trial starts will be organised on Thursday February 27.

BOARD AND LODGING

The Organizing Committee will be responsible for expenses for board and lodging at the official hotel from lunch on Thursday, February 27 until lunch on Sunday, March 1, 2020 (Rule 137 paragraphs 10 and 14) for all Competitors participating in the Championships Sprint (not for the substitutes) and 1 Team leader or coach for each ISU Member. The Organizing Committee will be responsible for expenses for board and lodging at the official hotel from lunch on Friday, February 27 until lunch on Monday, March 2, 2020 (Rule 137 paragraphs 10 and 14) for all Competitors participating in the Championships Allround (not for the substitutes) and 1 Team leader or coach for each ISU Member. Expenses of other Skaters and officials (i.e. reserves, substitutes, coaches, other team staff members and accompanying persons) other than those mentioned above, and expenses before or after the period mentioned above, will be at their own expense.

Accommodation requests can only be made using the ISU Online Entry System for Speed Skating Events.

OFFICIAL HOTEL

The Organizing Committee will arrange hotel reservation for all Skaters and officials from Sunday February 23 at:

Scandic Hotel, Vangsvegen 121, N-2318 Hamar
https://www.scandichotels.no/hotell/norge/hamar/scandic-hamar

*Team arriving Hamar before Sunday, February 23 will be placed at First Hotel Victoria until Sunday, February 23.
Hotel available from Friday, February 21
*First Hotel Victoria, Strandgata 21, N-2317 Hamar
https://www.firsthotels.no/hoteller/norge/hamar/first-hotel-victoria/

Hotel prices (Scandic Hotel):

Single room for 1 person with breakfast:  1.250,- NOK (142 US$) including taxes.
Double room for 2 persons with breakfast:  1.450,- NOK (165 US$) including taxes per room

Single room with full board (meals & drinks) for 1 person:  1.675,- NOK (190 US$) including taxes.
Double room with full board (meals & drinks) for 2 persons:  2.300,- NOK (262 US$) including taxes per room

Following drinks are included (Milk, juice and water for breakfast, water for lunch and dinner).

Hotel prices (First Hotel Victoria)

Single room for 1 person with breakfast:  1.400,- NOK (159 US$) including taxes.
Double room for 2 persons with breakfast:  1.600,- NOK (182 US$) including taxes per room

Payment: By bank transfer (NOK, EUR, USD)
Teams shall transfer a 100 % prepayment of the accommodation cost by February 15, 2020.

Cancellation policy:
Rooms can be cancelled with no cost until January 24, 2020.
Cancellation after this day will be charged in full.

TRANSPORTATION
Transportation from Oslo Airport Gardermoen will be by public train service https://www.vy.no/en.

The train departs from Oslo Airport Gardermoen every hour from 06.59 in the morning until 23.59 in the evening.
The Organizing Committee will provide train tickets for all teams at arrival at Oslo Airport Gardermoen, and at the information desk at the official hotel at departure. The train leaves from track number 1 and the travel takes 60 minutes from Gardermoen airport to Hamar Railway station. When returning from Hamar to Gardermoen airport, the train leaves every hour, on the hour, from 05.00 until 22.00 (05.00, 06.00, 07.00 etc).

The Organizing Committee will provide transportation from/to Hamar railway station (arrival with airport express train from Gardermoen airport) and to Scandic hotel (the official hotel) from Monday, February 24 to Monday, March 2, 2020.

The Organizing Committee must be informed via the ISU Online Entry System for Speed Skating Events about the date and time of arrival and departure of the competitors and officials as soon as possible, but at the latest by Friday, January 24, 2020.

Team officials who do not travel together with their team cannot be guaranteed this transportation service.

Teams who want to rent a bus on their own expense, https://www.nettbuss.com/hire-a-bus/

In Hamar, a shuttle bus service will be available between the official hotel and the ice-rink from Monday, February 24, 2020 to Sunday, March 1, 2020.

VISA REQUIREMENTS

A visitor visa may be required for participants and team officials. Please contact the Norwegian Skating Association if you need an invitation letter for the visa.

For the invitation letter please submit the following information: Surname, name, date of birth, passport ID, issue date, expiration date.

Please submit all these information to the Organizing Committee as soon as possible, in order to have the necessary visas completed in due time.
ACCREDITATIONS

Team members, that are not registered with picture in the ISU Online Entry System for Speed Skating, must upload picture for preliminary printing of the accreditation (*.jpg format, size 35 per 44 mm, white background) here: https://www.dropbox.com/request/kpiMlsN DrojoEstwKOhg
Name picture with: Lastname_Givenname_Nation

Accreditation will be open in Vikingskipet from Monday, February 24, 2020.

The organizer is not obliged to provide services (accommodation, accredited entrance to the ice rink, shuttle transportation, etc.) for an excessive number of team officials or other accompanying persons from participating ISU Members. Additional fee of € 50.00 for each extra accreditation must be paid to the Organizing Committee.

THE ORGANIZING COMMITTEE

All inquiries should be addressed to:

Norges Skoyteforbund
Sognsveien 73
0840 Oslo
Phone: +47 91828999
Email: skoyteforbundet@nif.idrett.no

MEDIA ACCREDITATION

Media accreditation requests for ISU Championships must be submitted via the ISU Online Media Accreditation System https://www.isu.org/media-centre/accreditations/media
Information for the media will be available on the ISU website in due time.

For further information contact the OC Press Officer:

OC Press Officer: Jane Meyer, +47 48008332, janemeyer79@gmail.com

WEBSITE

Information concerning the competition will be available at the following website:
www.hamar2020.com

Live results of the competition will be available at the following website:
https://live.isuresults.eu/events/2020_NOR_0002/schedule

ISU “INSIDE EVENTS” MOBILE APPLICATION

Daily information, link to results and changes in schedules (race, training, transportation, etc.) will be communicated to the teams on the board of the Team Hotel as well as on the ISU “Inside Events” mobile application.
This mobile application makes the information delivery faster, contains all relevant information for participants, reduce paper needs and notify participants in case of any changes or urgencies through push notification possibilities.
The “Inside Events” app is available free of charge on Android and Apple systems and is compatible with both tablets and smartphones. It can be downloaded with the below QR codes or directly on the app stores. Each ISU Event will have its own unique password that will be provided on site to participating Athletes, Officials, and Team Delegations.

QR Apple
QR Google