

# Cup of Neuss 2023

## InterClub Competition for Synchronized Skating

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**Friday 10th + Saturday 11th + Sunday 12<sup>th</sup> February 2023**  
in Neuss, North-Rhine-Westphalia, Germany

for

- Juvenile-Teams
- Non-ISU-Basic-Novice-Teams
- Adult-Teams
- Mixed-Age-Teams

## Announcement

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| <b>Licensor of the ISU-Competition:</b>                                         | <b>DEU - Deutsche Eislauf-Union e.V.</b><br>Menzinger Str. 68, 80992 München, Germany                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <b>Licensee and executive organizer<br/>Leader of the organizing committee:</b> | <b>NSK - Neusser Schlittschuh-Klub e.V.</b><br>Dechant-Hess-Str. 23, 41468 Neuss, Germany<br>and supported by <b>Eissport-Verband NRW e.V.</b> (LEV)<br>and supported by the <b>Sportamt der Stadt Neuss</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>Venue:</b>                                                                   | <b>Eissporthalle Neuss</b> (Rink:30 m x 60 m)<br>Jakob-Koch-Str. 1, 41466 Neuss, Germany<br>Next Airports: Dusseldorf (25 minutes) & Cologne (60 minutes), Next Main-Station: Neuss (10 minutes) & Dusseldorf (20 minutes, all times given by car)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b>General Rules:</b>                                                           | The Cup of Neuss 2023 will be conducted in accordance with the ISU Constitution, ISU General Regulations 2022, and Special Regulations & Technical Rules for Synchronized Skating 2022 as well as applicable ISU Communications. The teams must belong to an ISU Member (Rule 130, paragraph 7), and the ages must be within the limits specified in Rule 108, paragraph 3. All skaters must qualify with regard to eligibility according to Rule 102 and participation and citizenship requirements according to Rule 109.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>Technical Data:</b>                                                          | <p><b>Juvenile – regulations</b><br/>Not reached the age of 13 before 1th of July, 8-16 skaters with a maximum of 4 alternates.</p> <ul style="list-style-type: none"> <li>Free Skating program 3 minutes (+/- 10 sec) Factor 2.67</li> </ul> <p>Well Balanced Program Content according to Elements: Communication 2471 Basic Novice Free Skating</p> <p><b>Non-ISU-Basic-Novice - regulations</b><br/>At least 10 years but have not reached the age of 15 before the 1st of July 2022, 12-16 skaters with a maximum of 4 alternates.</p> <ul style="list-style-type: none"> <li>Free Skating 3 minutes (+/- 10 sec) Factor 2.67</li> </ul> <p>Well Balanced Program Content according to Communication 2471 Basic Novice Free Skating</p> <p><b>Adult – regulations</b><br/>All Skaters (including alternates) must have reached at least the age of twenty-one (21) before 1<sup>st</sup> July 2022. A maximum of 20% must have reached at least the age of eighteen (18) before 1st July 2022</p> <ul style="list-style-type: none"> <li>Free Skating 3 minutes (+/- 10 sec) Factor 1.67</li> </ul> <p>Well Balanced Program Content and other rules will be according to the ISU Technical Requirements for International Adult Figure Skating Competitions 2022-2023 for adult teams.</p> <p><b>Mixed-Age - regulations</b><br/>No age limit, 8-16 skaters with a maximum of 4 alternates,</p> <ul style="list-style-type: none"> <li>Free Skating 3:30 minutes (+/- 10 sec) Factor 2.67</li> </ul> <p>According to the ISU-Communication 2471 (Well Balanced Program Mixed Age) the General Rules are the same as the rules for the Junior category. Illegal Elements are following the restriction of Rule 992 para 2. c): "Lifts and un-sustained lifts of any variety and Vaults are illegal Elements."</p> |

|                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |              |           |           |           |           |           |           |           |          |          |                |           |           |           |           |           |          |          |          |          |             |          |          |          |          |          |          |          |          |          |
|-------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|----------|----------|----------------|-----------|-----------|-----------|-----------|-----------|----------|----------|----------|----------|-------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| <b>Age Criteria:</b>          | <p>For categories NON-ISU-Basic Novice and Juvenile the rule of 80%/20% applies to the total number of skaters skating in the program:</p> <ul style="list-style-type: none"><li>• at least 80% must meet the age category</li><li>• 20% or less may be outside the age criteria of the category with a maximum of two years.</li></ul> <table><tr><td><b>Total</b></td><td><b>16</b></td><td><b>15</b></td><td><b>14</b></td><td><b>13</b></td><td><b>12</b></td><td><b>11</b></td><td><b>10</b></td><td><b>9</b></td><td><b>8</b></td></tr><tr><td><b>Age cat</b></td><td><b>13</b></td><td><b>12</b></td><td><b>11</b></td><td><b>10</b></td><td><b>10</b></td><td><b>9</b></td><td><b>8</b></td><td><b>7</b></td><td><b>7</b></td></tr><tr><td><b>Free</b></td><td><b>3</b></td><td><b>3</b></td><td><b>3</b></td><td><b>3</b></td><td><b>2</b></td><td><b>2</b></td><td><b>2</b></td><td><b>2</b></td><td><b>1</b></td></tr></table> | <b>Total</b> | <b>16</b> | <b>15</b> | <b>14</b> | <b>13</b> | <b>12</b> | <b>11</b> | <b>10</b> | <b>9</b> | <b>8</b> | <b>Age cat</b> | <b>13</b> | <b>12</b> | <b>11</b> | <b>10</b> | <b>10</b> | <b>9</b> | <b>8</b> | <b>7</b> | <b>7</b> | <b>Free</b> | <b>3</b> | <b>3</b> | <b>3</b> | <b>3</b> | <b>2</b> | <b>2</b> | <b>2</b> | <b>2</b> | <b>1</b> |
| <b>Total</b>                  | <b>16</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | <b>15</b>    | <b>14</b> | <b>13</b> | <b>12</b> | <b>11</b> | <b>10</b> | <b>9</b>  | <b>8</b>  |          |          |                |           |           |           |           |           |          |          |          |          |             |          |          |          |          |          |          |          |          |          |
| <b>Age cat</b>                | <b>13</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | <b>12</b>    | <b>11</b> | <b>10</b> | <b>10</b> | <b>9</b>  | <b>8</b>  | <b>7</b>  | <b>7</b>  |          |          |                |           |           |           |           |           |          |          |          |          |             |          |          |          |          |          |          |          |          |          |
| <b>Free</b>                   | <b>3</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | <b>3</b>     | <b>3</b>  | <b>3</b>  | <b>2</b>  | <b>2</b>  | <b>2</b>  | <b>2</b>  | <b>1</b>  |          |          |                |           |           |           |           |           |          |          |          |          |             |          |          |          |          |          |          |          |          |          |
| <b>Accommodation:</b>         | <p>Accommodation for participating teams are at their own expense. The organizer will recommend early hotel reservations, because Dusseldorf-Neuss is a busy commercial area with a lot of exhibitions.</p> <p>On <a href="http://www.cup-of-neuss.de">www.cup-of-neuss.de</a> you will find recommended restaurants, contracted hotels and other accommodations.</p> <p>The Holiday-Inn Hotel Düsseldorf-Neuss is the official hotel for judges, referees and technical panel. They have special prices for Cup of Neuss guests and teams:<br/>Address: Holiday-Inn Hotel Düsseldorf-Neuss<br/>Anton-Kux-Str. 1, 41460 Neuss (approx. 5 km from the ice rink)<br/>Telefon: 02131/184176, E-Mail: <a href="mailto:nina.johann@hi-neuss.de">nina.johann@hi-neuss.de</a> (Reservation-Manager)</p>                                                                                                                                          |              |           |           |           |           |           |           |           |          |          |                |           |           |           |           |           |          |          |          |          |             |          |          |          |          |          |          |          |          |          |
| <b>Limitation of Entries:</b> | <p>The organizing committee reserves the right to limit the number of teams per country, or refuse entry if the maximum number of teams we can accommodate have entered the competition.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |              |           |           |           |           |           |           |           |          |          |                |           |           |           |           |           |          |          |          |          |             |          |          |          |          |          |          |          |          |          |
| <b>Registration address:</b>  | <p><b>NSK - Neusser Schlittschuh-Klub e.V.</b><br/>Dechant-Hess-Str. 23, 41468 Neuss, Germany<br/>E-Mail: <a href="mailto:info@nsk-neuss.de">info@nsk-neuss.de</a><br/>Telefon: +49 2131 2069200<br/>Telefax: +49 2131 468243</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |              |           |           |           |           |           |           |           |          |          |                |           |           |           |           |           |          |          |          |          |             |          |          |          |          |          |          |          |          |          |
| <b>Preliminary Entry:</b>     | <p><b>A preliminary entry can already be sent to the organizing committee</b> via E-Mail: <a href="mailto:info@nsk-neuss.de">info@nsk-neuss.de</a>.<br/>The Preliminary-Entry / PreRegistration-Form you will find on <a href="http://www.cup-of-neuss.de">www.cup-of-neuss.de</a></p> <p><b>Closing date for preliminary entry: 19th of November 2022</b></p> <p>Registration address: <a href="mailto:info@nsk-neuss.de">info@nsk-neuss.de</a></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |              |           |           |           |           |           |           |           |          |          |                |           |           |           |           |           |          |          |          |          |             |          |          |          |          |          |          |          |          |          |
| <b>Final Entry:</b>           | <p>The Entry / Registration-Form you will find on <a href="http://www.cup-of-neuss.de">www.cup-of-neuss.de</a></p> <p><b>Closing date for final entry: 10th of December 2022</b></p> <p>Registration address: <a href="mailto:info@nsk-neuss.de">info@nsk-neuss.de</a></p> <p>Teams that sent in the pre-entry in an earlier stage are urgently requested to inform the organization committee if the team will not participate in the end.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |              |           |           |           |           |           |           |           |          |          |                |           |           |           |           |           |          |          |          |          |             |          |          |          |          |          |          |          |          |          |
| <b>Entry Fee:</b>             | <p><b>All categories of this InterClub Competition:</b><br/><b>500,00 Euro per team</b><br/>These entry fees do not include any extra practice ice.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |              |           |           |           |           |           |           |           |          |          |                |           |           |           |           |           |          |          |          |          |             |          |          |          |          |          |          |          |          |          |

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| <p><b>Payment:</b></p>                       | <p>The payment of the entry fee must be received to the bank account of the Neusser Schlittschuh-Klub e.V. latest <b>at 23th of December 2022</b> by credit transfer.</p> <p>Bank draft expenses will be charged to the registering teams and not to the organizer of the competition. No refunds can be given after the 10th of December 2022.</p> <p><b>The team registration will be valid only after payment of the entry fee.</b></p> <p><b>Account Holder:</b> Neusser Schlittschuh-Klub e.V. (NSK)<br/> <b>Bank:</b> Sparkasse Neuss<br/> <b>IBAN:</b> DE60 3055 0000 0093 3736 86<br/> <b>SWIFT-BIC:</b> WELADEDNXXX</p> <p><b>On the money transfer please clearly point out: “Cup of Neuss 2023”, the “name of the team” and “category” in all payments.</b></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <p><b>Additional Ice-Practice:</b></p>       | <p>We have only limited capacity in the Neuss ice rink for additional, unofficial ice practice. There is only time on Friday morning up to 2:45 h. To order, please contact directly the ice rink manager: Mr. Oliver Tiedtke +49 151 64738226.</p> <p>There is perhaps the possibility to order free patch ice in ice rinks in Düsseldorf-Brehmstrasse (+49 211 8995226), Düsseldorf-Benrath (+49 211 715959), Krefeld (+49 2151 878880) or Cologne (+49 221 27918010)</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <p><b>Planned Program Content Sheet:</b></p> | <p>Every team should send the planned program content sheets until <b>23th of December 2022</b> to the registration address: <a href="mailto:info@nsk-neuss.de">info@nsk-neuss.de</a>.</p> <p>The Planned Program Content Sheet-Form is available here: <a href="http://www.cup-of-neuss.de">www.cup-of-neuss.de</a></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <p><b>Music:</b></p>                         | <p>All Competitors shall furnish competition music of excellent quality in approved file format (MP3 file). In accordance with rule 343, paragraph 2, all files must show the competition event, the team name, the nation and the exact running time of the music (not skating time) including any starting signal. Each program (short program, free skating) must be recorded in a separate file.</p> <p>Teams have to submit their competition music in advance via MP3 file attachment to an E-Mail not later than <b>23th of December 2022</b> to the registration address: <a href="mailto:info@nsk-neuss.de">info@nsk-neuss.de</a></p> <p>Upon accreditation, all teams shall bring their competition music of excellent quality on a USB stick(s) as a backup, one USB stick per program. The USB stick should clearly show the name of the team, the category, the type of program (short/free) as well as the exact running time of the music (not skating time).</p> <p>A list of titles and composers of the music to be used for the Short Program and Free Skating Program must be listed for each Team until <b>23th of December 2022</b> to the registration address: <a href="mailto:info@nsk-neuss.de">info@nsk-neuss.de</a></p> <p>The sheet Music titles und Composers is available here: <a href="http://www.cup-of-neuss.de">www.cup-of-neuss.de</a></p> <p>If music information is not complete and/or the music is not provided, accreditation will not be given.</p> |

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|----------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|------------|------------------------|------------|---------|------------|-------------|------------|
| <b>List of Team-Members:</b>                 | <p>The teams must submit the Excel-form of the Team-Member-List until <b>23th of December 2022</b> to the registration address:<br/><a href="mailto:info@nsk-neuss.de">info@nsk-neuss.de</a></p> <p>The sheet List of Team-Member-Form is available here:<br/><a href="http://www.cup-of-neuss.de">www.cup-of-neuss.de</a></p> <p>The national passport of each skater of the teams taking part in the competition will be checked during the accreditation. Any skater who is not a national of the country for which they are competing, must have a release and/or clearance certificate. Names of team members can be adjusted up until accreditation.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                 |            |            |                        |            |         |            |             |            |
| <b>Team Photo:</b>                           | <p>Please attach a team photo to your entry request; sending digital photos via E-Mail (JPG) to:<br/><a href="mailto:info@nsk-neuss.de">info@nsk-neuss.de</a></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |            |            |                        |            |         |            |             |            |
| <b>Judges &amp; Officials:</b>               | <p>The judges, referees, technical specialists, technical controllers, data and replay operators will be nominated by the Deutsche Eislauf-Union (DEU).</p> <p>Each participating country may nominate one synchronized skating judge. In case of too many nominated judges the organizer will draw the panel of judges immediately after the closing date for the entries. The result of such draw will be communicated to all ISU members involved in writing immediately after the conclusion of such draw. Please be aware that all judges must be nominated before the closing date for final entry on 10th of December 2022.</p> <p>The panel is composed for each category of:</p> <ul style="list-style-type: none"> <li>• 1 Referee</li> <li>• 1 Referee's Assistant Ice Level</li> <li>• 5-7 Judges</li> <li>• 1 Technical Controller</li> <li>• 2 Technical Specialist</li> <li>• 2 Data/Replay operator</li> </ul> <p>Travel, accommodation, and meals will be paid for the Technical panel and the Referee by the organizing committee as well as the accommodation and meals for the judges.</p> |            |            |                        |            |         |            |             |            |
| <b>Judges &amp; Technical Panel Meeting:</b> | <p>The initial judges meeting and initial technical panel meeting are planned to take place at the club room of the Neuss ice rink at 12:00 h on Friday, 10<sup>th</sup> of February 2023.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |            |            |                        |            |         |            |             |            |
| <b>Draw &amp; Starting Order:</b>            | <p>The starting order will be determined by draw. The draw takes place in advance by volunteers and a judge on Friday the 3th of February 2023. The result will be published on <a href="http://www.cup-of-neuss.de">www.cup-of-neuss.de</a> not later than 23:59 PM.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |            |            |                        |            |         |            |             |            |
| <b>Official Practice:</b>                    | <p>Each team will be allocated to a period of official practice on the competition rink described in the table below:</p> <p>Free Skating Program:</p> <table> <tr> <td>• Juvenile</td> <td>10 minutes</td> </tr> <tr> <td>• Non-ISU Basic Novice</td> <td>10 minutes</td> </tr> <tr> <td>• Adult</td> <td>10 minutes</td> </tr> <tr> <td>• Mixed Age</td> <td>11 minutes</td> </tr> </table> <p>The music will start:</p> <ul style="list-style-type: none"> <li>• during practice of 10 minutes: after 1:30 minute and after 6:00 minutes</li> <li>• during practice of 11 minutes: after 1:30 minute and after 6:30 minutes</li> </ul> <p>The intention of the organizing committee is to plan all official practices on the same day as the competition for all programs of all categories. The schedule will be depending on the number of teams taking part in the competition.</p>                                                                                                                                                                                                                      | • Juvenile | 10 minutes | • Non-ISU Basic Novice | 10 minutes | • Adult | 10 minutes | • Mixed Age | 11 minutes |
| • Juvenile                                   | 10 minutes                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |            |            |                        |            |         |            |             |            |
| • Non-ISU Basic Novice                       | 10 minutes                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |            |            |                        |            |         |            |             |            |
| • Adult                                      | 10 minutes                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |            |            |                        |            |         |            |             |            |
| • Mixed Age                                  | 11 minutes                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |            |            |                        |            |         |            |             |            |

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| <b>Opening Ceremony:</b>                 | <p>On <b>Saturday the 11th of February</b> there will be an opening ceremony on the ice rink before the competition. Each team is requested to participate with 2 skaters.</p> <p>We invite all teams to attend at the opening ceremony completely on the grandstand.</p>                                                                                                                                                    |
| <b>Victory Ceremony:</b>                 | <p>A victory ceremony will be held right after the last skating program of the day. Trophies will be awarded to the top three teams in each category. Medals will be presented to all skaters (1 per competitor) of teams. All skaters of all teams are invited to take part in the closing ceremony on the ice.</p>                                                                                                         |
| <b>Registration &amp; Accreditation:</b> | <p>A welcome / accreditation / info desk will be in place at the ice rink <b>from Friday the 10th of February 2023</b> and during the whole competition.</p> <p>Every team will receive free access badges for team members as mentioned in the team list. Every team will also receive badges for 1 team manager, 1 coach, 1 co-coach and for 2 team chaperones. All other persons are visitors and have to buy tickets</p> |
| <b>Audience &amp; Tickets:</b>           | <p>All days we will open the doors for the spectators ½ h before the competitions.. Tickets can be ordered in advance in the ticket-shop on <a href="http://www.cup-of-neuss.de">www.cup-of-neuss.de</a> and tickets are also available at the event.</p> <ul style="list-style-type: none"> <li>• Friday: <b>18,00 €</b></li> <li>• Saturday: <b>20,00 €</b></li> <li>• Sunday: <b>20,00 €</b></li> </ul>                   |
| <b>Warm-Up-Areas:</b>                    | <p>In the ice rink we have declared some areas as warm-up areas and in front of the ice rink we have a warm-up tent.</p> <p>We recommend: If the weather conditions allow it, you can use the space outside in front of the ice rink as warm-up areas.</p>                                                                                                                                                                   |
| <b>Dressing-Rooms:</b>                   | <p>Like most ice rinks in the world, we only have a limited number of changing rooms in Neuss. For this reason, temporary changing containers will also be set up in front of the ice rink. The assignment of the cabins or containers will be drawn by lot.</p> <p>Due to the still active corona pandemic, the changing rooms are not shared with several teams at the same time.</p>                                      |
| <b>Results:</b>                          | <p>The ISU judging system will be applied.</p> <p>Results are online published on:<br/><a href="http://www.cup-of-neuss.de">www.cup-of-neuss.de</a></p>                                                                                                                                                                                                                                                                      |
| <b>Anti-Doping:</b>                      | <p>An anti-doping control can take place and will be in accordance with the valid ISU Anti-Doping Rules.</p>                                                                                                                                                                                                                                                                                                                 |
| <b>Transport:</b>                        | <p>Transport to the ice rink has to be organized by the participating teams</p> <p>Next airports: Dusseldorf (25 minutes) &amp; Cologne (60 minutes)<br/>Next main station: Neuss (10 minutes) &amp; Dusseldorf (20 minutes)<br/>All times given by car.</p>                                                                                                                                                                 |

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| <b>Preliminary Time Schedule:</b> | <p>Friday 10<sup>th</sup> February 2023:</p> <ul style="list-style-type: none"> <li>• Official Practice &amp; Free Skating Juvenile</li> <li>• Official Practice &amp; Free Skating Non-ISU-Basic-Novice</li> <li>• Official Practice &amp; Free Skating Advanced Novice ISU</li> <li>• Official Practice &amp; Free Skating Adult</li> </ul> <p>Saturday 11<sup>th</sup> February 2023:</p> <ul style="list-style-type: none"> <li>• Official Practice &amp; Free Skating Mixed Age</li> <li>• Official Practice &amp; Short program Senior 12 ISU</li> <li>• Official Practice &amp; Short Program Senior ISU</li> <li>• Official Practice &amp; Short Program Junior ISU</li> </ul> <p>Sunday 12<sup>th</sup> February 2023:</p> <ul style="list-style-type: none"> <li>• Official Practice &amp; Free Skating Senior 12 ISU</li> <li>• Official Practice &amp; Free Skating Senior ISU</li> <li>• Official Practice &amp; Free Skating Junior ISU</li> </ul> <p>All times the training will be in the morning and the competition will be in the afternoon.</p> |
| <b>TV-Livestream:</b>             | <p>The competition can be watched worldwide as Internet-TV-Livestream. The Provider is <b>SPORTDEUTSCHLAND.TV</b></p> <p>The links to get access you can find on <a href="http://www.cup-of-neuss.de">www.cup-of-neuss.de</a></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>Medical Service:</b>           | <p>The organizer will provide emergency medical services for all participants during the competition and official practice.</p> <p>Each team manager should be able to give important medical information for each skater for use in case of an emergency or accident.</p> <p>Such information should include but is not limited to the following, and will greatly help local medical and emergency personnel: allergies, existing medical conditions (i.e. asthma), current medications, blood type, use of glasses, contact lenses, dental appliances</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>Liability:</b>                 | <p>In accordance with Rule 119, it is the sole responsibility of each team / member participating in the Event to provide medical and accident insurance for their athletes, officials and all other members of the member's team. Such insurance must assure full medical attendance and the return to the home country by air transport or by other expeditious means of the ill or injured person.</p> <p>The organizer assumes no responsibility for or liability with respect to bodily or personal injury or property damage incurred in connection by competitors and officials.</p> <p>It is also not permitted to use alcohol during the competition by any of the competitors.</p>                                                                                                                                                                                                                                                                                                                                                                        |
| <b>Covid 19 Regulations:</b>      | <p>The current Corona Rules of North Rhine-Westphalia are the general requirement and could be changed at any time by the government. (<a href="https://www.land.nrw/corona">https://www.land.nrw/corona</a>) – right now there are no restrictions for the Cup of Neuss.</p> <p>Covid-19 prevention of the organization committee will be communicated closer to the event on <a href="http://www.cup-of-neuss.de">www.cup-of-neuss.de</a>.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |

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| <b>Publicity Waiver:</b>           | <p>Members, teams and competitors hereby acknowledge and consent to the fact that team photos, team info and results will be published, as well as the Cup of Neuss may be televised either in whole or in part, for showing on a worldwide basis.</p> <p>According to the ISU Constitution and General Regulations 2022, both members and competitors (in this particular case, teams) hereby certify and warrant that the music and choreography presented and used by the competitors have been fully cleared and authorized for public use and consent to the use of his or her name, biography and likeness on or in connection with any television or radio program broadcast and re-broadcast throughout the world, motion picture, print media or the advertising and publicizing of such program, without further clearance or payments of any kind on the site of the ISU, the organizing member Organizing Committee and the relevant television network or broadcasters being required.</p> |                |                                          |                  |                                      |                       |                              |                      |                              |                      |                              |                                   |                              |                       |                              |            |                              |
| <b>Organization:</b>               | <p>The organization of the competition is the responsibility of the organizing committee. It reserves the right to take any measures necessary to ensure that the competition runs smoothly. All decisions concerning such measures will be taken with the agreement of the referee.</p> <p><b>NSK - Neusser Schlittschuh-Klub e.V.</b><br/> Dechant-Hess-Str. 23, 41468 Neuss, Germany<br/> E-Mail: <a href="mailto:info@nsk-neuss.de">info@nsk-neuss.de</a><br/> Telefon: +49 2131 2069200<br/> Telefax: +49 2131 468243</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                |                                          |                  |                                      |                       |                              |                      |                              |                      |                              |                                   |                              |                       |                              |            |                              |
| <b>Summery of important dates:</b> | <table> <tr> <td>Pre-entry form</td><td>latest 19th of November 2022 (Pre-entry)</td></tr> <tr> <td>Final entry form</td><td>latest 10th of December 2022 (Entry)</td></tr> <tr> <td>Payment of Entry Fee:</td><td>latest 10th of December 2022</td></tr> <tr> <td>List of Team Members</td><td>latest 23th of December 2022</td></tr> <tr> <td>Program Content Form</td><td>latest 23th of December 2022</td></tr> <tr> <td>Music information and upload Form</td><td>latest 23th of December 2022</td></tr> <tr> <td>Planned Elements Form</td><td>latest 23th of December 2022</td></tr> <tr> <td>Team-Photo</td><td>latest 23th of December 2022</td></tr> </table>                                                                                                                                                                                                                                                                                                                                 | Pre-entry form | latest 19th of November 2022 (Pre-entry) | Final entry form | latest 10th of December 2022 (Entry) | Payment of Entry Fee: | latest 10th of December 2022 | List of Team Members | latest 23th of December 2022 | Program Content Form | latest 23th of December 2022 | Music information and upload Form | latest 23th of December 2022 | Planned Elements Form | latest 23th of December 2022 | Team-Photo | latest 23th of December 2022 |
| Pre-entry form                     | latest 19th of November 2022 (Pre-entry)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                |                                          |                  |                                      |                       |                              |                      |                              |                      |                              |                                   |                              |                       |                              |            |                              |
| Final entry form                   | latest 10th of December 2022 (Entry)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                |                                          |                  |                                      |                       |                              |                      |                              |                      |                              |                                   |                              |                       |                              |            |                              |
| Payment of Entry Fee:              | latest 10th of December 2022                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                |                                          |                  |                                      |                       |                              |                      |                              |                      |                              |                                   |                              |                       |                              |            |                              |
| List of Team Members               | latest 23th of December 2022                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                |                                          |                  |                                      |                       |                              |                      |                              |                      |                              |                                   |                              |                       |                              |            |                              |
| Program Content Form               | latest 23th of December 2022                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                |                                          |                  |                                      |                       |                              |                      |                              |                      |                              |                                   |                              |                       |                              |            |                              |
| Music information and upload Form  | latest 23th of December 2022                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                |                                          |                  |                                      |                       |                              |                      |                              |                      |                              |                                   |                              |                       |                              |            |                              |
| Planned Elements Form              | latest 23th of December 2022                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                |                                          |                  |                                      |                       |                              |                      |                              |                      |                              |                                   |                              |                       |                              |            |                              |
| Team-Photo                         | latest 23th of December 2022                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                |                                          |                  |                                      |                       |                              |                      |                              |                      |                              |                                   |                              |                       |                              |            |                              |