

## 01/08/2021 – Pair Skating, Group 1 Lift



**INTERNATIONAL  
SKATING UNION**

**2021/2022 Clarification from Sports Technical Director and Technical Committee**

**PAIR SKATING Group 1 Lift**

**QUESTION: What part of the Woman's body needs to remain below the Man's Shoulder to be called a Group 1 Lift?**

**ANSWER: At least some part of the Woman's body must remain below the Man's Shoulder to be called Group 1 Lift.**