

Communication No. 2462

ISU eLearning New Online Course

ISU Coach Education Qualification Framework (Figure Skating)

Level 1 Online Course – Second Edition

The ISU is launching a new edition of the Level 1 online course of the ISU Coach Education Qualification Framework (Figure Skating) on the [ISU eLearning Platform](#), following the success and positive feedbacks of the pilot and first edition of the course in 2021. The second edition of the course, open for two groups of 30 Figure Skating Coaches each (in total 60 Coaches) to be enrolled from different ISU Members will take place between **April 11 and May 30, 2022**.

ISU Coach Education Qualification Framework

The ISU Coach Education Qualification Framework is a multi-level tool for ISU Members that are interested in providing educational sessions or building a national Coach education pathway for their Coaches. It has been designed to provide a standardized structure for the education of Coaches that can be used as a reference and guide by ISU Members in establishing a Coach education program for Figure Skating, Short Track, and Speed Skating.

The Level 1 course intends to give ISU Members a first understanding of what the ISU Coach Education Qualification Framework may provide, so that they can decide in what way the framework could be integrated into their Coach training programs. This course is a demonstration of how a Level 1 course could be structured. The ISU will not grant any type of certification to the participating Coaches, but a badge of completion will be issued for those who fulfil related requirements. ISU Members may consider this training as part of their Coach education programs.

ISU Members interested in adopting the ISU Coach Education Qualification Framework courses as part of their Coaches education and training portfolios may get specific guidance and resources from the ISU for implementing different levels of the Framework in their own countries.

Course Content & Objectives

The Level 1 course introduces the role of a Coach. The Coach may be a young helper or assistant, working with or without supervision in a variety of locations and arrangements, but under the direction of a more senior Coach. The emphasis will be on teaching basic ice familiarity to beginners – **‘Learning to Ice Skate’**. The Level 1 Coach will understand the characteristics of learners and introduce skill learning. It is essential to enable an attractive and enjoyable experience of the sport in delivery practice.

At the end of the Level 1 course, the participating Coach will be able to:

- Separate parts of a skill and apply appropriate teaching points and progressions to introduce and teach fundamental skills in a fun and positive environment.
- Design, deliver and manage a group teaching session.
- Apply learning styles and appropriate pedagogical methods to teach, detect, and correct ice skating skills.
- Apply basic skating mechanics for elementary skating skills and learn to apply basic biomechanical reference points in coaching practice.
- Use introductory mental preparation and stimulation skills to motivate and engage the Skater(s) and nurture the joy of ice skating.
- Implement and ensure a fun and safe training environment, including proper equipment, both on and off the ice.
- Use strategies to develop an effective communication style, identify steps to solve problems, and make Skater-centered decisions.
- Understand the roles and responsibilities of a Coach and integrate values of Figure Skating practice into their behavior, demonstrating ethical conduct with Skaters, parents, volunteers, officials, and coaching colleagues.
- Recognize and become familiar with basic skating techniques.
- Show evidence of learning that has taken place, reflect on that learning for personal development, and demonstrate competence at an appropriate level.

Course Structure & Schedule

The second edition of the Level 1 online course continues to be delivered in partnership with the Professional Skaters Association (PSA). The course consists of **10 units** to be launched weekly with videos, readings, and online assignments for participating Coaches to learn on their own; there are also interactive sessions hosted by experienced PSA Master Coaches (names listed below) for each unit between **April 11 and May 30, 2022**.

PSA Master Coaches for the online sessions:

- Carey Tinkelenberg, PSA Master Coach
- Patrick O'Neil, PSA Master Coach

The course requires approximately **80 hours of learning time** including modules, coursework, logged practices, and evaluation. **All sessions will be conducted in English.**

To make the course more accessible for Coaches from different time zones, there will be two classes scheduled:

- **Mondays 11 AM Central US Time / 6 PM Central European Time** (for Coaches in America and Europe)
- **Mondays 7 PM Central US Time / Tuesdays 8 AM Beijing / 10 AM Sydney** (for Coaches in Asia and Oceania)

The interactive sessions will be hosted via Zoom with the following timeline:

1. **April 11:** Launch and introductory session
2. **April 18:** Unit 1 - The Joy of Skating

3. **April 25:** Unit 2 - The Safe Skating Environment & Unit 3 - Coaching On-Ice Group Classes for Beginners
4. **May 2:** Unit 4 - Planning On-Ice Group Lessons
5. **May 9:** Unit 5 - An Introduction to Skating Mechanics & Unit 6 - Teaching On-Ice Skills
6. **May 16:** Unit 7 - Teaching the Entry-Level Basics of Ice Skating
7. **May 23:** Unit 8 - Professional Coaching Conduct & Unit 9 - Communicating & Building Relationships
8. **May 30** Unit 10 - Reflective Compendium & Conclusion

Registration

Please inform your Coaches about this unique online learning opportunity. The course is free of charge for participating Coaches. Any interested Coach is encouraged to self-register via the ISU eLearning Platform and enrol in the course as follows:

1. Create an account/log in to <https://elearning.isu.org>
2. Access the [ISU Coach Education Qualification Framework Level 1 course](#)
3. Complete the form with your details
4. You will get a confirmation by email from the ISU eLearning team

Completion requirements

- Once registered and confirmed, the participating Coaches are expected to follow and complete the entire course as scheduled.
- Badges of completion will be awarded only to those Coaches who will have attended **80%** of live sessions and completed **all** the modules online.

Registration Deadline

Since there are only 60 places for the two groups of the second edition of the Level 1 course, the registration will work on the “first come, first served” basis for each group. We encourage interested Coaches of all the ISU Members to enrol as soon as possible.

For any additional information or questions, please email eLearning@isu.ch.

Tubbergen,
March 8, 2022
Lausanne,

Jan Dijkema, President
Fredi Schmid, Director General