

2021/22 Program Components for Synchronized Skating

SKATING SKILLS		TRANSITIONS		PERFORMANCE	COMPOSITION	INTERPRETATION
The overall cleanness and sureness, edge control and flow over the ice surface demonstrated by a command of the skating vocabulary (edges, steps, turns etc.), the clarity of technique and the use of effortless power to accelerate and vary speed		The varied and purposeful use of intricate footwork, positions, movements, holds and formations <u>within the Element and</u> that link all Elements		Involvement of the Teams physically, emotionally and intellectually as they deliver the intent of the music and composition	An intentionally developed and/or original arrangement of all types of movements, according to the principles of musical phrase, space, pattern and structure	The personal, creative and genuine translation of the rhythm, character and content of music to movement on ice. In evaluating the Interpretation of the Music/Timing, the following must be considered:
Use of deep edges, steps and turns		Continuity of movements from one Element to another		Physical, emotional and intellectual involvement	Purpose (idea, concept, vision, mood)	Movement and steps in time to the Music/Timing
Balance, rhythmic knee action and precision of foot placement		Variety, including variety of Holds		Projection	Pattern and ice coverage	Expression of the music's character/feeling and rhythm, when clearly identifiable
Flow and glide		Difficulty		Carriage and Clarity of movement	Multi-dimensional use of space and design of movements; use of Holds	Use of finesse to reflect the details and nuances of the music
Varied use of power, speed and acceleration		Quality		Variety and contrast of movement and energy	Phrase and form (movements and parts structured to match the musical phrase)	Relationship between the Skaters reflecting the character and rhythm of the music
Use of multi-directional skating				Individuality/personality	Originality of the composition	
Use of one foot skating				Unison and "oneness"		
				Spatial awareness between Skaters; management of the distance between Skaters; changes of Holds		
Category	Range	Definition	If there is a/are...	Impact for Synchronized Skating		
Platinum	10.00	Outstanding	Fall or Major Error	Maximum 9.75 can be awarded for any Component		
Diamond	9.00 – 9.75	Excellent	Falls or Major Errors	Maximum 9.00 can be awarded for any Component		
Gold	8.00 – 8.75	Very Good				
	7.00 – 7.75	Good				
Green	6.00 – 6.75	Above Average				
	5.00 – 5.75	Average				
Orange	4.00 – 4.75	Fair				
	3.00 – 3.75	Weak				
Red	2.00 – 2.75	Poor				
	1.00 – 1.75	Very Poor				
	0.25 – 0.75	Extremely Poor				